



THE RITZ - CARLTON SPA

MACAU

EXPERIENCE

JADE REVIVER

This revitalizing, stress-relieving treatment utilizes the natural benefits of jade and powerful essential oils to awaken the senses and brighten the skin. Jade is renowned for its health benefits, and when gently heated or cooled it has the ability to ease deep-seated tension and stimulate the flow of Qi enlivening both body and spirit.

Includes: Body massage with warm and cool jade stones, facial cleanse, face and scalp massage

90 MINUTES Weekday MOP 2600/ Weekend MOP 2800

CAVIAR & PEARL EXPERIENCE

Chinese Emperors and Empresses have used Pearl Powder of thousands of years. Its youth promoting properties rejuvenate and instantly brighten the complexion. This decadent ritual uses Caviar, Pearl and chilled Jade Rollers to tone and revitalize the skin for a radiant, youthful appearance.

Includes: Body exfoliation, Back, Neck & Shoulder massage, Caviar facial, Facial massage with Jade rollers

120 MINUTES Weekday MOP 3000/ Weekend MOP 3200

RESTORATIVE BAMBOO MASSAGE

Allow a potent blend of restorative essential oils and warmed herbal poultices infused with ginger and white turmeric to lift senses, improve circulation and warm muscles.

Followed by a graceful, flowing massage with warm bamboo to unravel tension and melt deep-seated physical stress.

Includes: Full body Herbal poultice massage, full body Bamboo massage, scalp massage

120 MINUTES Weekday MOP 2800/ Weekend MOP 3000

MASSAGE

DEEP MUSCLE MASSAGE

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

60 minutes Weekday MOP 1150/ Weekend MOP 1350
90 minutes Weekday MOP 1650/ Weekend MOP 1750

STRESS RELIEF MASSAGE

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

60 minutes Weekday MOP 1150/ Weekend MOP 1350
90 minutes Weekday MOP 1650/ Weekend MOP 1750

RELAXTION MASSAGE

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

60 minutes Weekday MOP 1150/ Weekend MOP 1350
90 minutes Weekday MOP 1650/ Weekend MOP 1750

HOT STONE MASSAGE

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

90 minutes Weekday MOP 1800/ Weekend MOP 2000

NATURALLY NURTURED MASSAGE

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

60 minutes Weekday MOP 1150/ Weekend MOP 1350
90 minutes Weekday MOP 1650/ Weekend MOP 1750

TRADITIONAL CHINESE MASSAGE

This traditional Chinese style massage helps to redress physical and energetic balance. Combinations of pressure point, friction and stretching movements release and equalize the flow of Qi energy throughout the body achieving deep muscle relaxation and clarity of mind.

90 minutes Weekday MOP 1700/ Weekend MOP 1900

THAI MASSAGE

This traditional Thai Massage helps to stretch and elongate muscles, ease tension and improve joint mobilization. Ideal after a long day shopping, sightseeing or at the Casino. This massage can be tailored to your needs or provide a full body workout.

90 minutes Weekday MOP 1700/ Weekend MOP 1900

BODY TREATMENTS

NOURISHED GLOW

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

Includes: Full body salt and oil exfoliation, back massage, oil application

60 minutes Weekday MOP 1100/ Weekend MOP 1200

ULTIMATE BODY BALANCER

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

Includes: Back exfoliation and massage, custom facial, scalp massage

90 minutes Weekday MOP 1800/ Weekend MOP 1900

MACAU BODY SMOOTHER RITUAL

Fully indulge in our most luxurious body-mind ritual yet as skin is nourished, tension un-ravels and relaxation envelops you from head to toe. Personalized to your needs this treatment can be detoxifying and uplifting or nourishing and soothing, in every case unveiling soft, smooth skin and a renewed sense of calm.

Includes: Body exfoliation, Algae or Mud wrap, scalp massage, aromatherapy massage

120 minutes Weekday MOP 2200/ Weekend MOP 2400

CAVIAR & COLLAGEN COCOON

This luxurious and deeply relaxing treatment will help to restore minerals to the body and pure collagen to the skin. This full body treatment is designed to leave your skin smooth and glowing, and your soul soothed and refreshed.

Includes: Body exfoliation, full body massage, body wrap, pure collagen face mask, scalp massage

90 minutes Weekday MOP 1800/ Weekend MOP 2000

FACIALS

CUSTOM FACIAL

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

Includes: Deep brush cleanse, skin analysis, facial exfoliation, massage, mask, scalp massage

60 minutes Weekday MOP 1380/ Weekend MOP 1580

AGE-DEFYING FACIAL

Instantly combat the most visible signs of skin aging - smoothing fine lines and reviving youthful radiance to your complexion.

