

THE RITZ-CARLTON SPA

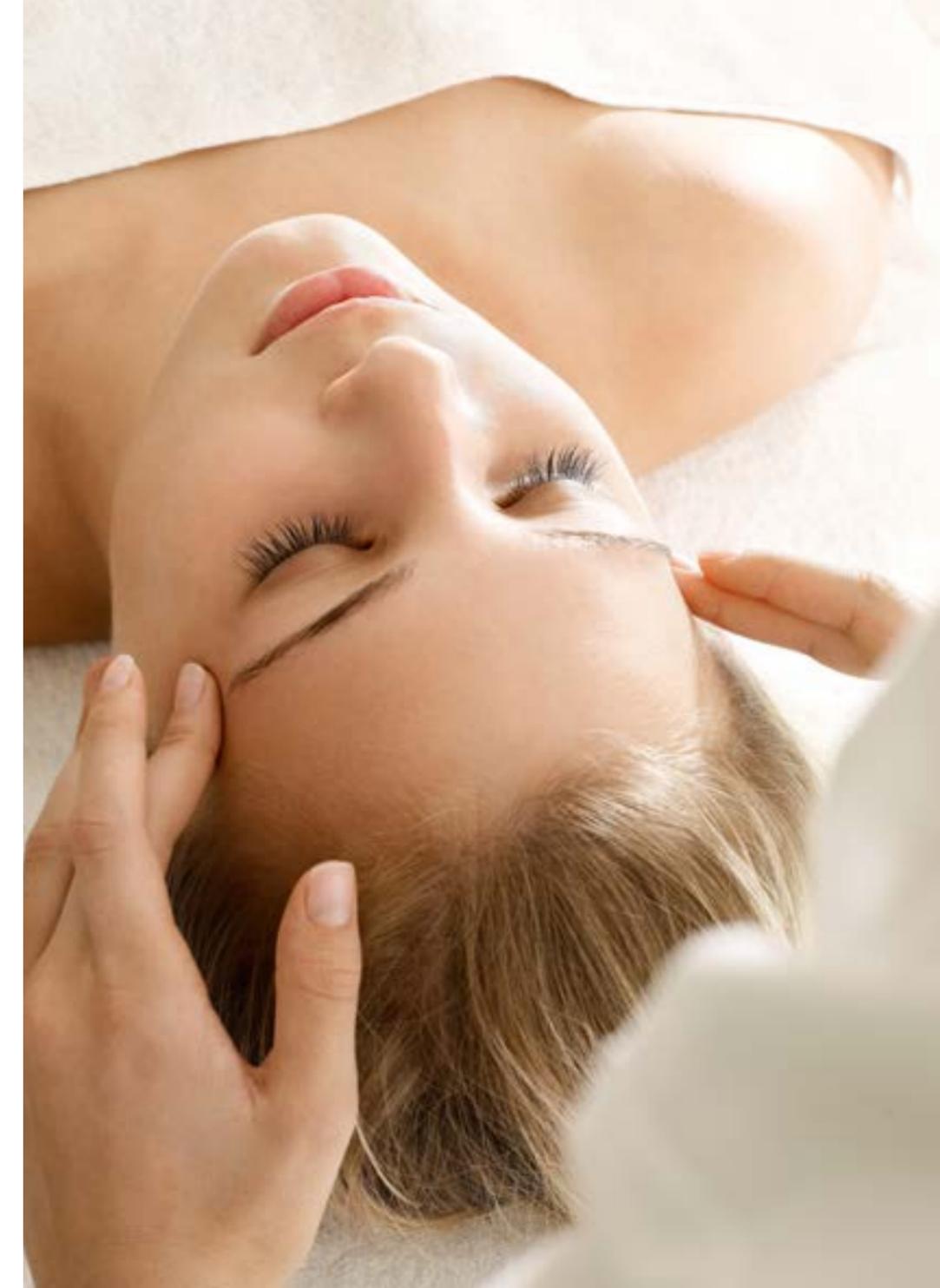
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Susanne Kaufmann™ at the Ritz Carlton Wien

Values such as excellence, luxury and hospitality are united under one roof at The Ritz-Carlton, Vienna. Susanne Kaufmann, a pioneer in natural and luxurious skin care, and The Ritz-Carlton Spa work together in perfect synergy. Further similarities include a passion for innovation, the uncompromising pursuit of quality and a clear commitment to being holistic. Therefore, it is no surprise that the two reputed names are offering a selection of exclusive skin care treatments together at the Ritz-Carlton Spa

Susanne Kaufmann™

Susanne Kaufmann comes from the Bregenz Forest, an Alpine region in the westernmost state of Austria. From an early age, she was fascinated by the profound effects that many Alpine plants have on beauty, health, and well-being. In collaboration with a team of pharmacists and dermatologists, she used exquisite, natural ingredients to create consistently result-focused products for use in the Susanne Kaufmann™ Spa.

