



THE RITZ - CARLTON
PERTH

RES

ESCAPE

*Let us make the world
revolve around you.*

Harnessing the natural beauty of Western Australia, we create an urban sanctuary of wellness to nurture the body and invigorate the mind. Relax and reflect with bespoke pampering rituals, a state-of-the-art yoga studio and fitness facilities, female and male aqua thermal zones, and pristine views of the Swan River by the infinity pool. Let the allure of The Ritz-Carlton, Perth leave an indelible memory.



THE RITZ-CARLTON SPA





Welcome to The Ritz-Carlton Spa, Perth – where nature, beauty and wellness meet. Each guest begins and ends their journey with a handmade ceramic vessel of our fragrant, signature tea. This comforting brew is prepared with healing Australian ingredients to enliven the senses, boost immunity and hydrate the body. Our signature tea is the perfect grounding ritual to prepare the mind, body and spirit for what's to come.

Your Spa treatment begins with a bespoke foot bath, where your feet rest upon hand-picked Kimberley River stones and float amongst healing Australian precious elements. Guide the spirit to the heart of the Kimberley region, and surrender to an ultimate pampering journey of choice.



THE RITZ-CARLTON SPA

EXPERIENCE

LUMINOUS ELEMENTS JOURNEY

FULL BODY SCRUB, SIGNATURE MASSAGE, BESPOKE FACIAL

180 MINUTES

A journey that summons Australia's natural healing elements, to unravel tension and cultivate calm. Beginning with a full body exfoliation, followed by a signature rhythmical massage, allow your therapist to expertly tailor your facial to complete the treatment.

HEALING SPIRIT

HERBAL POULTICE, SIGNATURE MASSAGE

90 MINUTES

Surrender, melt away and experience the feeling of complete energetic release. Using hand-crafted herbal pouches, this ancient full body massage technique unblocks energy flow, allowing for a truly unforgettable escape.

MINERAL TONIQUE

FULL BODY SCRUB, FULL BODY MASK, COCOON WRAP, BESPOKE FACIAL

120 MINUTES

Vigorate the senses, and quiet your mind. Transcend into pure relaxation as your body is polished and replenished with Australian healing minerals, while your skin is renewed of its radiance – just how nature intended.

RECONNECTION RITUAL

SIGNATURE MASSAGE, BESPOKE FACIAL

120 MINUTES

A potent inflammation therapy for those craving deep repair. A signature rhythmical massage levitates trapped emotions while antioxidant rich ingredients increase cellular hydration and correct skin health from head to toe.

COUPLES SUBMERSION

BATH SUBMERSION, SIGNATURE MASSAGE, BESPOKE FACIAL

120 MINUTES

Embark together on a journey of pure connection and luxurious tranquillity. Allow us to unravel tension and cultivate calm as we begin your experience in your private and secluded couples suite. A personalised bath submersion overlooking Langley Park instils a moment of calm and serenity. A signature massage relaxes and releases any muscular tension, while a carefully customised LaGaia Unedited facial restores radiance and skin resilience.



THE RITZ-CARLTON SPA



BODY

QUARTZ RELEASE MASSAGE

GUA-SHA DEEP MASSAGE

75 MINUTES OR 90 MINUTES

A massage experience that taps into ancient therapy wisdom. Traditional applications of gua-sha releases deep muscular tension.

EQUILIBRIUM MASSAGE

SWEDISH RELAXATION MASSAGE

75 MINUTES OR 90 MINUTES

Transcend into a place of pure relaxation. Full body tranquillity is achieved through personalised rhythmic flowing movements.

HOT STONE MASSAGE

SIGNATURE HOT STONE MASSAGE

75 MINUTES OR 90 MINUTES

Cultivating mind and body balance and aligning energetic flow. A traditional technique combining naturally formed basalt stones with rhythmical flowing movements to deeply relax and relieve muscular tension.

DEEP RECOVERY MASSAGE

FULL BODY DEEP PRESSURE MASSAGE WITH AROMATHERAPY OIL

75 MINUTES OR 90 MINUTES

A remedy for discomfort with strength massage techniques and blended muscular tonics.

MOTHER NURTURE MASSAGE

PREGNANCY MASSAGE

75 MINUTES OR 90 MINUTES

Bringing harmony and ease during a time of profound change, this tailored massage addresses muscle aches and joint pains while improving circulation and mobility. Suitable for 13-week gestation onwards.



THE RITZ-CARLTON SPA

FACIAL

Biologique Recherche is the epitome of French skincare; excellence, expertise and passion. The ingredients are raw, cold-formulated and highly active concentrations derived from natural and biotechnological compounds. Biologique Recherche expert therapists are trained to create a personalised facial experience best suited to the individual skin.

