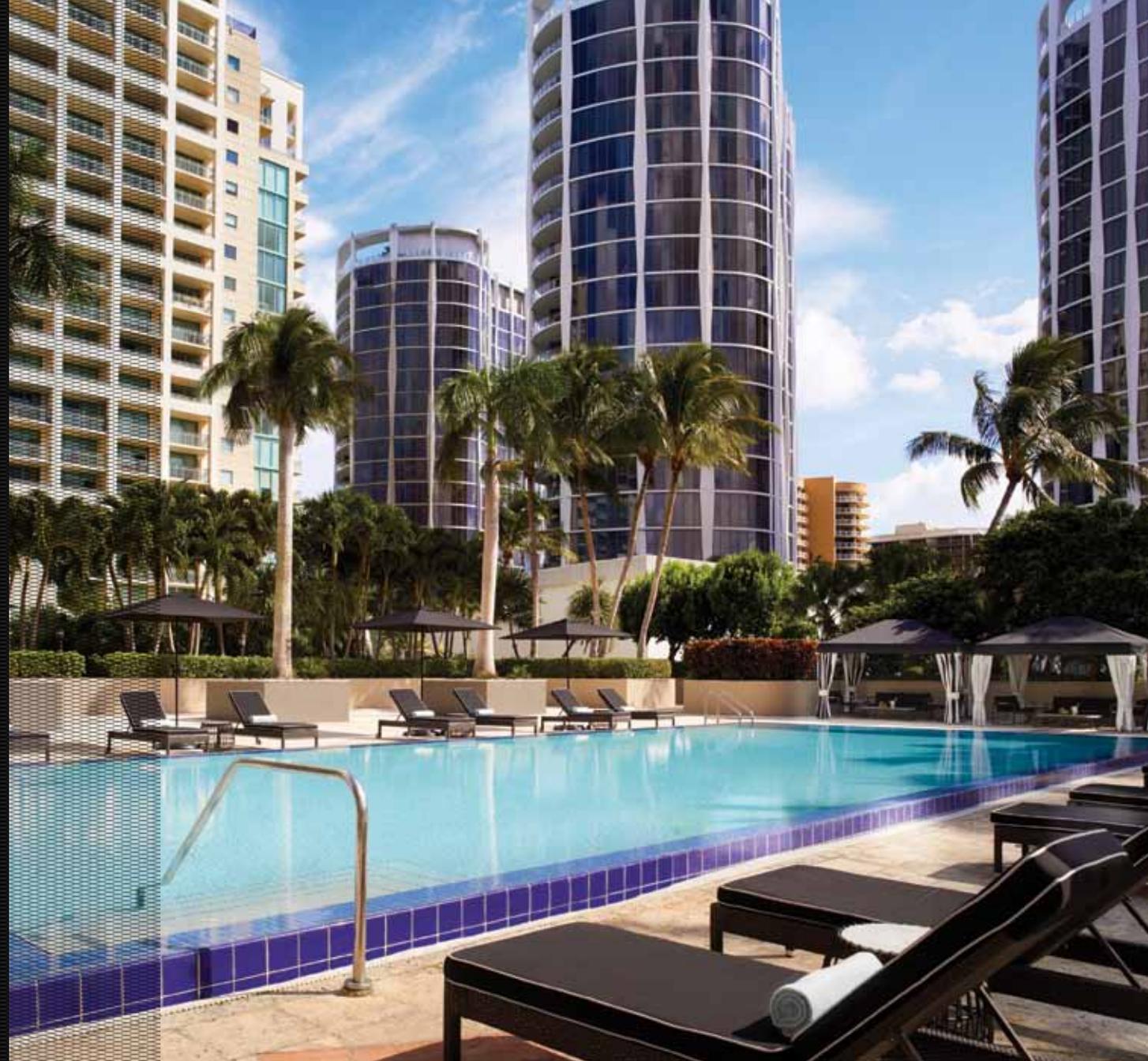




THE RITZ - CARLTON
COCONUT GROVE, MIAMI

ASK



*Let us make the world
revolve around you.*

ESCAPE

The Ritz-Carlton Coconut Grove, Miami brings to life the independent and artistic spirit of Miami's original neighborhood through genuine hospitality with bohemian flair. Our Boutique Spa provides the perfect enclave for a midday respite or tranquil haven for a full day of pampering. This sanctuary of beauty and wellness is renowned for its personalized service alongside the privacy and comfort of a boutique hideaway.