Beauty Expert

Susanne Kaufmann, founder of the cosmetics line and Susanne Kaufmann™ Spa at Hotel Post in Bezau, Austria, is a pioneer in herbal active cosmetics and innovative treatment concepts.

The origins of the internationally successful brand are deeply rooted in the spa itself. All products are developed and tested for use here. Susanne is committed to including only the finest active ingredients in her products, whilst using tailored, innovative treatments to significantly improve the skin..

Beauty in balance

Nourished skin, sparkling eyes, health, and harmony unite to let our inner and outer beauty glow in perfect balance. The active ingredients in the products by Susanne Kaufmann™ stimulate the skin's own ability to regenerate and rediscover its natural balance.

What distinguishes our products also forms the basis of our facial and body treatments. We offer our guests a holistic range of treatments for body and mind, inside and out.

Traditional Chinese medicine (TCM) is the guiding principle behind our treatments. TCM is one of the oldest antiaging methods in the world, which is why we base our treatments on it. We believe that a beautiful face cannot be considered apart from the body, just as the body cannot be separated from health, and inner and outer beauty are inextricably intertwined.

Our treatments pamper and nourish in one. This is why we only allow qualified, specially trained therapists to carry them out. They know the effects of our products and can therefore make appropriate choices based on your complexion in its current condition.



SUSANNE KAUFMANN™

Treatment offer

The Ritz-Carlton Spa Rituals

Join Susanne Kaufmann in a world of beauty - a world of natural and effective ingredients – and a world of precious oils and luxurious formulas. Discover the Susanne Kaufmann™ treatment rituals. Experience how the promise of timeless beauty becomes reality.

The Ritz-Carlton Signature Experience (115 min)

230€

- Welcome tea to get you in the mood
- Warming footbath for relaxing attunement
- Detox oil scrub
The scrub begins the elimination of toxins via the skin. Special grip techniques are used in order to promote the circulation of the tissue and the elimination of toxins. Pomegranate oil is subsequently massaged in with soft, fluid massage techniques.
- Oil bath for the senses
Aromatic, relaxing and aphrodisiac aetheric oils made from lavender, ylang-ylang and patchouli put you in a positive mood, heighten the senses and leave you with velvety-feeling skin.
- Relax treatment body
The whole body is spread with warm essential oils. Jojoba wax peeling particles stimulate the circulation, flush out waste products and promote the detoxification of the body. The treatment increases vitality and bestows a regenerating deep relaxation

Muscle Recovering (80 min)

175€

- Alkaline bath
It helps the skin to deacidify, stimulates the elimination of toxins and releases blocked energy, whilst simultaneously having a relaxing effect. Particularly recommended for skin prone to dryness and flakes, as well as after sporting activities.
- Sports massage
The entire musculoskeletal system and the musculature are mobilised through the use of deep tissue techniques and stretching. The massage has a revitalising effect on the body and is particularly effective for tension, joint and muscle pain.

Jet Leg / Energizing Treatment (40 min)

110€

- Head and neck massage
This head and neck massage releases tensions, headaches and blockades, supports the flow of energy and then optimizes concentrated work. Warm sesame oil is applied part by part to the scalp and massaged in. A warm oil turban harmonizes the energy centers.
- Foot/Leg massage
Warming and invigorating foot bath followed by foot massage. A proven method from TCM to allow energy to flow evenly through the body.



SUSANNE KAUFMANN® **Anti Aging Signature Preventive Treatments**

From a purely scientific point of view, the skin already begins to age during the mid twenties. Good reason to develop a conscious skin ritual at an early stage – after all, the consequences usually only become visible years later. Through early and consistent care, the skin looks younger for longer. The antiaging concept by Susanne Kaufmann™ offers everyone the perfect treatment for the early prevention of age-related skin damage. Traditional techniques such as the jade roller from TCM, deep-acting ultrasound waves, effective massage techniques, and the products in Anti Aging Line A have been united in a unique treatment concept.

