Harnessing the natural beauty of Western Australia, we create an urban sanctuary of wellness to nurture the body and invigorate the mind. Relax and reflect with bespoke pampering rituals, a state-of-the-art yoga studio and fitness facilities, female and male aqua thermal zones and pristine views of the Swan River by the infinity pool. Let the allure of The Ritz-Carlton, Perth leave an indelible memory.

Let us make the world revolve around you.
Welcome to The Ritz-Carlton Spa, Perth — where nature, beauty and wellness meet. Each guest begins their journey with a handmade ceramic vessel of our fragrant, signature tea. This comforting brew is prepared with healing Australian ingredients to enliven the senses, boost immunity and hydrate the body. Our welcome tea is the perfect grounding ritual to prepare the mind, body and spirit for what’s to come.

Your Spa treatment begins with a bespoke foot bath, where your feet rest upon hand-picked Kimberley river stones and float amongst healing Australian precious elements. Guide the spirit to the heart of the Kimberley region, and surrender to an ultimate pampering journey of choice. The Spa journey concludes with a cool, calming Australian organic lavender herbal tincture to balance the mind and body.

**Luminous Elements Journey**

**Luminous Elements Facial and Massage** 180 minutes

A journey that summons Australia’s natural healing elements, beginning with a bespoke anti-ageing facial, followed by a signature massage using rose-quartz crystals or pressure point therapy, intuitive stretching, lymphatic breathing and LaGaia Unedited aromatherapy oils.

**Transformative Kimberley Ritual**

**Formulation Facial, Body Scrub and Mask** 135 minutes

A bespoke LaGaia Unedited facial layering precious crystal quartz tonics with botanicals, essential vitamins and hydrating serums. An aromatic full body scrub and clay mask inspired by the diverse plains of the Kimberley will detoxify and re-mineralise the most stressed of skins.

**Mineral Tonic**

**Full Body Mask, Herbal Cocoon Wrap and Nourishing Facial with Aromatherapy** 90 minutes

A potent inflammation therapy for those craving deep repair. A signature aromatherapy journey levitates trapped emotions while antioxidant rich ingredients increase cellular hydration and correct skin health from head to toe.

**Healing Spirit**

**Full Body Aromatherapy Scrub and Sen-Line Herbal Pouch Massage** 90 minutes

Connect – melt away and experience the feeling of release. Using handcrafted herbal pouches, this ancient full body massage technique unblocks sen-line energy flow. The mineral skin detoxification and energy release is tailored to individual needs, allowing for discovery of your true potential.

**Luminous Elements Journey**

**Kimberley Ritual Formulation Facial, Body Scrub and Mask** 135 minutes

A bespoke LaGaia Unedited facial, layering precious crystal quartz tonics with botanicals, essential vitamins and hydrating serums. An aromatic full body scrub and clay mask inspired by the diverse plains of the Kimberley will detoxify and re-mineralise the most stressed of skins.

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**Choice of Bath Submersion**

**Glow** A vitamin and antioxidant rich foam release

**Mineral Baths** Relieves muscle aches and soreness

**Wax Melts** Softens and hydrates the skin

**Couples Submersion**

**Bespoke Facial, Full Body Signature Massage and Scrub, and Bath Submersion** 120 minutes

Allow us to provide a shared moment of true luxury. In a private and secluded spa suite, your therapist will orchestrate a connected full body spa experience that is truly unforgettable. A curated aromatherapy journey of the senses is individually tailored into your choice of facial, scrub, signature massage and bath submersion experience.

**Choice of Bath Submersion**

**Glow** A vitamin and antioxidant rich foam release

**Mineral Baths** Relieves muscle aches and soreness

**Wax Melts** Softens and hydrates the skin

**EXPERIENCE**

**PERTH**
EQUILIBRIUM MASSAGE
SWEDISH RELAXATION MASSAGE, INTUITIVE STRETCHING, LYMHPHATIC BREATHING AND BLUE QUARTZ ENVELOPMENT
75 MINUTES OR 90 MINUTES
Transcend into a place of pure relaxation. LaGaea Unedited aromatherapy oils and exquisite blue stone minerals are applied with rhythmic flowing movements to instil full body tranquility.

