



THE RITZ-CARLTON
SARASOTA

ASK



*Let us make the world
revolve around you.*

ESCAPE

Embrace the rich artistry that is The Ritz-Carlton, Sarasota, overlooking the marina of Sarasota Bay while sandy white beaches graciously welcome you. We invite you to discover the luxurious Spa and Salon where cares melt away and a personalized, unique wellness experience awaits. Enjoy warm, restorative experiences, luxurious nail and hair services and a spacious Fitness center.



MASSAGE

DEEP MUSCLE MASSAGE

80 MINUTES **OR** 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

80 MINUTES **OR** 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

RELAXATION MASSAGE

80 MINUTES **OR** 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

HOT STONE MASSAGE

80 MINUTES

A therapeutic and rejuvenating massage using heated stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

NATURALLY NURTURED MASSAGE

80 MINUTES **OR** 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

COUPLES MASSAGE

80 MINUTES **OR** 50 MINUTES

Experience our Deep Muscle, Stress Relief or Relaxation Massage experiences side by side in our tranquil couple's massage room.



THE RITZ-CARLTON SPA

SARASOTA



FACIAL

CUSTOM FACIAL

80 MINUTES **OR** 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES **OR** 50 MINUTES

Instantly combat the most visible signs of skin aging – smoothing fine lines and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

VITAMIN C INFUSION

80 MINUTES **OR** 50 MINUTES

This targeted facial will improve skin hydration, tone, firm and leave your complexion with a youthful glow.

INCLUDES Facial massage, peel, mask, moisturizer

PERFORMED WITH SKINCEUTICALS PRODUCTS

THE HYDRAFACIAL MD®

80 MINUTES **OR** 50 MINUTES

A non-invasive, non-surgical anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of the Hydrafacial MD® technology.

50 MINUTES INCLUDES Cleanse, gentle hydra-exfoliation, Vortex Extraction, hydrating Hyaluronic Acid infusion, LED therapy

80 MINUTES ADDITIONALLY INCLUDES Lymph drainage for the face and neck, hydrating B5 mask and choice of Dermabuilder or Britenol



THE RITZ-CARLTON SPA

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MEN

THE PEDICURE

50 MINUTES

Keep your feet in good condition with this repairing, hydrating, and exfoliating treatment.

INCLUDES Soak, cut, file and shape, cuticle work, massage, application of soothing lotion

THE MANICURE

25 MINUTES

Essential maintenance, protection and hydration for hands utilizing fresh and clean scents of aloe vera and jojoba oils.

INCLUDES Soak, cut and file, cuticle work, massage, application of hand cream, buff

THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

RELAXATION MASSAGE

80 MINUTES **OR** 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

MUSCLE RECOVERY MASSAGE

80 MINUTES **OR** 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

STRESS RELIEF MASSAGE

80 MINUTES **OR** 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

THE MEN'S FACIAL

50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



THE RITZ-CARLTON SPA

SARASOTA

BEAUTY

HAIR SERVICES

An array of hair services are available in our full service salon. Trendy cuts, specialty color such as balayage and ombre, styling services including formal updos, extensions and men's cuts all with our team of expert stylists.

CHARDONNAY MANICURE AND PEDICURE

75 MINUTES

The aromatic and antioxidant benefits of French chardonnay grape seed extract oil will leave your skin feeling hydrated and silky smooth with this indulgent foot treatment and express manicure. Enjoy a glass of red or white to enhance this relaxation experience.

INCLUDES Pedicure and express manicure

PEDICURE Soak nail file and shape, exfoliation, cuticle work, massage, wax, polish or buff

EXPRESS MANICURE Nail file and shape, massage, polish or buff

RADIANT HANDS MANICURE

50 MINUTES

Let the floral essence and healing properties of natural oils and lotions and your specially selected lacquer leave your hands and nails truly radiant.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

BEAUTIFUL FEET PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this hydrating and strengthening treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

ULTIMATE MANICURE OR PEDICURE

75 MINUTES

The best of the best, a true luxury treatment for the hands or feet. Using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, mask, paraffin wax, polish or buff

NAIL ENHANCEMENTS

Upgrade your nail services to best fit your needs. Enhancements include shellac polish, paraffin wax, and callus repair and must be purchased with a treatment. Individual services are listed within the price list.



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ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All Enhancements must be booked and received with a treatment.

FACIAL ENHANCEMENTS

MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

EYE AND LIP TREATMENT

Target deep absorption of an active serum around the eye and lip area with the Opal treatment helping to hydrate and smooth fines.

BODY ENHANCEMENTS

HAIR CONDITIONING TREATMENT

Combining the strengthening properties of a nourishing oil and the conditioning benefits of Pink Hair & Scalp Mud with a deeply relaxing scalp massage to reduce tension and leave you with beautifully healthy hair. Perfect addition to any facial, massage or body treatment.

HOT STONE MELTER

Enhance any massage with smooth basalt stones that radiate heat deep inside the muscles to relieve deep seated tension and stress.

HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands, feet or back smooth, soft and bright. Can enhance any facial, massage or body treatment.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.



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1111 RITZ CARLTON DRIVE, SARASOTA, FL 34236 941.309.2090
RITZCARLTON.COM/SARASOTA