



**THE RITZ - CARLTON**  
DENVER

ASK



*Let us make the world  
revolve around you.*

# ESCAPE

Surrounded by the beauty of the Colorado Rocky Mountains, The Ritz-Carlton Spa, Denver offers an urban oasis in the heart of downtown Denver. Located 5,280 feet above sea level, our spa services provide deep relaxation and advanced skin hydration from head to toe. Our Spa facilities include steam room, whirlpool and private lounge areas to help you escape the hustle and bustle of the city.

# EXPERIENCE

Surrounded by the beauty of the Colorado Rocky Mountains, indulge in our locally crafted treatments. These deeply hydrating spa services will provide a full body journey using locally sourced ingredients. These indigenous treatments are created by our own Ladies and Gentlemen at The Ritz-Carlton Spa, Denver.

## THE ULTIMATE 5280

80 MINUTES

Utilizing potent CBD-rich oil, this full body experience is the ultimate head to toe indulgence – a full body exfoliation, CBD-rich massage, foot rejuvenation and to top it off, scalp and hair renewal – all come together transporting you to a state of tranquility.

**INCLUDES** Full body dry brush exfoliation, CBD massage, foot massage with paraffin, scalp and hair treatment

## INTRACEUTICALS PEPTIDE LIFT OXYGEN FACIAL

80 MINUTES

While acclimating to a mile above sea level, journey through a Colorado-inspired and results-driven facial. This advanced treatment uses the power of oxygen to deliver nutrient-rich and customized treatment serum into the skin for optimal effect. Oxygen propels skin collagen boosting and smoothing peptides to target the appearance of expression lines around the eyes, lips and forehead while enhancing overall volume, hydration and vitality. An oxygen infusion is customized for all skin concerns all while increasing volume for instant lift and visible tightening.

**INCLUDES** Customized treatment serum, Atoxylene line defender, collagen eye and lip mask, scalp and arm massage, and aromatherapy oxygen inhalation

## ESSENTIAL OXYGEN RITUAL

80 MINUTES

Your journey begins with the Mindful Touch, an immersive virtual reality video that allows you to disconnect, quiet your thoughts and fully relax in the present moment. After the short video is finished, your skin is treated to a state-of-the-art rejuvenating treatment, utilizing a cocktail of powerful active ingredients to soften, oxygenate, hydrate and improve skin's tone and texture. This essential exfoliating and invigorating treatment reenergizes cellular functions and reveals perfectly hydrated skin. The revitalizing power of pure oxygen will decongest and brighten a tired dull complexion restoring an even tone and a healthy natural glow.

**INCLUDES** Dry brush exfoliation, body mask, Mindful Touch Virtual Reality Meditation, facial cleanse, glyco peel 25%, oxygen concentrate, facial massage, oxygen finishing mask, scalp massage, protection and prevention



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# MASSAGE

## COUPLE'S MASSAGE

80 MINUTES OR 50 MINUTES

Enjoy the experience of shared relaxation and well-being in our couple's room with a customized massage performed side-by-side with your special someone.

**CHOOSE FROM** Relaxation, Stress Relief, Deep Muscle or Naturally Nurtured Massage

## COUPLE'S SPA ESCAPE

120 MINUTES

This private spa journey lets you spend quality time with your loved one. As the last treatment of the day, this exclusive service gives you and yours the rare opportunity to have the entire spa to yourselves. This side-by-side journey includes full body exfoliation, shower experience, 50-minute massages and full access to all facilities after services.

## DEEP MUSCLE MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## COLORADO RIVER STONE MASSAGE

80 MINUTES OR 50 MINUTES

A therapeutic and rejuvenating massage using warm river stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## MILE HIGH MASSAGE

80 MINUTES OR 50 MINUTES

Utilizing a potent CBD-rich oil, this massage promotes circulation, profound relaxation and a sense of renewal.

## NATURALLY NURTURED MASSAGE

80 MINUTES OR 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## HERBAL POULTICE MASSAGE

80 MINUTES

Inspired by the High Colorado Mountain peaks, this warming experience utilizes steamed herbal compresses designed to reduce stress, energize and detoxify the body. A combination of Thai and aromatherapy massage techniques help to increase circulation, elongate muscles and release tension delivering you into a deep state of relaxation.