SKIN INSTANT LAB® SKIN CONSULTATION

20 MINUTES

A cornerstone of the Biologique Recherche Methodology, the Skin Instant Lab® is a unique and exclusive system of analysis, diagnosis, and prescription allowing dynamic monitoring of the proposed treatments and the creation of an ongoing goal-oriented treatment schedule.

The Skin Instant Lab® Skin Consultation is complimentary prior to every Biologique Recherche facial treatment. Suitable for both men and women.

BIOLOGIQUE RECHERCHE FACIAL

60 MINUTES OR 90 MINUTES

The Biologique Recherche Methodology treats each skin individually according to your Skin Instant Lab® diagnosis.

Our expert Skin Therapists perform French drainage and lifting massage techniques, designed by a physiotherapist, to sculpt facial contours. Every Biologique Recherche facial is completely customised to treat a range of skin conditions from pigmentation, lines and wrinkles, laxity, acne, sensitivity, redness, hyper-seborrhoea, pores and dryness.



THE RITZ-CARLTON SPA



FACIAL

LaGaia Unedited represents modern luxury skincare. Australian at its core, LaGaia Unedited is abundant in potent vitamins, botanical extracts and gems from nature formulated to provide unsurpassed results. Embodying wellness, pH balanced skin, positive ageing, and skin that radiates 'au naturelle'. Suitable for all skin. This carefully curated range is designed to counteract skin concerns caused by the harsh Australian climate, whilst protecting our precious Mother Earth.

PRECIOUS ELEMENTS FACIAL

BESPOKE FACIAL, GUA-SHA,
PRESSURE POINT MASSAGE

90 MINUTES

Beyond extraordinary, this truly precious anti-ageing facial uses potent actives and antioxidants to repair environmentally stressed skin and enhance skin cell productivity. An invigorating gua-sha massage promotes lifting and toning, for the ultimate upper body indulgence.

COPPER CONNECTION FACIAL

EXPRESS FACIAL, PRESSURE POINT MASSAGE

45 MINUTES

This deliciously quenching treatment is LaGaia Unedited's rapid face refresh solution. Ancient massage techniques repair nutrient deficiencies with the skin, release stress and instil calm on a busy mind.

FORMULATION FACIAL

BESPOKE FACIAL, PRESSURE POINT MASSAGE

60 MINUTES

Designed for the individual, this experience can be tailored for each skin and its nutrient needs. Precious crystal quartz tonics layered with hydrating botanicals and serums are used to restore your skin health.



THE RITZ-CARLTON SPA

BEAUTY

Gloss & Co creates vibrant colours with a quick dry formulation and long-lasting chip resistant finish. Gloss & Co nail polish is toxin free, cruelty-free and vegan. Australian owned and made with essential oils, a wide range of vitamins, and nourishing botanicals to nurture your hands, feet, nails and cuticles.

DELUXE SPA MANICURE

HAND SOAK, EXFOLIATION AND MASK, CUTICLE TIDY, FILE AND SHAPE, PRESSURE POINT MASSAGE AND POLISH

60 MINUTES

The deluxe spa manicure begins with a Kimberley River inspired soak. A conditioning cuticle treatment and tidy, and botanical infused exfoliation smooths tired skin. Skin is then nourished with a LaGaia Unedited mineral mask applied to your hands and arms. Be truly pampered with an invigorating pressure point massage. Includes nail file, buff and polish.

EXPRESS MANICURE

HAND SOAK, EXFOLIATION AND MASK, CUTICLE TIDY, FILE AND SHAPE, PRESSURE POINT MASSAGE

45 MINUTES

DELUXE FOOT PEDICURE

FOOT SOAK, DOUBLE EXFOLIATION, CUTICLE TIDY, FILE AND SHAPE, PRESSURE POINT MASSAGE AND POLISH

75 MINUTES

The deluxe spa pedicure begins with a Kimberley River inspired foot soak. A conditioning cuticle treatment, tidy and double exfoliation smooths skin and improves circulation. Lower limbs are nourished with a LaGaia Unedited mineral mask and pampered with an invigorating pressure point massage. Includes nail file, buff and polish.

EXPRESS PEDICURE

FOOT SOAK, EXFOLIATION AND MASK, CUTICLE TIDY, FILE AND SHAPE, PRESSURE POINT MASSAGE

60 MINUTES



THE RITZ-CARLTON SPA



EXPRESS

The Ritz-Carlton Spa, Perth express treatment room provides the perfect opportunity for a quick pick-me-up. Our therapists can transport you to full relaxation in our perfect urban-sized oasis.

HEAD, NECK, SHOULDER PRESSURE POINT MASSAGE

20 MINUTES

Ancient pressure point massage designed to melt away tension and instil a sense of deep relaxation and mental clarity.

INVIGORATING HAND REMEDY

20 MINUTES

Using energetic massage techniques involving stretches and pressure point massage, the hands and arms are truly refreshed and invigorated.

