



IMMERSE YOURSELF IN NATURE

Civilization feels far away as you experience thrilling adventures on the water or off the beaten path. With four state parks, rivers and 13 miles of pristine barrier island beach, there is much to explore to escape everyday life.

EXPLORE AMELIA BY BIKE

Amelia Island has more than forty miles of biking paths easily accessed from the resort. Florida's tallest dune is in the American Beach community and is an enjoyable ride down Amelia Island Parkway. Rental for two bikes for two hours is included in the resort fee. Pick up bikes in the Fitness Center.

HISTORIC FERNANDINA BEACH

The quaint Victorian Town of Fernandina Beach is located just 20 minutes from the hotel. Wander down Centre Street to explore local shops, galleries and historic sites. In the evening, downtown lights up with a vibrant foodie scene with restaurants featuring items from area fisherman and farmers.



FIRST CALL*

Join our mixologist as they introduce the day's small batch, house-infused bourbon. Slowly steeped through a unique daily recipe of aromatics, herbs and fruits, the infusion is available only until that day's spirit is sold out. See the infuser for the day's recipe.

The Lobby Bar | 5:45 p.m.

HOOK, LINE AND CRUISE

For those lured by culinary and outdoor adventure, schedule an island fishing trip with one of our charter boat captains on the back waters. Your catch will be prepared and filleted for your lunch or dinner in Coast. Enjoy the beauty of the river and creeks with an experienced crew. Touch extension 5019.



FITNESS

MINDFUL FITNESS

Our 24-hour Fitness Center offers an exciting weekly program of over twenty unique classes led by fitness professionals. From Pilates to PiYo, Aquabata to YoChi and Kettlebell, you'll be inspired to try something new. One class for two is included in your resort fee. Private classes and personal training are available. Touch extension 5013.



THE PATH TO WELLNESS

At The Ritz-Carlton, Amelia Island we embody a holistic approach to wellness amid the gentle rhythm of ocean waves. Our goal is not simply to soothe, but also to nourish, renew and transform. Experts in relaxation, well-being, mindfulness and fitness guide our guests in an inspired and timeless setting.

OCEAN HEALING

A treatment as revitalizing as it is relaxing, Ocean Healing summons the restorative properties of the sea. A therapeutic bath stimulates circulation in preparation for a vigorous sea salt exfoliation. Soft, glowing, youthful skin is revealed followed by a warm salt stone massage instilling deep relaxation. To reserve, touch 1087.

HONEY BUTTER WRAP

An experience to rejuvenate and restore your skin as Spa specialists use wildflower honey from the resort's beehives combined with ancient sea salt and coconut oil. Relax and immerse in a treatment to revive your skin and body. To reserve, touch 1087.



ADVENTURES ON AND OFF THE BEATEN PATH

ADVENTURES ON THE WATER

Everyday civilization feels far away as you experience thrilling adventures on the water. Paddle kayaks through peaceful marshes and saltwater creeks or take in the scenic beauty of the barrier islands on a private charter boat or on an exciting CraigCat tour. Touch 5019 for more information.



ECO-KAYAK AND PADDLEBOARD TOURS**

Experience the unspoiled natural beauty of Amelia Island creeks on a guided kayak or paddleboard tour. Discover island wildlife and rare migratory birds. To schedule, touch 5019 or call Riptide Watersports at 904-891-5687. Guest responsible for personal transportation.

NATURE EXCURSIONS**

Create a lasting memory on a guided tour with our Naturalists. Choose between Boneyard Beach, Talbot Birding or Fort Clinch. Only one excursion scheduled per day, chosen by guests. \$85 per person. Touch extension 1087 for reservations.

Boneyard Beach**

Take a half-mile hike through coastal shrub to arrive at a scenic beach with fallen trees bleached by the sun.

Talbot Birding**

The resort Naturalist leads an excursion to Talbot Island State Park, a favorite area for observing native and migratory birds. Search the shore for roosting terns or look to the sky to catch a glimpse of a bald eagle.



Immerse yourself in the history of the fort and views of the Saint Mary's River and Cumberland Island. Explore the beach for fossilized shark teeth and hike shaded trails.



