



BARISTA COFFEE

Espresso 6	Americano 6
Double Espresso 9	Cappuccino 8
Coffee 8	Latte 8

BEVERAGES

Energizing Smoothie 13 almond milk, yoghurt, oats, dates, banana, honey
Antioxidant Smoothie 13 coconut milk, yoghurt, strawberry, mango, amaranth
Apple juice 9
Orange Juice 9
Grapefruit Juice 9
Soft Drink 7
Milk 6
Tea Leaves 7

JUICE BAR & BOOSTER SHOTS

Be Green 18 kale, celery, granny smith apple, parsley, romaine lettuce, cucumber, dandelion greens, lemon
AO Smoothie 17 pineapple, mango, orange, carrot, dragon fruit, turmeric root, goji berries, camu camu, shizandra berry
Immunity Shot 9 ginger, honey, oil of oregano, echinacea, lemon
Super C 11 Strawberry, orange, lemon, lime, acerola cherry, camu camu, stinging nettle
Recovery Shot 9 pineapple, orange, tart cherry, turmeric, ginger, camu camu, lotus pollen

BREAKFAST

Avocado Toast 19 grilled sourdough, fine herbs, lemon, olive oil
Breakfast Sandwich 17 turkey sausage patty, egg, aged cheddar, English muffin
Spicy Pepper Egg'wich 17 free range egg, aged cheddar, roasted peppers, pickled peppers, arugula, aioli, English muffin
Pain au Jambon 15 ham & brie croissant, apple chutney
Morning Congee 16 warm rice porridge, hard cooked egg, fried garlic, scallions, sambal

FRUIT & PASTRIES

Spiced Pear Danish 9
Butter Croissant 9
Hazelnut Pain Au Chocolat 9
Blueberry Muffin 6
Energy Bars 6 high fiber energy bar high protein energy bar indulgent energy bar
Granola Parfait 16 low fat yoghurt, goji berries, honey, granola, chia seeds
Fresh Fruit Cup 11 seasonal fruits