



THE RITZ - CARLTON RESIDENCES

WAIKIKI BEACH

RES

*Let us make the world
revolve around you.*

ESCAPE

Escape to The Ritz-Carlton Residences, Waikīkī Beach, where you can discover a tranquil respite elevated above the vibrant and bustling streets of world-renowned Waikiki. Inspired by traditional healing methods of the Hawaiian Islands, our customized treatments will take you on a journey that will reawaken the senses, reinvigorate the body and revitalize the spirit. E ho'omaka ka huaka'i. Begin your journey today.



EXPERIENCE

From the heated pōhaku (stones) of Hawai'i Island's fiery volcanoes to the cool rain-beaded lā'ī leaves of O'ahu's lush rainforests, discover the healing power of the Islands' natural resources at Waikīkī's newest luxury spa oasis. Allow the therapeutic touch of our skilled practitioners to guide you in your blissful escape through techniques inspired by the balancing elements and traditions of Hawai'i.

HOW TO SPA

Please speak to the Spa Concierge for cancellation policies and the best way to enjoy The Ritz-Carlton Spa, Waikīkī Beach.

HO'OMALU — A SENSE OF PEACE

80M / \$235

Inspired by and using traditional 'awa rituals, this experience creates a personal place of peace through a cleared mind and renewed presence.

INCLUDES Grounding leg & foot mask, deep lomilomi massage, scalp treatment

HUKI HUKI — RENEW

105M / \$265

The Kī plant is entwined through Hawaiian life and used to renew and cleanse body, mind, and spirit.

INCLUDES Mud wrap, energizing lomilomi massage, scalp treatment

MĀNOA MIST — REVITALIZE

80M / \$215

Inspired by the upland forests of Mānoa, where mists blow down into Waikīkī, healing 'ōlena, the Hawaiian variety of turmeric, and native lehua blossoms encourage vitality and rejuvenate the body.

INCLUDES Full body sugar exfoliation, energizing lomilomi massage

MASSAGE

DEEP MUSCLE MASSAGE

80M / \$215

50M / \$165

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

VOLCANIC STONE MASSAGE

80M / \$215

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

RELAXATION MASSAGE

80M / \$205

50M / \$155

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

STRESS RELIEF MASSAGE

80M / \$210

50M / \$160

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

LOMILOMI

80M / \$210

50M / \$160

Traditional Hawaiian massage using long, flowing strokes to relieve tension while rhythmic breathing and stretching restore body and mind.

NATURALLY NURTURED MASSAGE

80M / \$205

50M / \$155

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

MEN

THE MEN'S MASSAGE

80M / \$225

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment.

INCLUDES a full body massage using heated stones, facial massage and a soothing scalp massage.

ACTIVITY RECOVERY

50M / \$155

Return tight, aching muscles to peak condition with this focused, tension-relieving treatment.

INCLUDES Exfoliation and massage to back, lower legs and feet

THE MEN'S FACIAL

50M / \$160

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

BODY TREATMENTS

NOURISHED GLOW

50M / \$155

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body salt and oil exfoliation, back massage and oil application

BODY BALANCER

50M / \$155

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

INCLUDES Back exfoliation, back massage, application of facial oil and scalp massage

AFTER SUN SOOTHER

50M / \$155

Refresh and restore skin and spirit. The healing properties of aloe and shea butter replenish and soothe stressed skin.

INCLUDES Full body soothing mask, scalp massage

KĪ LEAF FOOT REVIVER

50M / \$150

Perfect for weary feet after sightseeing, this treatment relaxes and rejuvenates tired feet and legs with local flower essences, wild Lehua honey, and Ki leaf.

INCLUDES Foot soak, foot and leg exfoliation, foot wrap, foot and leg Lomilomi massage

WILD LEHUA HONEY SCRUB

50M / \$155

Let the Spirit of the Big Island envelop you – organic Hawaiian sugar cane, hibiscus flower essence, and tropical oils cleanse and moisturize to reveal your most radiant skin.

INCLUDES Full body honey scrub and moisture application

FACIALS

CUSTOM FACIAL

80M / \$205

50M / \$160

Purify, hydrate, and smooth your complexion with this tailored, radiance-restoring facial.

INCLUDES Brush cleanse, exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80M / \$210

50M / \$165

Instantly combat the most visible signs of skin aging and revive a youthful complexion.

INCLUDES Brush cleanse, exfoliation, toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80M / \$245

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion.

INCLUDES Brush cleanse, double mask, crystal massage, scalp massage

PERFORMED WITH ESPA PRODUCTS



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