SUSANNE KAUFMANN® **Anti Aging Signature Preventive Treatment (120 min) 295 €**

Comprehensive pampering for the special requirements of demanding skin. The holistic approach incorporates all of the key methods required to improve the skin's functions, relax the muscles, and tighten the connective tissue.

- Aroma footbath for relaxing attunement
- Smoothing hand compress
- Careful cleaning of the face, throat and décolletage
- Enzyme peeling for the gentle removal of dead skin
- Through deep cleaning
- Deep tissue massage for the improvement of the microcirculation
- Work in an antioxidant power active ingredient with a special fascia short massage
- Followed by ultrasound treatment to work in the active ingredients
- Highly concentrated lifting mask for an immediate firming effect
- Relaxation phase with extended head and hand massage
- Daily care with the Anti Aging Line A

SUSANNE KAUFMANN® **Anti Aging Signature Treatment Preventive (80 min) 195 €**

The perfect treatment to protect the skin against the first signs of aging. The combination of expert treatment techniques and effective products leaves the complexion relaxed and rejuvenated.

- Enzyme peeling for the gentle removal of dead skin
- Thorough deep cleansing
- Work in an antioxidant power active ingredient with a special fascia short massage
- Followed by ultrasound treatment to work in the active ingredients
- Highly concentrated lifting mask for an immediate firming effect
- Daily care with the Anti Aging Line A

SUSANNE KAUFMANN® **Express Anti Aging Signature Treatment Preventive (40 min) 120 €**

This express treatment for demanding skin has an immediately firming effect. The products and massage techniques have been carefully aligned to ensure a radiant, rejuvenated, and relaxed complexion.

- Work in an antioxidant power active ingredient with a special fascia short massage
- Followed by ultrasound treatment to work in the active ingredients
- Daily care with the Anti Aging Line A



Facial Treatments for Women

The unique facial treatments are perfectly matched to our own cosmetic products. The key to the success of the treatments can be found in the energetic rituals developed by Susanne Kaufmann and her team of experts, coupled with the combination of old and new therapy methods to create a truly unique experience.

SUSANNE KAUFMANN® **Alkaline Detox Signature Treatment (50 min) 125 €**

An effective treatment that is tailored to cleansing and detoxifying the skin. The Susanne Kaufmann™ Alkaline Detox Signature Treatment starts with a deacidifying foot bath and includes a case history of the skin, deep cleanse, scrub, lymph drainage, and cleansing mask. Face, neck, and chest are gently exfoliated with the enzym peel. This stimulates the skin's own regeneration process and restores its natural balance. The skin is left looking radiant and harmonized. The treatment includes personalized aftercare.

SUSANNE KAUFMANN® **Transformative Signature Treatment (80 min) 195 €**

A customized treatment tailored to your skin needs, guaranteed to transform its condition as desired. After a thorough case history of the skin, carefully selected products and tailored massage techniques are combined to improve skin condition. This treatment helps to alleviate concerns such as dryness, impurities, and rosacea. The complexion is left clear and radiant once again, enriched with energy and a feeling of harmony.

Add Ons

Individual ultrasound treatment for facial treatment (20 min) 60 €

The vibrations of the ultrasound penetrate into the deep layers of the skin and, combined with intensive ingredients and serums, optimise the success of the treatment. The applications lead to an activation of the skin tissue and a significant improvement of various skin problems such as acne, couperose or scars.

Bookable in addition to facial treatments

- Eyelash tinting 17 €**
- Eyebrow tinting 12 €**
- Eyebrow sculpting 27 €**

Treatments for men

Men's skin requires special care and protection. This is why we have developed care products specifically tailored to these needs — Line M. It makes daily skin care fast, simple and efficient. The effective treatments are targeted for the specific problems of men's skin.

SUSANNE KAUFMANN™ Transformative Signature Treatment Men (80 min) 195 €

A customized treatment tailored to the needs of men's skin, guaranteed to transform its condition as desired. After a thorough case history of the skin, carefully selected products and tailored massage techniques are combined to improve skin condition. This treatment helps to alleviate concerns such as dry, sensitive skin or impurities. The result is a clarified, revitalized, and youthful complexion.

- Careful cleansing of the face, neck and décolleté
- Enzyme peel for the gentle removal of dead skin and thorough deep cleansing
- The working in of an anti-oxidising active ingredient with the help of deep-working ultrasound
- Highly concentrated lifting mask for an immediate tightening effect
- Daily maintenance with the men's face care Line M

SUSANNE KAUFMANN™ Alkaline Detox Signature Treatment for Men (50 min) 125 €

An effective treatment to cleanse and detoxify the skin. The Susanne Kaufmann™ Alkaline Detox Signature Treatment for Men starts with a deacidifying foot bath and includes a case history of the skin, deep cleanse, scrub, lymph drainage, and cleansing mask. Face, neck, and chest are gently exfoliated with the enzym peel. This stimulates the skin's own regeneration process and restores its natural balance. The skin is left looking radiant and harmonized once again. The treatment includes personalized aftercare.