MOTHER NURTURE MASSAGE
PREGNANCY MASSAGE WITH LYMHPHATIC BREATHING AND HEALING CRYSTAL PLACEMENT
75 MINUTES
Bringing harmony and ease during a time of profound change, this tailored massage addresses muscle aches and joint pains while improving circulation and mobility. Our specialised therapists provide focused affection and care for mothers-to-be.

ALIGNMENT ANTIDOTE
PRESSURE POINT MASSAGE WITH INTUITIVE STRETCHING, LYMHPHATIC BREATHING AND HEALING CRYSTALS
90 MINUTES
Ancient pressure point therapy and massage designed to align and revitalise. Benefit from the alleviation of lingering aches and stress through this individualised full body muscular and energetic treatment.

QUARTZ RELEASE MASSAGE
GAU-SHA ROSE QUARTZ DEEP MASSAGE, INTUITIVE STRETCHING, LYMHPHATIC BREATHING AND HEALING CRYSTALS
75 MINUTES OR 90 MINUTES
A massage experience that taps into ancient therapy wisdom. Traditional applications of rose quartz gau-sha release deep muscular tension, while LaGaea Unedited mineral and botanical tonics invigorate the skin.
PERTH

Biologique Recherche is the epitome of French skincare offering excellence, expertise and passion. The ingredients are raw, cold formulated and highly active concentrations derived from natural and biotechnological compounds. Biologique Recherche expert therapists are trained to create a personalised facial experience best suited to the individual skin.

SKIN INSTANT LAB® SKIN CONSULTATION

20 MINUTES

Our skin’s condition changes numerous times in a single day, season and during the course of a lifetime. Our Skin Instant Lab® assessment diagnoses the skin to determine a goal-oriented treatment schedule, prescribes results driven homecare and allows monitoring of ongoing skin health. Suitable for both men and women.

SOIN RESTRUCTURANT ET LISSANT

A RESTRUCTURING AND SMOOTHING FACIAL
60 MINUTES

A reconditioning treatment that is designed to moisturise and calm stressed, dehydrated, dry and fine sensitive skins. Combining ingredients rich in essential fatty acids, hyaluronic acid and silk proteins with lymphatic draining, sculpting and lifting French massage techniques.

SOIN MASQUE EXFOLIANT P50 VISAGE

A BRIGHTENING FACIAL
60 MINUTES

An exfoliating and unifying treatment formulated to brighten the complexion using alpha hydroxy acids, lemon extract and sacha inchi oil to promote cell regeneration, minimise pigmentation and improve overall skin tone. This treatment is recommended for thickened, dull and pigmented skins.

SOIN MC110

A BALANCING FACIAL
60 MINUTES

A restructuring treatment for non-reactive, devitalised skin with fine lines and wrinkles utilising vibratory massage techniques to plump the skin whilst following the muscle fibres to redefine and tone. This anti-oxidant rich formulation contains phytoplankton, burdock and vitamin B3.

SOIN SÉBO-RÉÉQUILIBRANT

THE RITZ-CARLTON ®A

The ultimate rebalancing and deep cleansing treatment to restore a clear complexion using beta hydroxy acids, zinc and iris extract. This facial regulates and detoxifies oil and accelerates healing of acne-prone skins.

90 MINUTES

A more enhanced experience; a completely personalised Soin Séro-Reéquilibrant facial with additional boosters and targeted treatments, specifically chosen to treat both your primary and secondary skin concerns.

PRIVILEGE PASS

Biologique Recherche’s Privilege Pass offers the benefit of four or six hours towards a 60-minute or 90-minute face treatment of your choice. We recommend three initial sessions at one-week intervals, followed by one session every month.

963x36

963x346

963x334

963x322

963x313

963x310

963x294

963x282

963x270

963x258

963x247

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963x223

963x211

963x190

963x174

963x162

963x150

963x138

963x126

963x114

963x99

963x87

963x75

963x66

963x54

963x42

963x30

963x18

963x25

963x13
An innovative approach to skincare, LaGaia Unedited focuses on naturally sourced Australian botanicals and precious elements to create active scientific formulations. Suitable for both men and women, products are specifically curated to counteract skin concerns caused by the harsh Australian climate.

