

30 WAYS TO PROTECT AGAINST MOSQUITOES

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Mosquitoes pose a major risk to your family's safety as well as the public in general. These insects are "vectors" for many diseases, meaning they can help spread deadly viruses to humans, including West Nile, Zika, malaria and dengue. Aside from those major concerns, biting mosquitoes lead to itchy skin, swelling and additional complications.

To protect against mosquitoes, there are steps you can take to keep yourself, your family, your pets and even your community safe. This list from Mosquito

Magnet®, maker of CO2 mosquito traps, provides 30 ideas to eliminate mosquitoes: **PERSONAL PROTECTION**

Mosquito control should start on a personal level, and there are many options to keep

these biting insects from attacking. With these solutions, you can cut down the number of mosquitoes that bite you and your family. Use Repellents - DEET and other insect repellents really do work! The CDC says their use is one of the most effective mosquito repelling

after dawn and dusk.



- tactics you can implement. Make Simple Diet Changes - Do you have a diet that includes a lot of sugars and processed foods? Then watch out, you may be a mosquito magnet! Studies suggest switching to more whole grains,
- fruits and veggies makes you less attractive to biters. Avoid Alcohol - Drinking beer and other alcohol appears to attract more mosquitoes, the Journal of the American Mosquito Control Association reports. If you want to stay bite-free, don't indulge before
- going outside. Use Mosquito-Repelling Clothing - Special clothing is available that uses permethrin in its manufacture. This chemical is literally "built in" to the fabric, which repels mosquitoes and other insects.
- experts say. Light-colored clothing also makes you sweat less, the smell of which is a mosquito attractant. Avoid Peak Mosquito Hours - When you're trying to prevent 6 mosquito bites, a simple tactic is to avoid being active when they're most active. For most mosquitoes, that's within a few hours before and

Wear Light-Colored Clothing - Wearing light colors will help you

Use Extra Mosquito Protection - Aside from the clothing options listed above, seek out and wear clothing that keeps mosquitoes away

blend into the background and make you less noticeable to mosquitoes,

- from your skin, including long-sleeved shirts, full-length pants and heavy-weave fabrics. With less exposed flesh, you'll experience fewer bites. Treat Personal Goods - Certain mosquito repellents may be applied to clothing and other personal goods. Manufacturers advise you to follow label directions if you want to spray shoes, hats, backpacks, tents
- and sleeping bags.



mosquito control for pets is easy when done in conjunction with your own efforts.

PET PROTECTION

Apply Topical Treatments - Many topical treatments are available for your pets that provide protection from mosquitoes, fleas and ticks. Use these as directed by the manufacturer and continue the treatments After-Bath Scents - After you've bathed your pet to remove your

Your pets may be suffering from mosquitoes

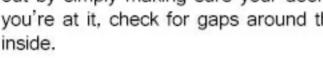
harder for them to complain about it. Handling

as much as you are -- it's just that it's

first to avoid a bad reaction. Staying indoors - Another mosquito protection for your pets is to just keep them inside where they aren't exposed to mosquitoes. If that's impossible, then only take your pet out in the hours around noontime,

pet's natural odors that may attract mosquitoes, rub mosquito-repelling geranium oil or soybean oil into their coat. Test this oil on a small area

Watch the Weather - Remember that mosquitoes have a hard time flying when it's raining or in breezy conditions, so take advantage of



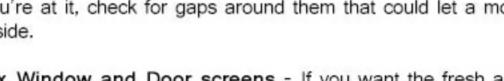
when mosquitoes are least active.

those opportunities to take your pet outside.

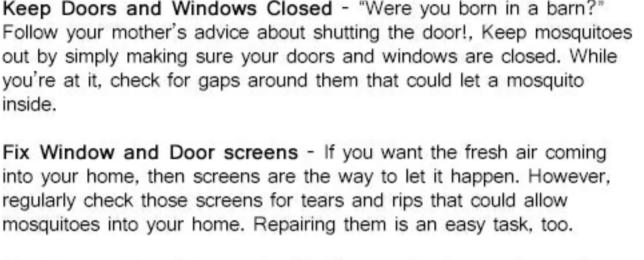
HOME PROTECTION

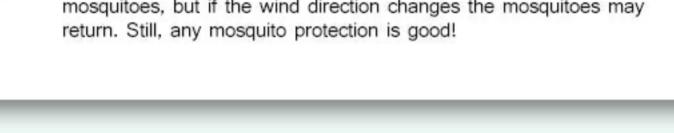
Mosquitoes can make a meal out of your family if these bugs can make it inside your home. Take a few of these simple steps to

