



THE RITZ-CARLTON

BALI

RESORT ACTIVITY SCHEDULE

MONDAY	07.00 - 08.00	Vinyasa Yoga	Chapel Lawn
	09.00 - 10.00	Power Walk	Resort Jogging Trail
	10.00 - 10.30	Fun Cardio	Yoga Studio
	10.00 - 11.00	Table Soccer****	Ritz Kids
	14.00 - 14.30	Boot Camp****	Beach
	14.30 - 15.30	Surf Initiation*	Beach
	16.00 - 17.00	Sushi Making Class**	Raku
	17.00 - 17.30	Stretching Class	Yoga Studio
	17.30 - 18.00	Mini Beach Soccer	Beach
	18.00 - 19.00	Aerial Yoga***	Yoga Studio
	18.00 - 19.00	The Art of Balinese weaving*	Spa Lobby / Temple
	18.00 - 19.00	Bon Fire*	Breezes
	18.00 - 20.00	Family Cinema*	Raku Lounge
	Tuesday	07.00 - 08.00	Morning Flow Meditation
08.00 - 09.00		Indonesia Language Class*	Senses Gazebo
10.00 - 11.00		Table Tennis****	Ritz Kids
10.00 - 11.00		Basic Pilates	Yoga Studio
14.30 - 15.30		Surf Initiation*	Beach
16.00 - 16.30		Mocktail Class**	RC Lounge & Bar
16.45 - 17.15		Introduction to Rindik	Hotel Lobby
17.30 - 18.00		Kite Runner*	Beach
18.00 - 19.00		Fly High Yoga***	Yoga Studio
18.00 - 19.00		Bon Fire*	Breezes
19.30 - 21.00		Cinema Under The Stars*	Breezes
Wednesday	07.00 - 08.00	Resort Boot Camp	Beach
	08.30 - 09.30	Yin Yoga	Yoga Studio
	09.00 - 10.00	Resort Temple Tour*	Spa Lobby
	10.00 - 11.00	Table Soccer****	Ritz Kids
	10.00 - 11.00	Balinese Dance*	Yoga Studio
	14.00 - 15.00	Balinese Dress up and Picture Taking****	Ritz Kids
	14.30 - 15.30	Surf Initiation*	Beach
	15.30 - 16.15	Aqua Yoga	Main Pool
	16.00 - 16.30	Cocktail Class**	Raku
	17.00 - 18.00	Meditation	Chapel Lawn
	17.30 - 18.00	Little Fisherman	Beach
	18.00 - 19.00	Bon Fire*	Breezes
	Thursday	07.00 - 08.00	Kapha Yoga
09.00 - 09.30		Fun Cardio	Yoga Studio
10.00 - 11.00		Basic Pilates	Yoga Studio
10.00 - 11.00		Table Tennis****	Ritz Kids
14.30 - 15.30		Surf Initiation*	Beach
15.00 - 16.00		Cooking Class**	Bejana
16.00 - 16.30		Latte Class**	Raku
17.30 - 18.00		Sand Castle Contest	Beach
18.00 - 19.00		Aerial Yoga***	Yoga Studio
18.00 - 19.00		Bon Fire*	Breezes

ACTIVITIES



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Friday	07.00 - 08.00	Hatha Yoga	Chapel Lawn
	09.00 - 10.00	Indonesian Language Class*	Senses Gazebo
	10.00 - 10.30	Fun Cardio	Yoga Studio
	10.30 - 11.00	Stretching Class	Yoga Studio
	14.00 - 15.00	Table Soccer****	Ritz Kids
	14.30 - 15.30	Surf Initiation*	Beach
	16.00 - 17.00	Sushi Making Class**	Raku
	16.45 - 17.15	Resort Temple Tour*	Spa Lobby
	17.00 - 18.00	Meditation	Chapel Lawn
	17.00 - 18.00	Beach Volley Ball****	Beach
	17.30 - 18.00	Kite Runner*	Beach
	18.00 - 19.00	Bon Fire*	Breezes
	19.30 - 21.00	Cinema Under The Star*	Breezes
	Saturday	07.00 - 08.00	Power Yoga
09.00 - 10.00		Power Walk	Resort Jogging Trail
10.00 - 11.00		Basic Pilates	Yoga Studio
14.30 - 15.30		Surf Initiation*	Beach
16.00 - 16.30		Mocktail Class**	Raku
16.45 - 17.30		Introduction to Rindik	Hotel Lobby
17.00 - 17.30		Stretching Class	Yoga Studio
17.00 - 18.00		Beach Soccer****	Beach
17.30 - 18.00		Golf Fun Tournament	Ritz Kids
18.00 - 19.00		The Art of Balinese Weaving*	Spa Lobby / Temple
18.00 - 19.00		Bon Fire*	Breezes
18.00 - 20.00		Teen Movies*	Raku Lounge
Sunday	07.00 - 08.00	Hatha Yoga	Chapel Lawn
	09.00 - 10.00	Balinese Dance*	Yoga Studio
	10.00 - 10.45	Aqua Yoga	Main Pool
	10.00 - 11.00	Table Tennis****	Ritz Kids
	14.00 - 15.00	Captain Ball****	Senses Lawn
	14.30 - 15.30	Surf Initiation*	Beach
	16.00 - 16.30	Cocktail Class**	Raku
	16.00 - 17.00	Basic Pilates	Yoga Studio
	17.30 - 18.00	Family Beach Games*	Beach
	18.00 - 19.00	Fly High Yoga***	Yoga Studio
	18.00 - 19.00	Bon Fire*	Breezes

ACTIVITIES

Additional Resort Activities

Soul Purification***

IDR 1,500,000 ++ /Pax

Family T-Shirt TIE DYE***

IDR 300,000++/T-Shirt

Fan Painting (for kids)***

IDR 200,000++/pax

Family Sarong TIE DYE***

IDR 300,000++/Sarong

Gebogan Workshop***

IDR 800,000++/Pax

Private Meditation Class***

IDR 450,000++/Pax

Singing Bowl Therapy***

IDR1,000,000++/Pax

Cardio Boxing***

IDR1,000,000++/pax

Flying High Yoga*** / Aerial Yoga***

IDR IDR 650,000++/Pax

(For Private Class)

IDR 200,000 ++/Pax

(For Regular Class)

*Family Activities

**Reservation is required 24 hour in advance without additional fee at Restaurant Reservation (Extension 3303) limited space available.

***Reservation is required 24 hour in advance with additional fee at The Spa (Extension 3599) limited space available.

****Teen Activities

Venues can be change any time, please contact our spa for more information