**LUMINOUS ELEMENTS FACIAL**

**BESPOKE ANTI-AGING FACIAL, ROSE QUARTZ GUA-SHA AND PRESSURE POINT MASSAGE**

60 MINUTES

Beyond extraordinary, this truly precious anti-aging facial uses potent actives and antioxidants to repair environmentally stressed skin and enhance skin cell productivity. An invigorating gua-sha massage promotes lifting and toning, for the ultimate upper body indulgence.

**FORMULATION FACIAL**

**SKIN SPECIFIC FACIAL, JADE ROLLER AND PRESSURE POINT MASSAGE**

90 MINUTES

Designed for the individual, this experience can be tailored for each skin and its nutrient needs. Precious crystal quartz tonics layered with hydrating botanicals and serums are used to restore your skin health.

**COPPER CONNECTION FACIAL**

**EXPRESS NOURISHING FACIAL WITH PRESSURE POINT MASSAGE**

45 MINUTES

This deliciously quenching treatment is LaGaia Unedited’s rapid face refresh solution. Ancient massage techniques repair nutrient deficiencies with the skin, release stress and instil calm on a busy mind.
MEN

THE ULTIMATE GENTLEMAN’S REFRESH

MEN’S TONIC FACIAL, FULL BODY AROMATHERAPY SCRUB, CHOICE OF FULL BODY MASSAGE AND HAND AND FOOT THERAPY

260 MINUTES

A signatory experience beginning with an exceptional skin softening body exfoliation, using a combination of mineral salts and essential oil infusions, for smooth and supple skin. A full body massage of choice revives muscle tension and nourishes the skin. Finish with a Men’s Tonic Facial to address specific skin concerns, crowned with a tired-eye enhancing treatment.

MEN’S FORMULATE FACIAL

MEN’S SKIN SPECIFIC FACIAL, JADE ROLLER AND PRESSURE POINT MASSAGE

60 MINUTES

Intensive skin formulation therapy individually designed for him. Precisely prepped skin is ready for mineral tonics layered with active serums and masks to restore skin health and function. Balance and nourish, rehydrate and soothe, for any skin type.

MEN’S TONIC FACIAL

EXPRESS NOURISHING FACIAL, EYE TREATMENT AND PRESSURE POINT MASSAGE

45 MINUTES

A skin pick-me-up with focused product selections to smooth, replenish and energise delicate skin around the eyes. Immediate and long-lasting results for the time poor man.

DEEP RECOVERY MASSAGE

FULL BODY DEEP TISSUE MASSAGE WITH AROMATHERAPY OIL

75 MINUTES OR 90 MINUTES

A skilled deep tissue therapist remedies discomfort with tailored massage techniques and blended muscular tonics, assisting passage into deep recovery and guiding misguided stress.

HAND THERAPY

HAND SOAK, SCRUB, CUTICLE TIDY, FILE AND SHAPE, AND PRESSURE POINT MASSAGE

30 MINUTES

A treatment that professionally shapes, refines and tends to not only nails, but smooths and nourishes the foot and lower leg. A signature pressure point massage, along with stretching techniques, relieves muscular tension.

FOOT THERAPY

FOOT SOAK, SCRUB, CUTICLE TIDY, FILE AND SHAPE, AND PRESSURE POINT MASSAGE

30 MINUTES

Walk tall with revived feet that feel like they are floating. A treatment that professionally shapes, refines and tends to not only nails, but smooths and nourishes the foot and lower leg. A signature pressure point massage, along with stretching techniques, relieves lower tension.

THE RITZ-CARLTON SPA

PERTH

13
**Deluxe Spa Pedicure**

**Foot Soak, Double Exfoliation, Cuticle Tidy, File and Shape, Pressure Point Massage and Paint**

75 minutes

The Deluxe Spa Pedicure begins with a Kimberley river inspired foot soak. A conditioning cuticle treatment and tidy, and double exfoliation smooths skin and improves circulation. Lower limbs are nourished with a LaGaia Unedited balance clay mineral mask and pampered with an invigorating pressure point massage and stretching technique. Includes cuticle tidy and nail file, buff and paint.

**Deluxe Spa Manicure**

**Hand Soak, Scrub and Mask, Cuticle Tidy, File and Shape, Pressure Point Massage and Paint**

60 minutes

The Deluxe Spa Manicure begins with a Kimberley river inspired soak. A conditioning cuticle treatment and tidy, and botanical infused exfoliation smooths tired skin. Skin is then nourished with a LaGaia Unedited balance clay mineral mask applied to your hands and arms. Be truly pampered with an invigorating pressure point massage and stretching technique. Includes cuticle tidy and nail file, buff and paint.