All programs meet in the Lobby, include transportation and are suited for ages 12 and older. Appropriate clothes and footwear are recommended. Limited availability and advance reservations required for all programs. Excursions leave the hotel at 9:30 a.m. and return to hotel at 12 p.m. Touch 1087 for reservations.

THE LUXE SHOPS

Our retail director Nailah Nash searches the globe to bring guests the best designers and distinctive luxury items. In our shops you'll discover rare and sought-after goods you won't find anywhere else. Shop for top designers including Tina Turk, Robert Graham, Tom Ford, Gucci and more. This season, let Nailah and her team present their recommendations to you for holiday gifts for every person on your list.

CREED

A resort exclusive, fragrances are created by father and son, following a tradition that has continued for more than 250 years. Using only the finest natural and precious ingredients, experience for yourself the heavenly world of Creed essences.

DESIGNER HANDBAG COLLECTION

Nailah Nash curated a collection of rare, wellpreserved, designer handbags featured in our Ladies Boutique. These highly desired preowned designer handbags are hand selected for our guests and make the perfect gift for someone special.

LILLY PULITZER

Originally created as a fresh-squeezed juice stand in Palm Beach, the colorful prints and sunny styles of Lilly Pulitzer are sure to impress. Get your share of sunshine in The Lilly Pulitzer Shop, an Amelia Island exclusive.

SOUTHERN TIDE

Exceptional craftsmanship and classic style are the hallmarks of this lifestyle collection for women, men and boys. The look of Southern Tide is elevated enough for a night of fine dining in Salt and casual enough to enjoy dinner at Tidewater Grill.



You can shop 24/7 at our online store at www.ameliaisland.store.com



DAILY ACTIVITIES

THE FITNESS CENTER AND DAILY FITNESS CLASSES*

From Tai Chi to Just Planks, our instructors offer a variety of classes. Stay on your wellness regime at our 24-hour Fitness Center. Sculpt and tone or get your heart pumping with a daily exercise experience. One class for two is included in your resort fee. Private classes and personal training are also available. Touch 5013 for class information. Fitness Center | Class times vary

BIKE AMELIA ISLAND

Enjoy miles of bike paths easily accessed from the resort. The tallest sand dune in Florida is close to the resort at historic American Beach, Florida's first African community. Take a beautiful ride down Amelia Island Parkway. Rental for two bikes for two hours is included in your Resort Fee. 8 a.m. – 5 p.m.

MORNING NATURE WALK

Explore the beach and dune ecosystems on a one-hour guided walk with the Resort Naturalist. Meet in Lobby | 8 a.m.

SHELL AND SHARK TOOTH HUNT

Join our resort recreation team on the beach to find and identify coastal treasures including seashells, fossilized shark teeth and small driftwood pieces. Fun for all ages. Center Beach Towel Stand | 4 p.m.

RITZ KIDS PROGRAM**

Ritz Kids introduces our young guests to the natural wonders of the island. Spend the day playing educational games, making crafts and enjoying coastal treasures. Designed for children ages 5 through 12, the supervised program entertains kids with educational games and activities featuring different themes throughout the week. Touch 1087 for reservations. Parents must drop off and pick up children. Ritz Kids Room Thursday – Sunday | 9 a.m. – 4 p.m. \$175 Full Day | \$100 Half Day

CRAIGCAT TOURS**

Guides take you on a thrilling water adventure via powered mini boats. Advanced reservations required. Touch 5019 for schedule or call Riptide Water sports at 904-891-5687. Guest responsible for personal transportation.

CRAFT CREW*

Children are invited to create memorable treasures to remind them of their stay in Amelia Island at our Kids Craft Tent. With purchase of a craft card, each child may create up to five unique crafts, with help from one of our learning guides. Craft cards are available at the Craft Tent and Fitness Center for \$45. Coast Lawn 10:30 a.m. – 4 p.m.

GOLF AND TENNIS

Game, Set, Match

Our tennis professionals will ensure your serves and strokes keep their edge. The resort fee includes tennis court privileges including racquets and balls for one hour. Players enjoy Florida sunshine, Atlantic Ocean breezes, chilled water and four clay courts. Full Pro Shop services are available.

