

# MASSAGE

## COUPLE'S MASSAGE

Enjoyed in the comfort of our couples' room, your therapists will customize a massage experience to the needs of each guest in an intimate setting for two.

80M/\$500 | 50M/\$360

## RELAXATION MASSAGE

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and blends of essential oils to melt away tension.

80M/\$250 | 50M/\$180

## STRESS RELIEF MASSAGE

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure, leaving the body revitalized and relaxed.

80M/\$260 | 50M/\$185

## DEEP TISSUE MASSAGE

Recharge your body with this powerful massage designed to alleviate deep-rooted tension and muscular stress. Deep movements on specific areas of concern are incorporated to help relieve the common discomforts and sports related tension.

80M/\$270 | 50M/\$190

## HOT STONE MASSAGE

A therapeutic and rejuvenating massage using warm stones and moderate pressure to intensely soothe tired, aching muscles, and aid relaxation.

80M/\$270 | 50M/\$190

## CBD RELIEF & RECOVERY MASSAGE

Feel the powerful properties of CBD and experience the wealth of natural relief and recovery. Specifically developed to promote holistic well-being, a therapist consults with you to create a CBD regimen optimized to your needs.

80M/\$315 | 50M/\$220

## TO BOOK AN APPOINTMENT

For information or to reserve a treatment, please contact The Spa at (305) 644-4684 or [rc.miarz.spa@ritzcarlton.com](mailto:rc.miarz.spa@ritzcarlton.com).

## SERVICE CHARGE

For your convenience, a 20% service charge will be added to each spa service. This includes gratuities distributed to the spa staff members who serve you during your visit. Additional gratuities maybe offered at your discretion.

## CANCELLATION POLICY

If you reschedule or cancel your appointment, please notify the spa at least 24 hours in advance of your appointment to avoid being charged the full treatment fee. Any appointments rescheduled within the 24-hour window will incur a change fee of \$35. Please contact The Spa directly for additional information, policies, packages, and private parties.

## AGE REQUIREMENTS

Guests must be 18 years of age or older to enjoy The Spa relaxation, locker areas, and experience any treatments. Massages and facials cannot be performed on anyone under the age of 18 years.

## HOURS OF OPERATION

(Closed: Monday & Tuesday)

Spa Treatments and Facilities: 10 a.m. to 6 p.m.

Treatment selection and pricing subject to change. Reservations required.

Fitness Center available 24 hours daily with room key.



## THE RITZ-CARLTON SPA

COCONUT GROVE, MIAMI

3300 Southwest 27th Avenue  
Coconut Grove, Florida 33133  
[www.ritzcarlton.com/coconutgrove](http://www.ritzcarlton.com/coconutgrove)  
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*Let us make the world  
revolve around you.*

# ESCAPE

Miami might stimulate the mind for glitter and glamour, but it is Coconut Grove that serves up its cultural soul. Art galleries, museums, boutiques and restaurants beckon visitors to this historic Florida neighborhood, along with The Ritz-Carlton Coconut Grove, Miami, a hotel destined to enchant every guest with a truly unique hospitality experience.

# BODY

## NOURISHED GLOW

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing oil application and back massage.

50M/\$180

## BODY BALANCER

Purify, boost circulation, and target uneven skin tone in this deeply smoothing and contouring body treatment. Includes back exfoliation, back massage, application of facial oil, and scalp massage.

50M/\$220

# EXPERIENCE

## THE ART OF THE VICHY

A total body fusion of exfoliation, marina wrap, and an aromatic warm jet massage to ease tension and stress. An enlivening scrub smooths away dry skin cells before the body is enveloped in Algae or Mud to cleanse, nourish and hydrate the skin while the mind surrenders to a therapeutic scalp massage.

A revitalizing effusion shower follows, leaving the mind relaxed and the body renewed. Includes skin brush, full body exfoliation, marina wrap, effusion shower, and scalp massage.

80M/\$280

# FACIAL

## CUSTOM FACIAL

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

80M/\$250 | 50M/\$180

## HYDRAFACIAL MD

A non-invasive, anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of HydraFacial MD technology. Includes cleanse, gentle hydra-exfoliation, vortex extraction, hyaluronic acid infusion and LED therapy.

80M/\$320 | 50M/\$240

## SKIN CEUTICALS CLEAR LUXURY FACIAL

This detoxifying treatment purges skin of impurities and rebalances congested skin resulting in a clear glowing complexion that helps support the skin's natural production of structural proteins. Skin Ceuticals facial protocols are designed for specific skin types and conditions and are customized for the full spectrum of skin concerns, including acne, aging, discoloration, rosacea, and more.

50M/\$220

## SKIN CEUTICALS EXPRESS PEEL

This gel-based chemical peel contains salicylic acid and mandelic acids which exfoliates the skin and are essential for maintaining and restoring the skin's health and appearance. This treatment helps to resurface the uppermost layer of the skin to reveal healthy skin underneath. This will target blemishes, congested pores, and improve the appearance of visible signs of aging.

30M/\$130

# BEAUTY

## MANICURE AND PEDICURE

This intensive treatment repairs, replenishes, and conditions your nails and is customized to fit your individual needs.

MANICURE 40M/\$35 | PEDICURE 50M/\$60

## SWEET MANGO MANICURE AND PEDICURE

An aromatic citrus experience using deeply nourishing products to repair, replenish and condition your nails depending on our individual needs.

MANICURE 50M/\$45 | PEDICURE 50M/\$75

## GEL COLOR MANICURE AND PEDICURE

A revolutionary power polish that is applied and set under UV lightning. Your nails are completely dry by the time your manicure is over, and you will have and incredibly durable, chip-free manicure with superior shine.

MANICURE 50M/\$65 | PEDICURE 50M/\$90

# SALON

## HAIR CONSULTATION

15M / COMPLIMENTARY

## HAIR REPAIR/CONDITIONING MASQUE

FROM \$30

## SHAMPOO & STYLE

FROM \$50

## ADD-ON FLAT IRON WORK

FROM \$25

## UP DO

\*Clean & dry hair required

FROM \$95

## LADIES' HAIRCUT

FROM \$95

## GENTLEMEN'S HAIRCUT

FROM \$55

## CHILDREN'S HAIRCUT

\*under 12

FROM \$50

## COLOR

## CORRECTIVE SHINE COLOR SEAL

30M / FROM \$60

## SINGLE PROCESS ROOTS

FROM \$100

## FULL PROCESS

FROM \$135

## BRIDAL TRIAL

### UP DO

\*Clean & dry hair required

FROM \$100

## WEDDING DAY

### UP DO

\*clean & dry hair required

FROM \$150