FOUR DAYS AT THE RITZ-CARLTON, BAL HARBOUR
Concierge tips for a perfectly memorable stay in our coastal sanctuary

DAY 1

♦ Begin the day with breakfast at Artisan Beach House. Don’t miss the brioche French toast, a guest favorite oozing with Nutella and topped with warm caramelized banana.

♦ Full from breakfast, grab some cold water and hop on a Ritz-Carlton beach cruiser for a long ride along the Bal Harbour Beach Path. Part of the Art Unscripted program, a rotating beach path exhibition brings a bit of art and culture to your morning workout. Currently showing is the fascinating “Burneshas of Albania,” highlighting the tradition of Albanian women who vow to live their lives as men in return for privileges given to men.

♦ Next, request the house car for a visit to the luxurious Bal Harbour Shops, a unique open-air shopping experience anchored by Neiman Marcus and Saks Fifth Avenue and featuring endless designer boutiques including Chanel, Dior and Gucci to name a few. But don’t shop until you drop—be sure to take a break for lunch (you can’t go wrong with Japanese at Makoto or American fare at The Grill.)

♦ End the day with a moment of peace with the Bal Harbour Signature Bath Experience in one of the deep soaking free-standing tubs looking out towards the ocean.
DAY 2

♦ Order breakfast to your room or suite and enjoy on your balcony overlooking the waters surrounding Bal Harbour on three sides.

♦ It’s going to be a busy day of museum hopping, so indulge in a fusion massage at Exhale Bal Harbour, followed by some relaxation in the waterfront lounge, sauna and steam room.

♦ Take advantage of the Bal Harbour Museum Access Pass to gain complimentary admission to some of Miami’s best museums and finest private collections. Visit the concierge, who will be happy to match your interests with the perfect museum. We love the Perez Art Museum Miami (PAMM) for contemporary art and can’t-miss views. Just next door, guests of all ages will love the planetarium and aquarium at the Phillip and Patricia Frost Museum of Science! After visiting the museums, take a walk in Museum Park, a 30-acre public park that features a waterfront bay walk and promenade from Biscayne Boulevard to Biscayne Bay.

♦ In the evening, visit Little Havana for some authentic Cuban cuisine that is an integral part of Miami’s fabric. Don’t miss a cocktail and some live salsa at the historic Ball & Chain and ice cream at Azucar, home of the Abuela Maria (a vanilla base flecked with guava paste, cream cheese and Maria cookies—a tribute to a favorite Cuban afternoon snack.)

DAY 3

♦ Start the day on the right foot with mimosas, a light bite and water views on the terrace at Artisan Beach House.

♦ Continue the day on the water with a half or full day luxury yacht charter, taking in the Magic City from the sea. Be on the lookout for prevalent marine life who seek sanctuary in Miami’s waters such as dolphins and manatees.

♦ Upon your return to the hotel, relax in a private poolside cabana, complete with a personal concierge, private plunge hot tub and flat screen TV. If you’re feeling hungry, try a bite from the new menu at Water’s Edge, the poolside restaurant. We recommend the smoked fish dip tostones or avocado hummus served with naan bread.

♦ For dinner, return to Artisan Beach House and grab a table on the terrace at sunset for sweeping views of the Atlantic Ocean and Haulover Cut alongside craft cocktails (try the Smoked Orange Blossom!) and the freshest seafood.
DAY 4

♦ Energize with one of Exhale Bal Harbour’s award-winning fitness classes. In a barre class, move from the barre to the mat and leave no muscle untouched. Or opt for yoga to weave through transitions that will lengthen, strengthen and center.

♦ Pay a visit to Miami’s happening Wynwood neighborhood. Take a guided tour or simply wander amongst the Wynwood Walls, an outdoor museum showcasing large-scale works by some of the world’s best known street artists. Wander the colorful surrounding streets to see bistros, breweries, chic clothing boutiques and funky art galleries. For lunch, visit Wynwood Kitchen & Bar if you want to be in the center of the action, or KYU for Asian eats with a barbecue twist (If the day takes you into the evening, grab a drink and a gourmet food truck offering while listening to live music at Wynwood Yard.)

♦ If you’re still in the mood for some shopping, visit the nearby Design District, Miami’s up-and-coming designer shopping district dedicated to the unity of design, fashion, art and architecture.

♦ Round out your Bal Harbour vacation with dinner back at the Bal Harbour Shops. Italian favorite Carpaccio continues to impress, even after 15 years, with its crispy pizzas, fresh salads and paper-thin beef, tuna and salmon carpaccio. Alternatively, Le Zoo is a French brasserie that will instantly transport you to the beloved cafés of Paris with its charming ambiance and classic bistro fare such as steak frites and trout amandine.
REFERENCES

Unscripted Bal Harbour | Website
Bal Harbour Shops | Website
9700 Collins Avenue, Bal Harbour, FL 33154

Makoto | Website
9700 Collins Avenue, Bal Harbour, FL 33154; 305-864-8600

The Grill at Bal Harbour | Website
9700 Collins Avenue, Bal Harbour, FL 33154; 786-260-6650

Perez Art Museum Miami (PAMM) | Website
1103 Biscayne Blvd, Miami, FL 33132; 305-375-3000

Patricia & Philip Frost Museum of Science | Website
1101 Biscayne Blvd, Miami, FL 33132; 305-434-9600

Museum Park | Website
301 North Biscayne Blvd, Miami, FL 33132; 305-358-7550

Ball & Chain | Website
1513 SW 8th Street, Miami, FL 33135; 305-643-7820

Azucar Ice Cream Company | Website
1503 SW 8th Street, Miami, FL 33135; 305-381-0369

Luxury Yacht Charters Miami | Website
15000 Collins Avenue, Bal Harbour, FL 33001; 305-604-3456

Wynwood Walls | Website
2520 NW Second Avenue, Miami, FL 33127

Wynwood Kitchen & Bar | Website
2550 NW Second Avenue, Miami, FL 33127; 305-722-8959

KYU | Website
251 NW 25th Street, Miami, FL 33127; 786-577-0150

Wynwood Yard | Website
56 NW 29th Street, Miami, FL 33127; 305-351-0366

Miami Design District | Website
3841 NE 2nd Avenue, Miami, FL 33137

Le Zoo | Website
9700 Collins Ave, Bal Harbour, FL 33154; 305-602-9663

Carpaccio | Website
9700 Collins Ave, Bal Harbour, FL 305-867-7777