SOOTHING FOOT REMEDY

20 MINUTES

Using energetic massage techniques involving stretches and pressure point massage, the lower legs and feet are truly refreshed and invigorated.



THE RITZ-CARLTON SPA

EXPRESS & ENHANCEMENTS

FACIAL ENHANCEMENT*

BOOSTER MASK

20 MINUTES

Recharge and restore your skin. This mask will give you a boost of intense hydration, brightening and protection. Perfect for any La Gaia Unedited facial treatment.

BODY ENHANCEMENT*

BODY SCRUB

30 MINUTES

Invigorate the senses and restore skin clarity. This full body scrub utilises polished macadamia kernels to buff away dull and dead skin cells. The perfect addition to any of our body treatments to refine skin texture and leave skin glowing with hydration.

SOOTHING FOOT REMEDY

30 MINUTES

Using energy unlocking pressure point massage techniques, stretching, and heated compresses, the lower legs and feet are truly refreshed, hydrated and invigorated. Full body relaxation is attained with our soothing foot remedy enhancement, incorporated into your chosen spa treatment.

INVIGORATING HAND REMEDY

30 MINUTES

Using energy unlocking pressure point massage techniques, stretching, and heated compresses, the hands and arms are truly refreshed, hydrated and supple. Highly recommended for full body relaxation, incorporated into your chosen spa treatment.

*ENHANCEMENTS CAN ONLY BE BOOKED IN CONJUNCTION WITH OTHER SPA TREATMENTS.



THE RITZ-CARLTON SPA



IN ROOM WELLNESS

Indulge in a carefully crafted Spa Butler creation, delivered directly to the comfort of your room. Our Spa Butlers are designed for you to treat your own skin, body, and relax at your leisure. Relish in the luxury of your hotel room with one of our signature Facial, Body, or Bath Butlers.

All Butler packages include 3 signature singular-use LaGaia Unedited formulations, 1 singular-use Vita Sol ingestible beauty beverage, and step-by-step instructions for in-room use.

FACIAL REJUVENATION BUTLER

- LaGaia Unedited MACADAMIA Exfoliate
- LaGaia Unedited PEARL Mask
- LaGaia Unedited AMETHYST Crème
- Vita Sol INFINITY Ingestible Beauty

DETOX BODY BUTLER

- LaGaia Unedited GET GLOWING Scrub
- LaGaia Unedited BALANCE Mask
- LaGaia Unedited BEAUTY Balm
- Vita Sol PURITY Ingestible Beauty

SLEEP-WELL BATH BUTLER

- LaGaia Unedited LAVENDER Bath Milk
- LaGaia Unedited AMBER Bath Crystals
- LaGaia Unedited LAPIS LAZULI Body Crème
- Vita Sol FLEXIBILITY Ingestible Beauty



THE RITZ-CARLTON SPA

GUIDELINES

To enjoy your Spa experience to the fullest potential, please familiarise yourself with the Spa Guidelines.

RESERVATIONS

To schedule your preferred time and treatment, please contact the Spa Concierge. Your credit card information and contact details are required in order to secure your reservation.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, injuries or pregnancy which could affect your treatment when making a spa reservation. Heat and water facilities are not recommended for pregnant women.

VALET PARKING

\$35 valet parking is available for non-hotel guests having treatments of 60 minutes or longer.

ARRIVAL TIME

We encourage guests to arrive 30 to 45 minutes prior to a scheduled appointment. This will allow you to commence your spa experience in our water and sauna facilities. Please note, late arrivals will not receive an extension of scheduled treatments.

USE OF FACILITIES

Complimentary use of vitality pool, infinity pool and sauna for hotel guests.

Complimentary use of vitality pool and sauna for non-hotel guests having spa treatments 60 minutes or longer.

SPA ETIQUETTE

Our spa environment is one of pure relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Use of mobile phones and cameras are not permitted within the spa, vitality pools and sauna. In designated men's and women's areas, we ask that guests wear swimwear or robes and towels provided.

AGE REQUIREMENT

The vitality pool and sauna have designated male and female areas. Spa, vitality pool and sauna guests must be at least 18 years of age.

GIFT CERTIFICATES

Gift certificates are available for purchase. Please contact the Spa Concierge for details.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the Spa directly at least 24 hours in advance of your appointment to avoid being charged the full service fee.

REFUND POLICY

Products and services sold are not refundable.

LOSS OR DAMAGE

We will not be held liable for any loss or damages to personal belongings during your visit.

ACCIDENTS OR INJURIES

We will not be held liable for any accidents or injuries sustained during your visit.

PRICES

All prices are in Australian Dollars and are subject to change.

CONTACT

For more information and opening hours, please contact Spa Concierge at 61.8.6559.6890, spa.perth@ritzcarlton.com or visit us at: ritzcarlton.com/perth

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