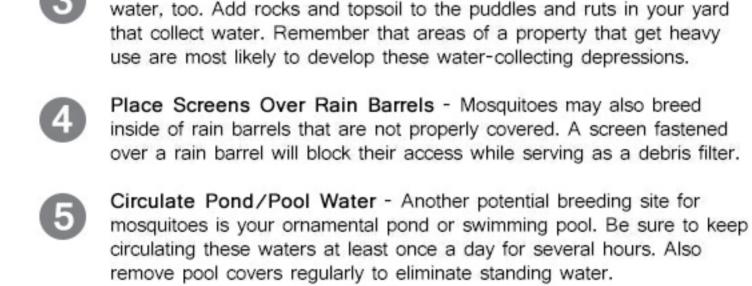
keep mosquitoes outside.



oscillating fans which add an extra degree of difficulty to mosquito manueverability. Keep Indoor Humidity Low - Your air conditioner, your key to summertime comfort, is also perfect to fight the mosquitoes in your







Place Screens Over Rain Barrels - Mosquitoes may also breed inside of rain barrels that are not properly covered. A screen fastened over a rain barrel will block their access while serving as a debris filter.

YARD PROTECTION

that mosquitoes rely on.

Invest in Mosquito Magnet® CO2 Mosquito Traps - Mosquito traps use attractants that draw mosquitoes to the trap where they are sucked inside. With Mosquito Magnet® mosquito traps, you can protect up to 1 acre of property by breaking up the mosquito breeding cycle.

Eliminate Standing Water in Containers - Mosquitoes breed in standing water, so it's important to limit these sites. Dump out water that collects in flower pots, toys, tires, tarps, trays and gutters. Also,

Fill in Ruts and Puddles - Low-lying areas in your yard can collect

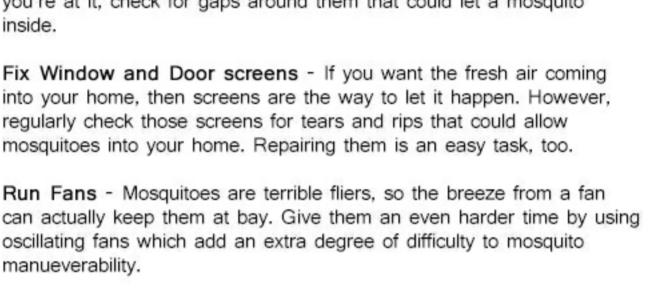
regularly change the water in bird baths and fountains.

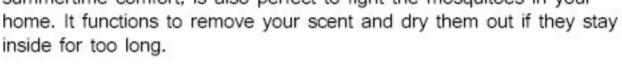
Your yard may inadvertently be a haven for mosquitoes! Take these steps to limit the

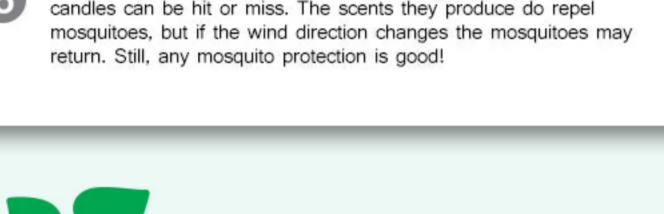
number of breeding sites and protective cover

- eliminating these mosquito-friendly plants from your yard, you can make mosquitoes fly farther for this protection. Add Mosquito-Repelling Plants - Add the plants to your yard that mosquitoes hate, including Lemon Balm, Catnip, Basil and Lavender. These aren't complicated plants, either. After planting, they pretty much
- **COMMUNITY PROTECTION** Involving your entire community is vital to properly managing any mosquito problem. Talk about mosquito control with your
- Get the Right Trees Planted If standing water is a problem in a particular area of your community, ask the property owner (or volunteer) to plant trees that will soak up all that extra water. Ideal trees include Willow, Red Maple, Pin Oak, Pear or Swamp Cottonwood.
- Support Mosquito Control Efforts Let your local and state government know that you welcome and appreciate mosquito eradication efforts in your area. This simple communication can have a huge impact on future budgeting plans.
- Instead, work to protect the animals that eat mosquitoes, including bats, spiders, birds and other insects. Share This List with Your Community - Do you know someone who needs some guidance on controlling mosquitoes? Or want to start

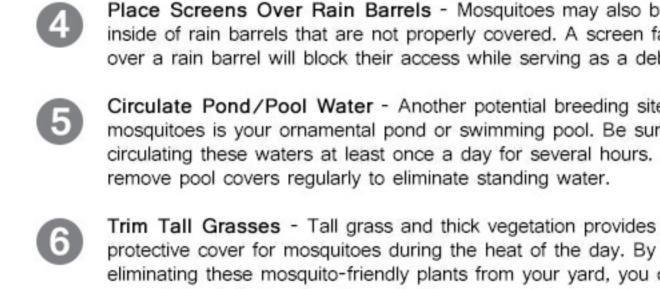
Protect Wildlife - No, we don't mean you should protect mosquitoes!







Add Citronella Candles to Outdoor Living Areas - Citronella



take care of themselves.

neighbors, family, local organizations and the

agency so it can be eliminated.

municipal government.