Sports massage (50 min) 110 €

The entire musculoskeletal system and the musculature are mobilised through the use of deep tissue techniques and stretching. The massage has a revitalising effect on the body and is particularly effective for tension, joint and muscle pain.

Classic back treatment (30 min) 60 €

A deep cleanse for the back to improve skin condition.

Bookable in addition to facial treatments
Individual ultrasound treatment for facial treatment (20 min) 60 €

The vibrations of the ultrasound penetrate into the deep layers of the skin. The applications lead to an improvement of various skin problems such as acne.

Eyelash tinting 17 €
Eyebrow tinting 12 €
Eyebrow sculpting 27 €


Manicures and foot care

We provide intense care for your hands and feet during the manicures and pedicures. Expert treatment and perfectly tailored products help care for skin and nails to make them healthy again. At the end, we offer the newest nail polish colours.

Classic manicure with hand massage (40 min) 52 €
Deluxe Manicure (70 min) 91 €

- Classic manicure with hand massage
- Hand peel
- Caring ingredient pack
- Relaxing neck massage

Classic medical foot care with foot massage (55 min) 69 €
Foot care deluxe (85 min) 112 €

- Classic medical foot care with foot massage
- Foot peel
- Caring ingredient pack
- Relaxing neck massage

Also bookable in addition to manicure/foot care
Nail polishing with a nail polish of your choice 18 €
Shellac 30 €


TCM Detox Treatments

Targeted techniques have been developed for the TCM Detox. These include full-body massages, exfoliating scrubs, eliminating soaks, and liver cleansing packs. The excretion of toxins through the skin is stimulated and the entire energy flow is improved.

SUSANNE KAUFMANN™ Signature Treatment Detox (90 min) 180€

The Detox Signature Treatment is perfect for liberating the entire body from hyperacidity and pollutants.

- Start with an alkaline footbath to begin the detoxification process
- The massaging in of the detox oil peeling stimulates the circulation and makes it easier for the skin to eliminate toxins
- Stimulating deep tissue massage along the meridians relax the fascia and stimulate lymph circulation

SUSANNE KAUFMANN™ Herbal Detox Massage (50 min) 110€

This detoxifying massage stimulates the deep tissue to flush out released pollutants. The Herbal Detox Massage influences the flow of energy and has a positive effect on the metabolism.

SUSANNE KAUFMANN™ Detox Oil Scrub (50 min) 110€

The Detox Oil Scrub opens the channels of the dermis to enable toxins to be flushed out. Special eliminating points are stimulated to promote tissue perfusion and the removal of waste products. Subsequent application of firming pomegranate oil with gentle, flowing massage techniques.



Therapeutic massages

Our highly qualified therapists offer a wide spectrum of massages and special treatments for the removal of functional problems with the musculoskeletal system. These range from classic massages to lymph drainage to feet reflex zone treatments.

Individual massage

After a thorough diagnosis by highly qualified therapists, the treatment is tailored to your individual needs. The aim is a holistic therapy combined with various massage techniques.

30 min 80€
50 min 125€
80 min 180€

Classic massage

Classic back and neck massage (30 min) 60€
Classic full body massage (50 min) 110€
Classic full body massage (80 min) 165€

Sports massage (50 min) 120€

The entire musculoskeletal system and the musculature are mobilised through the use of deep tissue techniques and stretching. The massage has a revitalising effect on the body and is particularly effective for tension, joint and muscle pain.

Lymph drainage

Accumulations of lymph fluid and toxins are transported away from the tissues with gentle, circular motions over the skin and a special holding technique

Partial body treatment (40 min) 105€
Full body treatment (80 min) 165€

Foot reflex zone massage with footbath (50 min) 110€

Each part of the body is connected to corresponding energy zones in the soles of the feet. A targeted massage of these zones improves the flow of energy throughout the entire body.

Also bookable in addition to a massage

Alkaline bath 60€

It helps the skin to deacidify, stimulates the elimination of toxins and releases blocked energy whilst simultaneously having a relaxing effect. Particularly recommended for skin prone to dryness and flakes, as well as after sporting activities.

