

# Resort Activities

"Morning ritual starts with placing offerings at the Resort Temple as well as at the shrines around the resort to show our gratitude to the God and the nature."

Monday	07.00 - 07.45	Morning Meditation	Chapel Lawn
	09.00 - 10.00	Fun Cardio	Yoga Studio
	11.00 - 12.00	Kwangen Making	Yoga Studio
	16.00 - 17.00	Sushi Class	The Beach Grill
Tuesday	07.00 - 08.00	Unweighted Bootcamp	Chapel Lawn
	09.00 - 10.00	Stretching Class	Yoga Studio
	11.00 - 12.00	Surf Initiation	Surfing Corner
Wednesday	07.00 - 08.00	Zen Yoga	Chapel Lawn
	09.00 - 10.00	Garden Tour	Meet at Fitness Center
	11.00 - 12.00	Mejejaitan	Yoga Studio
	16.00 - 17.00	Sushi Class	The Beach Grill
Thursday	07.00 - 07.45	Morning Meditation	Chapel Lawn
	09.00 - 10.00	Stretching Class	Yoga Studio
	11.00 - 12.00	Balinese Dance	Yoga Studio
	16.00 - 16.30	Latte Class	The Beach Grill Bar
Friday	07.00 - 08.00	Power Walk	Meet at Fitness Center
	09.00 - 10.00	Aqua Yoga	Main Pool
	11.00 - 12.00	Surf Initiation	Surfing Corner
	16.00 - 17.00	Sushi Class	The Beach Grill
	18.00 - 19.00	Beach Bonfire	Main Beach
Saturday	07.00 - 08.00	Yin Yoga	Chapel Lawn
	09.00 - 10.00	Basic Pilates	Yoga Studio
	11.00 - 12.00	Resort Temple Tour	Meet at Fitness Center
	16.00 - 16.30	Cocktail Class	The Beach Grill
	18.00 - 19.00	Beach Bonfire	Main Beach
Sunday	07.00 - 08.00	Vinyasa Yoga	Chapel Lawn
	09.00 - 10.00	Fun Cardio	Yoga Studio
	11.00 - 12.00	Mejejaitan	Yoga Studio
	16.00 - 16.30	Mocktail Class	The Beach Grill
	18.00 - 19.00	Beach Bonfire	Main Beach



## The Ritz-Carlton Spa and Recreation Facilities

Open from 10 am - 7 pm

Fitness Centre open from 6 am - 9 pm

Surrounded by a lush traditional Balinese garden, The Ritz-Carlton, Bali introduces its signature spa, the resort's harmonious center where nature, culture, tradition, and spirituality bring balance to the external and internal worlds.



## Uncelebrated Celebrations

Because it's never too late to celebrate your special occasions, whether it is anniversaries, birthdays, or other life's milestone, we are delighted to craft an intimate beach dinner at our beachfront gazebo.

Priced at IDR 2,200,000 for two persons, it includes:

- Private beachfront gazebo for dinner
- 2 glasses of sparkling wine
- 4-course specially crafted menu for 2 persons
- 21% government tax and service charge

Reservations are required. Contact Concierge for further assistant, ext 3537/3538

Reservations for all activities are required 24 hour in advance at ext. 3599, limited space available.

\* With charge IDR 200.000 nett/pax (maximum participant 5 pax)

\*\* Kids Activity (Complimentary).

Connect with us on social media!



@ritzcarltonbali

The Ritz-Carlton, Bali