Gloss & Co creates vibrant colours with a quick dry formulation and long-lasting chip resistant finish. Gloss & Co nail polish is toxin free, cruelty-free and vegan. Australian owned and made with essential oils, a wide range of vitamins and nourishing botanicals to nurture your hands and feet, nails and cuticles.
POOLSIDE
Surrender yourself to a luxurious poolside pampering experience. Allow your mind and body to be rejuvenated and replenished with treatments inspired by Australia’s finest natural healing ingredients. Our therapists are trained to deliver sumptuous experiences that don’t require you to leave the comfort of your pool lounge.

EXPRESS
The Ritz-Carlton Spa, Perth express treatment room provides the perfect opportunity for a quick pick-me-up. Our therapists can transport you to full relaxation in our perfect urban-sized oasis.

HEAD, NECK, SHOULDER PRESSURE POINT MASSAGE
20 MINUTES
Ancient pressure point massage designed to melt away tension and instil a sense of deep relaxation and mental clarity. Helps with neck and shoulder pain, headaches and travel tension.

INVIGORATING HAND REMEDY
20 MINUTES
Let us treat you. Using energetic massage techniques involving stretches, pressure point massage, hot or cold stones and compresses, the hands and arms are truly refreshed and invigorated. While a LaGaia Unedited cooling or repair tonic leaves skin deeply hydrated and supple.

SOOTHING FOOT REMEDY
20 MINUTES
Using energy unlocking massage techniques incorporating stretching, pressure point massage, hot or cold stones and compresses, the lower legs and feet are truly refreshed and invigorated. Be enveloped in a LaGaia Unedited soothing mask that leaves skin deeply hydrated and smooth.

PERTh
FACIAL ENHANCEMENTS*  
LED LIGHT THERAPY SKIN TREATMENT 20 MINUTES  
Healite II LED Light Therapy is a concentrated therapeutic skin treatment clinically proven to improve cellular function and promote skin rejuvenation.  

SOOTHING EYE TREATMENT.  
LIP SCRUB & MASK  
Care for tired, puffy eyes with this ultra-hydrating eye treatment. Reveal smooth and supple lips with gentle exfoliation and protect with a nourishing lip mask.  

SOOTHING FOOT REMEDY 20 MINUTES  
Using energy unlocking pressure point massage techniques, stretching, hot or cold stones and compresses, the lower legs and feet are truly refreshed, hydrated and invigorated. Full body relaxation is attained with our soothing foot remedy enhancement, incorporated into your chosen spa treatment.  

BODY ENHANCEMENTS  
PRIVATE THERAPEUTIC YOGIC STRETCHING 20 MINUTES  
A complete assisted stretch of the full body to increase mobility and flexibility, reduce muscle tightness, improve circulation and lymphatic flow. The perfect enhancement to elevate any treatment experience.  

INVIGORATING HAND REMEDY 20 MINUTES  
Using energy unlocking pressure point massage techniques, stretching, hot or cold stones and compresses, the hands and arms are truly refreshed, hydrated and supple. Highly recommended for full body relaxation, incorporated into your chosen spa treatment.  

SOOTHING EYE TREATMENT.  
LIP SCRUB & MASK  
Care for tired, puffy eyes with this ultra-hydrating eye treatment. Reveal smooth and supple lips with gentle exfoliation and protect with a nourishing lip mask.  

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HOT STONES  
Therapeutic use of hot stones can be incorporated into any of our massage treatments. This addition allows deep penetration of heat and relaxation into the muscles to help improve circulation and remove toxins.  

*Enhancements can only be booked in conjunction with other spa treatments.  

THE RITZ-CARLTON SPA  
PERTH
LAGAIA UNEDITED AMETHYST CREAM
An ultra-luxurious hydration formula that improves skin texture, tone and clarity. Use amethyst quartz, plant essences, seaweed extracts, lash butters and bioactive ingredients to replenish moisture lost from sun damage, reduce surface pigmentation and restore radiance and luminosity.