Preparatory body scrub 30€

Gentle body peel, removes dead skin cells, vitalises and promotes the circulation.

Comfort Treatments

Our harmonising treatments free you from the stress and hectic of the everyday and restore your inner balance. Beneficial massage techniques, warming oils and highly effective essences. Refreshing and invigorating or balancing and relaxing. Take the time to enjoy this highest form of comfort.

SUSANNE KAUFMANN™ **Relax treatment body (50 min)** **110€**

A stimulating and detoxifying massage therapy with warm aromatic oils and jojoba wax scrub. The treatment boosts vitality and regenerates the skin.

SUSANNE KAUFMANN™ **Relax treatment body (80 min)** **165€**

A stimulating and detoxifying massage therapy with warm aromatic oils and jojoba wax scrub. The treatment boosts vitality and regenerates the skin.

SUSANNE KAUFMANN™ **Relax treatment head (50 min)** **110€**

This head and neck massage relieves tension, headaches, and blockages, promotes the flow of energy, and enhances concentration for more efficient work.

Treatments for Pregnancy

The female body must perform the unbelievable during pregnancy. Take the time to allow yourself to be completely cared for and pampered. The treatments relax the musculature, strengthen the body's defences and stimulate a release of water collections in the tissue.

SUSANNE KAUFMANN™ **Mommy time (70 min)** **145€**

- Alkaline leg wrap
- Extended shoulder and neck massage
- Skin nourishing poultice for the baby belly
- Foot and leg massage with arnica oil





SUSANNE KAUFMANN™

Day Spa & Memberships



Day Spa & Memberships

You are not residing at The Ritz-Carlton, Vienna, but would still like to have the experience all year around? From Monday to Sunday, our The Ritz-Carlton Spa is at your service with all amenities available:

Day Spa - 4 Hours | 40 € Monday to Friday | 50 € Saturday and Sunday

- Use of the fitness area with top modern training equipment for endurance and muscle training
- Use of the longest indoor pool along the Ringstraße, at 18 meters with underwater music
- Access to the wellness area including sauna, steam bath and heated relaxation beds

One Month | 319 € (monthly membership fee)

- 5% Price advantage on Susanne Kaufmann™ products and treatments

Six Month | 289 € (monthly membership fee)

- 10% Price advantage on Susanne Kaufmann™ products and treatments
- A Susanne Kaufmann™ experience à la carte based on your choosing (à 60 Min.)
- Four Day Spa guest passes worth 160 € inclusive
- One exclusive Travel Kit from Susanne Kaufmann™ as a gift

Twelve Months | 239 € (monthly membership fee)

- Two Susanne Kaufmann™ experiences à la carte based on your choosing (à 60 Min.)
- 10 Day Spa guest passes worth €400 inclusive
- An exclusive Travel Kit by Susanne Kaufmann™ as a gift

Twelve Month for friends (additional member) | 100 € (monthly membership fee)

- 15% Price advantage on Susanne Kaufmann™ products and treatments
- Two Susanne Kaufmann™ experiences à la carte based on your choosing (à 60 Min.)
- 15 Day Spa guest passes worth 480 € inclusive

We do not charge a registration fee for completing a membership.

Early Reservation

In order for us to be able to plan your dream experience, we ask that you please book your treatment as early as possible
+43 1 311 88 – 469 | spa.vienna@ritzcarlton.com

Valuables and Mobile Telephones

Please leave all valuables, jewelry and watches in the safe in your room. The spa and hotel assume no liability. We ask that you please switch off mobile phones during your stay at the spa.

Cancellation Policy

We put great care in preparing a valuable experience for you. Therefore, we kindly ask you to contact us in case of a change of dates or cancellation no later than 24 hours in advance. If the appointment is canceled within the 24 hours, we will charge a fee of 100% of the application price.

Your Experience

Please take your time and contact the ladies and gentlemen of The Ritz-Carlton Spa ten minutes before your experience. We would like to ask for your understanding that we cannot offer treatments to adolescents under the age of 18 years.

Opening Times

6:00 a.m. until 10:00 p.m. | The Ritz-Carlton Spa

10:00 a.m. until 8:30 p.m. | Experiences in the The Ritz-Carlton Spa

Information about tinting treatments

If you have not had an eyelash or eyebrow tint within the last 6 months, we require you to have a skin sensitivity test 48 hours prior to any tinting service.



Schubertring 5-7

1010 Wien

Österreich

+43 1 311 88 - 469

www.ritzcarlton.com/vienna