EXPERIENCE

In our sanctuary of calm and tranquility, senses are indulged and enlivened with essential oils and aromatherapy that come together to create a selection of massages, facials and body treatments. Unwind at the hands of our expert spa therapists, allowing the journey to provide all of the comforts of a boutique hideaway.

THE ART OF THE VICHY

80 MINUTES

A total body fusion of exfoliation, marine wrap and an aromatic warm jet massage to ease tension and stress. An enlivening lemongrass and lime scrub smooths away dry skin cells before the body is enveloped in Algae or Mud to cleanse, nourish and hydrate the skin while the mind surrenders to a therapeutic scalp massage. A revitalizing effusion shower follows, leaving the mind relaxed and the body renewed.

INCLUDES Skin brush, full body exfoliation, marine wrap, effusion shower, scalp massage

MINDFUL MASSAGE

80 MINUTES

Unique in every way, guided breathing and visualization combine with a deep therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

INCLUDES Breathing techniques and visualization, massage to metamorphic zones of the feet, full body massage, scalp massage with warm Rose Quartz Crystals

BUTTERFLY MASSAGE

80 MINUTES

Inspired by the arduous migration of the painted lady butterfly, this revitalizing massage uses aromatherapy oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

INCLUDES Yogic stretching, reflex zone foot massage, back massage, sinus release, scalp massage



THE RITZ-CARLTON SPA

COCONUT GROVE

MASSAGE

COUPLE'S MASSAGE

80 MINUTES OR 50 MINUTES

A personalized body massage customized to the needs of each guest to release stress and tension is performed side-by-side in our couple's room.

INCLUDES Relaxation, Stress Relief, Deep Muscle, Naturally Nurtured or Hot Stone Massage

DEEP MUSCLE MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-rooted tension and muscular stress. Using deep movements and stretching techniques concentrate on specific areas of concern to help relieve common discomforts and sports related tension.

HOT STONE MASSAGE

80 MINUTES OR 50 MINUTES

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and blends of essential oils to melt away tension.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure, leaving the body revitalized and relaxed.