Includes: Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

90 minutes Weekday MOP 1680/ Weekend MOP 1880

ULTIMATE RADIANCE & RENEWAL FACIAL

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event

Includes: Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

90 minutes Weekday MOP 1680/ Weekend MOP 1880

NATURAL FACE LIFT FACIAL

Reveal visibly resilient, healthy-looking, youthful skin. This specialized facial is the complete approach to skin health. Combining cutting edge pre and probiotic technology with powerful age defying techniques inspired by Japanese Kobido massage and stimulating Jade rollers. This facial gives instant results, leaving the skin firm, lifted and beautifully radiant.

Includes: Skin analysis, double cleanse, steam, Japanese Kobido inspired facial massage, Jade rollers, sculpting & lifting massage, Lifting & Smoothing Mask, scalp massage

90 minutes Weekday MOP 1880/ Weekend MOP 2200

24 CARAT GOLD LEAF FACIAL 24K

The ultimate skin brightening treatment that makes use of the powerful properties of 24 Carat Gold and Collagen. Using a skin plumping Pure Collagen Mask combined with lifting and toning massage techniques to brighten, boost and encourage a youthful glow.

Includes: Cleanse, collagen mask, scalp, acupressure and myofascial massage, gold leaf mask, hand massage'

90 MINUTES Weekday MOP 2680/ Weekend MOP 2880

COLLAGEN & OXYGEN REJUVENATION WITH DIAMOND TOUCH

By combining Pure Collagen and Pure Hyperbaric Oxygen with a special Diamond Microdermabrasion treatment, this facial deeply penetrates to address blemishes, calm redness, even pigmentation and nourish dry skin. This advanced treatment detoxifies, brightens and refines, revealing radiant skin.

Includes: Cleanse, acupressure, myofascial and scalp massage, collagen mask, vacuum suction, lifting mask, pure oxygen infusion

90 MINUTES Weekday MOP 2800/ Weekend MOP 3000

LED SKIN RETREAT FACIAL

A must for all skin types, this healing facial uses the most advanced LED color light therapy to treat ageing, acne, pigmentation, Rosacea and sluggish skin. Collagen and elastin are enhanced, and the skin is left plump and firm. An effective, powerful, yet gentle skin treatment to combat the negative effects of pollution and urban living.

Includes: Cleanse, LED light therapy, scalp and facial massage, lifting mask, hand massage

90 MINUTES Weekday MOP 1880/ Weekend MOP 2200

MEN

MANKIND

Two hours of head to toe bliss. Feel tension melt away as hot stones and powerfully relaxing essential oils restore comfort to tight muscles. Skin is renewed and brightened with a custom facial, tailored to your needs.

Includes: Deep muscle body massage, facial, scalp massage

120 minutes Weekday MOP 2200/ Weekend MOP 2380

THE MEN'S MASSAGE

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

90 minutes Weekday MOP 1650/ Weekend MOP 1750

MUSCLE RECOVERY MASSAGE

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

60 minutes Weekday MOP 1150/ Weekend MOP 1350

90 minutes Weekday MOP 1650/ Weekend MOP 1750

RELAXATION MASSAGE

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

60 minutes Weekday MOP 1150/ Weekend MOP 1350

90 minutes Weekday MOP 1650/ Weekend MOP 1750

STRESS RELIEF MASSAGE

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

60 minutes Weekday MOP 1150/ Weekend MOP 1350

90 minutes Weekday MOP 1650/ Weekend MOP 1750

POWER HOUR

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.

Includes: Full body Salt & Oil exfoliation, back massage

60 minutes Weekday MOP 1380/ Weekend MOP 1580

THE MEN'S FACIAL

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

Includes: Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

60 minutes Weekday MOP 1380/ Weekend MOP 1580

BEAUTY

MANICURE

Essential maintenance for hands.

Includes: Soak, cut and file, cuticle work, application of hand cream, polish or buff

60 minutes Weekday MOP 450/ Weekend MOP 580

DELUXE MANICURE

This indulgent treatment provides long lasting results deeply nourishing products to repair, replenish and condition your nails.

Includes: Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

75 minutes Weekday MOP 680/ Weekend MOP 780

PEDICURE

Maintain amazing results and keep nails in good condition with this conditioning treatment.

Includes: Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

75 minutes Weekday MOP 570/ Weekend MOP 680

DELUXE PEDICURE

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

Includes: Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

90 minutes Weekday MOP 780/ Weekend MOP 820

ENHANCEMENTS

LIFESTAGE ANTI-AGING BOOSTES

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of aging.

MOP 200

HAND OR FOOT REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

MOP 300

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress during any massage treatment.

MOP 300

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

MOP 200

OXYGEN INFUSION BOOSTER

Infusion of Pure Hyperbaric Oxygen to boost cell renewal, aid healing, cool and calm sensitivity.

MOP 300

LUXURY GEMSTONE ROLLER

The power of Gemstone rollers increases circulation to the face and reduces puffiness, stimulating lymphatic flow and aiding with detoxification.

MOP 300