LAGAIA UNEDITED BATH MILK
Rejuvenate and revitalize the skin with a milk bath. Soak in deeply hydrating milk enzymes to refine and soften the skin’s surface, allow magnesium to relax tense muscles and let lavender calm a busy mind.

LAGAIA UNEDITED AMETHYST CREAM
A delicious, multi-tasking herbal blend containing lemon balm, sour cherry and passionflower which are traditionally used in Western herbal medicine to support collagen synthesis and beautiful skin, hair and nails. Contains more than 20 organic, bio-fermented and probiotic superfoods including Dunaliella salina, maqui berry and queen garnet plums, as well as zinc and vitamin C.

LAGAIA UNEDITED PEARL MASK
A rich beauty sleep treatment to even skin tone, and repair deep dermal pigmentation damage, reduce surface pigmentation and detoxify, re-mineralise, whilst free radicals while carrot oil detoxifies and rehydrates. A non-drying cream that glides onto your skin.

LAGAIA UNEDITED BALANCE MASK
This balancing clay mask revitalises the complexion removing impurities, refining pores and stimulating cell regeneration. Mineral rich Kaolin clay detoxifies, re-mineralises, whilst free radicals while carrot oil detoxifies and rehydrates. A non-drying cream formula that glides onto your skin.

LAGAIA UNEDITED INNER BEAUTY POWDER
A beauty essential to support collagen to improve skin, hair and nail health. Purple and Turmeric Superfood Powder with 21 different wholefoods and superfoods. Use before sleep to firm the skin and unlock glowing skin all year round. Enriched with Tasmanian beeswax, vitamins and botanicals to protect the skin while nutrients deeply infuse. Sesame seed oil, a potent anti-oxidant, neutralises oxygen radicals while carotene and EFA’s improve skin texture and elasticity.

LAGAIA UNEDITED BATH MILK
A nurturing and protective body cream combined with Dreamblend essential oils, to transport you into pure relaxation and let lavender calm a busy mind.

LAGAIA UNEDITED AMETHYST CREAM
A rich beauty sleep treatment to even skin tone, and repair deep dermal pigmentation damage, reduce surface pigmentation and detoxify, re-mineralise, whilst free radicals while carrot oil detoxifies and rehydrates. A non-drying cream that glides onto your skin.

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GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarise yourself with the Spa guidelines.

RESERVATIONS

To schedule your preferred time and treatment, please contact the Spa Concierge. Your credit card information and contact details are required in order to secure your reservation.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, injuries or pregnancy which could affect your treatment when making a spa reservation. Heat and water facilities are not recommended for pregnant women.

VALET PARKING

$35 valet car parking is available for non-hotel guests having treatments of 60 minutes or longer.

ARRIVAL TIME

We encourage guests to arrive 30 to 45 minutes prior to a scheduled appointment. This will allow you to commence your Spa experience in our water and leisure facilities. Please note, late arrivals will not receive an extension of scheduled treatments.

USE OF FACILITIES

Complimentary use of vitality pool, infinity pool and sauna for hotel guests.

Complimentary use of vitality pool and sauna for non-hotel guests having Spa treatments 60 minutes or longer.

SPA ETIQUETTE

Our Spa environments are of luxury relaxation and tranquility. Please respect Spa guests’ privacy and serenity, use of mobile phones and cameras are not permitted within the Spa, vitality pool and areas. In designated men’s and women’s areas, we ask that guests wear two-piece or swimwear and towels are provided when moving around these areas.

AGE REQUIREMENT

The vitality pool and areas have designated male and female areas. Spa, vitality pool and sauna guests must be at least 18 years of age.

GIFT CERTIFICATES

Gift certificates are available for purchase. Please contact the Spa Concierge for details.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please contact the Spa Concierge 24 hours in advance of your appointment to avoid being charged for the full service fee.

REFUND POLICY

Products and services sold are not refundable.

LOSS OR DAMAGE

We will not be held liable for any loss or damage to personal belongings during your visit.

ACCIDENTS OR INJURIES

We will not be held liable for any accidents or injuries sustained during your visit.

PRICES

All prices are in Australian Dollars and are subject to change.

OPENING HOURS

Spa: Monday to Saturday 9am - 8pm, Sunday 9am - 6pm

Infinity Pool: Open - Spa

Fitness Centre: 24 hours with room key access

Yoga Studio: Scheduled classes