NATURALLY NURTURED MASSAGE

80 MINUTES OR 50 MINUTES

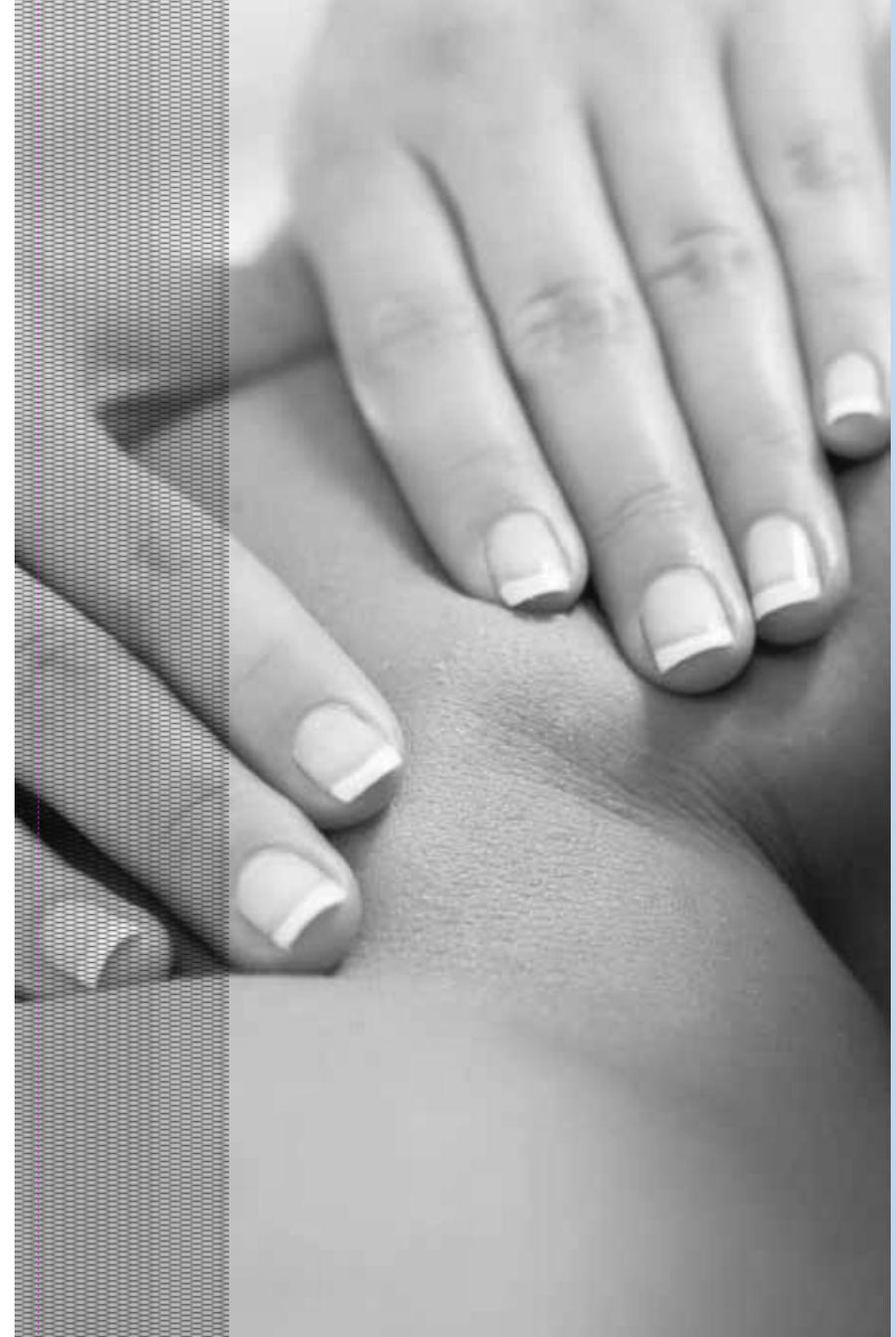
Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

BALINESE MASSAGE

80 MINUTES OR 50 MINUTES

This harmonizing massage incorporates long warming strokes to soothe tense, aching muscles, rebalance body and mind, and bring about an overall sense of wellbeing.

INCLUDES Balinese Massage to the back, legs, arms, abdomen, neck & shoulders



BODY

BODY BALANCER

50 MINUTES

Purify, boost circulation, and target uneven skin tone in this deeply smoothing and contouring body treatment.

INCLUDES Back exfoliation, back massage, application of facial oil and scalp massage

NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and personalized back massage.

INCLUDES Full body exfoliation with salt and oil, back massage and oil application

SOLE REVIVER

50 MINUTES

Foot massage is an essential element of Chinese tradition and therapy. Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

INCLUDES Foot and leg exfoliation, reflex zone foot massage



FACIAL

HYDRAFACIAL™

80 MINUTES OR 50 MINUTES

Restore tired skin with this rejuvenating HydraFacial™ using the purest of ingredients. Harnessing the benefits of rich antioxidants and deeply hydrating Hyaluronic Acid to address fine lines and wrinkles, and minimize skin conditions leaving the complexion smooth and radiant.

INCLUDES Deep cleanse, exfoliation, extraction using vortex delivery system & LED light therapy

ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiant youthful looking complexion. This is a must-have treatment for immediate results prior to a special event.