**INCLUDES** Massage, heated poultice



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# BODY

## NOURISHED GLOW

80 MINUTES OR 50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application.

**INCLUDES** Full body exfoliation, oil application  
80-minute includes full body massage

## BODY BALANCER

50 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

**INCLUDES** Back exfoliation, back massage, application of facial oil, scalp massage

## SOLE REVIVER

50 MINUTES

Foot massage is an essential element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

**INCLUDES** Foot and leg exfoliation, reflex zone foot massage

## PERSONALIZED DETOX BODY WRAP

50 MINUTES

Deeply cleanse, refine and nourish your body with this deeply detoxifying and personalized body treatment. Uses either detoxifying algae or re-mineralizing marine mud.

**INCLUDES** Dry brush exfoliation, algae or mud wrap, scalp massage, oil application

## NUBODY TONE & FIRM

80 MINUTES OR 50 MINUTES

This deeply smoothing and contouring body treatment leaves skin exfoliated, revitalized and more firm. NuBODY is a microcurrent device that visibly helps tone and firm body skin while smoothing away the look of dimples.

**INCLUDES** Targeted dry brush exfoliation and Nubody toning to thigh and abdominal area, Smooth & Firm Body Butter. 80 minutes is extended to a full body treatment



# FACIAL

## INTRACEUTICALS OXYGEN FACIAL

80 MINUTES **OR** 50 MINUTES

Rejuvenate and noticeably improve skin tone with this unique treatment which infuses powerful hyaluronic acid and oxygen into the skin to naturally firm, smooth lines and contour the face.

**INCLUDES** Cleanse, exfoliation, infusion of hyaluronic acid serums

**PERFORMED WITH INTRACEUTICALS PRODUCTS**

## THE TRUTH TREATMENT

80 MINUTES **OR** 50 MINUTES

Using 100% active and functional ingredients to deeply hydrate, plump and brighten skin with this ultra-nourishing facial.

**INCLUDES** Stimulating exfoliation, detoxifying facial massage, NuFace lifting technology, and skin infusion with premium Vitamin C

**PERFORMED WITH TRUTH TREATMENT SYSTEMS**

## CUSTOM FACIAL

80 MINUTES **OR** 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## AGE-DEFYING FACIAL

80 MINUTES **OR** 50 MINUTES

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

**INCLUDES** Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## ORGANIC FACIAL

80 MINUTES **OR** 50 MINUTES

This custom organic facial will address all of your skin's needs.

**INCLUDES** Brush cleanse, skin analysis, mask, scalp massage, deep hydration

**PERFORMED WITH EMINENCE PRODUCTS**

## SKIN VITALITY FACIAL

80 MINUTES **OR** 50 MINUTES

This magnificent service provides a unique cocktail of bio-identical supplements, restoring the essential elements needed to maintain supple, hydrated and wrinkle-free skin. Its regenerating power acts from the deepest layers of the skin, replenishing firmness, elasticity and tone.

**INCLUDES** Brush cleanse, skin radiance peel, facial massage, lifting mask, scalp massage

**PERFORMED WITH NATURA BISSÉ PRODUCTS**

## DIAMOND BRIGHT FACIAL

80 MINUTES **OR** 50 MINUTES

Help combat pigmentation within the skin from pregnancy, sun damage or aging. This facial will brighten, soothe and help restore your skin tone back to an even and youthful glow.

**INCLUDES** Brush cleanse, glyco peel, sculpting massage, brightening mask, balancing cranial massage

**PERFORMED WITH NATURA BISSÉ PRODUCTS**



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# MEN

## THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

## MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports-related tension.

## RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## POWER HOUR

80 MINUTES OR 50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

**INCLUDES** Full body exfoliation, oil application  
80 minutes includes full body massage

## THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**INCLUDES** Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage  
**PERFORMED WITH ESPA PRODUCTS**



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# COLLECTIONS

## COLORADO RIVER STONE COUPLE'S EXPERIENCE

80 MINUTES

Unwind and reconnect with this pampering treatment performed side-by-side with a loved one or a friend in our peaceful couple's room. This serene experience invites total calm as mind and body return to harmony.

**INCLUDES** Dry body brushing, hot stone massage, scalp massage and two glasses of sparkling wine

**UPGRADE** Enhance your experience and fan the flames of romance in ELWAY'S Downtown, where a romantic lunch or dinner awaits. Contact our Spa Concierge for menu options and restaurant availability.

## A SOON-TO-BE MOTHER'S DREAM

100 MINUTES

Take a moment to truly relax and prepare your body and mind for the new arrival. This total body pre-natal experience is carefully designed to tone and firm skin and ease tired muscles. Exclusively for expectant mothers following the first trimester.

**INCLUDES** Naturally Nurtured Massage, Organic Facial

## RUSH HOUR RESPITE

75 MINUTES

Enjoy a taste of downtown Denver with our trio for the busy professional to calm your mind, nurture your body and hydrate your skin.

**INCLUDES** Full body exfoliation, scalp massage, express facial

## BEAUTY BEYOND THE MIRROR

130 MINUTES

Bring your inner beauty front and center with treatments that focus on head-to-toe radiance and nourishment.

**INCLUDES** Full body exfoliation, Relaxation Massage, Organic Facial

## CITY ESCAPE

100 MINUTES PER PERSON

Performed side-by-side in our couple's room, this is the perfect treat for a girls' day out or for a romantic date to reconnect and make spa memories.

**INCLUDES** Stress Relief Massage, Organic Facial and a glass of sparkling wine per person



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Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.



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# ENHANCEMENTS

## FACIAL ENHANCEMENTS

### LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

### REJUVENATE HAND TREATMENT

Boost any facial treatment to reveal brighter and smoother hands with this exfoliating and nourishing enhancement.

### REJUVENATE EYE TREATMENT

A moisture rich eye treatment and rose quartz massage. Provides a refreshing boost to awaken tired eyes. Aids in the diminishing of dark circles and puffiness.

### REJUVENATE LIP TREATMENT

Defines, heals and hydrates lips for a smoother, a more enhanced lip definition. Calms and soothes dry, irritated and chapped lips caused by the sun, pollution and other environmental factors.

## FACIAL & BODY ENHANCEMENTS

### MINDFUL TOUCH MEDITATION

Through virtual reality, guided meditation, mindfulness and the therapist's expertise –the touch– we invite you to reconnect with the here and now, quiet your thoughts and fully relax in the present moment. Available within an 80-minute service only.

### AROMATHERAPY OXYGEN SESSION

This session of scented oxygen can boost energy levels, provide relief from stress and pollution, enhance concentration, relax the body and promotes general good health.

### MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

## BODY ENHANCEMENTS

### HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

### SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

### DRY BRUSHING

Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and revitalize skin.

### PARAFFIN TREATMENT

A hydrating eco fin, which is a paraffin alternative, provides a beneficial treatment to soothe and moisturize your hands and feet.

## CBD BOOSTER

Utilizing potent CBD-rich hemp oil, this promotes circulation, profound relaxation and a sense of renewal.

## KNESKO COLLAGEN MASK

Relax with a collagen mask to help combat the lines, calm and reduce redness, provide optimum hydration and lift areas in need of improved elasticity. Select target area: eye or face.

## HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

## CONDITIONING SCALP TREATMENT

Combining the strengthening and conditioning properties of red clay and apricot kernel oil during a deeply relaxing scalp massage to reduce tension and instantly nourish for beautifully healthy hair.

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# GUIDELINES

To enjoy your spa experience to its fullest potential, please familiarize yourself with the Spa Guidelines.

## AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

## FACILITY ACCESS

With spa treatment, enjoy complimentary access to spa facilities including whirlpools, steam rooms, lounges and light refreshments. The spa access pass is available to enjoy without spa treatment at an additional daily fee of \$25, Monday-Friday. The pass is offered for hotel guests only, ages 18 and older.

## ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow you time to enjoy the lounges, steam rooms and whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your appointment will end on time so the next guest is not delayed and the full value of your treatment will be charged.

## WHILE VISITING THE SPA

### PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

### USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited. Cell phones and electronic devices must be turned off.

### AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation lounges, locker areas, steam room and whirlpool. Treatments cannot be performed on anyone under the age of 18 years.

### TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

### FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access.

## METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your hotel bill.

## SERVICE CHARGE

For your convenience, a 22% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

## CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the spa at least 24 hours in advance to avoid being charged the full service fee. Any appointments rescheduled within the 24-hour window will incur a move fee of \$50. Cancellations of packages require one week's notice and private parties require two weeks' notice.

## HOURS OF OPERATION

Monday through Friday 10 a.m. – 8 p.m.  
Saturday 9 a.m. – 8 p.m. and  
Sunday 9 a.m. – 6 p.m.

Facilities are accessible to guests with a spa appointment 30 minutes before opening hours.

## SPA FITNESS CENTER HOURS OF OPERATION

Monday through Friday 5 a.m. – 9 p.m.  
Saturday 7 a.m. – 8 p.m.  
Sunday 7 a.m. – 6 p.m.

To reserve your spa appointment online, visit us at [ritzcarlton.com/denver](http://ritzcarlton.com/denver) or contact 303.312.3830



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1881 CURTIS STREET, DENVER, CO 80202 303.312.3830  
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