INCLUDES Brush cleanse, Skin Radiance Mask, age-defying crystal massage, lifting mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

AGE-DEFYING FACIAL

80 MINUTES OR 50 MINUTES

Instantly combat the most visible signs of skin aging, smoothing fine lines, and reviving youthful radiance to your complexion.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

CUSTOM FACIAL

80 MINUTES OR 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

INCLUDES Deep brush cleanse, skin analysis, facial exfoliation, massage and mask, scalp massage

PERFORMED WITH ESPA PRODUCTS



MEN

THE MEN'S FACIAL

80 MINUTES OR 50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

INCLUDES Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage

PERFORMED WITH ESPA PRODUCTS

THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure, leaving the body relaxed and revitalized.

MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-rooted tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to help relieve common discomforts and sports related tension.

POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens, leaving you ready for anything.

RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliate, cuticle work, application of body cream, polish or buff



THE RITZ-CARLTON SPA

COCONUT GROVE

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BEAUTY

ULTIMATE PEDICURE

80 MINUTES

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

INCLUDES Soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff

ULTIMATE MANICURE

50 MINUTES

This indulgent treatment provides long lasting results with deeply nourishing products to repair, replenish and condition your nails.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin wax, polish or buff

MANICURE

40 MINUTES

Essential maintenance for hands.

INCLUDES Soak, cut and file, cuticle work, application of hand cream, polish or buff

GEL MANICURE/PEDICURE

MANICURE, 50 MINUTES

PEDICURE, 40 MINUTES

A shellac lacquer that is a power polish is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have an incredibly durable, chip-free manicure for two weeks with superior shine.

INCLUDES Soak, cut and file, exfoliation, cuticle work, massage, shellac application

WAXING SERVICES

A full list of waxing is available on the price list.





ENHANCEMENTS

Upgrade your services by choosing one or more of our carefully created enhancements, available as incorporated additions to facials, body treatments and massage services without adding additional time to the treatment.

All enhancements must be booked and received with a treatment.

MICRO-CURRENT

Improve muscle tone with the addition of this gentle electrical micro-current to any facial.

LIFESTAGE ANTI-AGING BOOSTERS

Boost any facial by using the technologically advanced Lifestage serums and moisturizers to address all the most visible signs of aging.

EYE OR LIP TREATMENT

Target deep absorption of any facial serum around the eye area with the Opal treatment.

SCALP TREATMENT

Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

HAND, FOOT OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright.

HOT STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

DRY SKIN BRUSHING

Enjoy a refreshing back exfoliation prior to any massage to instantly soften, smooth and revitalize your skin.

SMOOTH & FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.



GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- + Allergies or medical conditions including pregnancy
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

Spa facilities are complimentary to resort guests and \$40 per day for Spa guests who are not registered at the Hotel. This fee is waived with the purchase of a treatment.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounges, saunas, steam rooms, and outdoor pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. You will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

WHILE VISITING THE SPA

PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation and locker areas. Massages and facials cannot be performed on anyone under the age of 18 years. Nail treatments are available for children 5 years of age or older. Parent must be present for the entire service and a locker will not be provided.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. Shaving is recommended, but not necessary for men prior to a facial. Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards and US currency. You may also charge services to your Hotel bill.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities disbursed to the spa staff members who serve you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

CANCELLATION POLICY

If you reschedule or cancel your appointment, please notify the spa at least 24 hours in advance of your appointment to avoid being charged the full service fee. Any appointments rescheduled within the 24-hour window will incur a move fee of \$35. Cancellations of packages or private parties require one week's notice.

HOURS OF OPERATION

Spa Treatments: 10:00AM - 6:00PM, daily;
Extended to 8:00PM on Saturday

Spa Facilities: 10:00 AM - 6:00PM, daily;
Extended to 8:00PM on Saturday

Fitness Center available 24 hours
daily with room key

To reserve your spa appointment online, visit us at ritzcarlton.com/coconutgrove or contact 305.644.4684



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COCONUT GROVE, MIAMI

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