Performance Golf Academy Instruction**

One-on-one personalized golf video instruction for all levels of players. Call 904-321-6244 to reserve.

The Golf Club of Amelia Island
Steps from the front door, guests
can experience a round of golf that
exemplifies all that is good about
Amelia Island: relaxed, gracious,
comfortable, and majestically scenic.
The Golf Club course spans oak
canopies and marshlands with
natural elements unique to coastal
barrier islands.

PHOTOGRAPHY CONCIERGE*

Schedule a complimentary 45-minute photo session by touching 6745. Mention this guest activity guide to receive a \$50 credit which can be applied toward individual prints only. Our Photography Concierge will capture memories and moments you'll cherish forever. 9 a.m. – 5 p.m.

MONDAY

AMERICAN BEACH BIKE TOUR**

A guided bike tour to see historic American beach and NaNa, Florida's tallest dune. Fitness Center | 11 a.m.

TUESDAY

PHOTO SCAVENGER HUNT

Get a treasure map from the Front Desk and complete the photo challenge to win a prize. Front Desk or Concierge | 9 a.m. – 5 p.m.

FRIDAY

PIRATE TREASURE HUNT

Our Pirate Captain leads a treasure hunt inside the resort. 5:30 p.m.

KIDS' NIGHT OUT**

Parents get to relax, and kids get a fun night of supervised games, dinner, crafts and movies. Ages 5-12. Dinner is included. Advanced reservations required. Touch 1087 for availability. Ritz Kids I 6 p.m. – 9 p.m.

PIRATE AND PRINCESS TUCK-INS**

Share a private bedtime story with a buccaneer bearing treats and treasure with your very own Pirate and Princess Tuck-in. Advance reservations required for times between 7 p.m. and 9 p.m. Touch 1087 for availability.



REAL TIME RESERVATIONS

Spa | Recreation | Cabanas Dining | Activities | Amenities Photography Concierge Online Store | Events | Golf

FIRE IN THE DUNES**

A romantic fire with treats and blankets. Fitness Center 6 p.m. – 10 p.m. | Starts November 4

FAMILY BEACH BONFIRE

Bring the family to relax around a bonfire against the dunes. The sounds of the breaking surf and crisp night air create the perfect atmosphere to make s'mores. South Beach | 7 p.m. – 9 p.m. Starts November 4

RESORT DINING

Hours are subject to change.

FIRST DROP

First Drop Coffee & Brew Bar presents an authentic artisanal beverage experience featuring roasted coffee, fresh juices, handcrafted smoothies and milkshakes, as well as carry away selections and small bites including breakfast and lunch sandwiches, salads, pastries, candy and snacks. Daily | 7 a.m. - 7 p.m.

COAST

Coast offers a fresh new taste on coastal cuisine with a seasonal menu that includes local seafood, steaks, fresh pasta, salads and small plates created with great passion. Coast is a casual restaurant that offers indoor and terrace dining for breakfast, lunch and dinner. Savor the Amelia Breakfast Buffet and for lunch and dinner ask about Chef Thomas's daily recommendations that are cooked to perfection and artfully plated.

Daily | Breakfast 7 a.m. - 11:30 a.m. Lunch 11:30 a.m. - 3 p.m. | Dinner 5 p.m. - 9 p.m.

COQUINA

Set to a backdrop of ocean breezes, Coquina offers diners access to an innovative, oceanfront restaurant with a culinary presentation focused on seafood and coastal dishes inspired by the island's Eight Flags heritage. Coguina's menu embraces the dynamic favors inspired by the island's time as a Spanish territory including ceviche made from freshly caught fish and shareable tapas. A full bar overlooking the ocean features signature cocktails and flavorful sangrias. Daily | 11 a.m. - 9 p.m. | Weather permitting

Confirm at Concierge. A 20% gratuity will be added to parties of seven or more and checks without a signature. For more information go to www.ritzcarlton.com/ameliaisland

SALT

Experience the artful cuisine of Chef Okan Kizilbayir, formerly of 3-Michelin Star, Le Bernardin, and Blue by Eric Ripert. Chef Okan's dishes are extraordinary in composition and presentation. Savor the nightly tasting menu matched with wines. For a night you will long remember, reserve the Chef's Table in the Kitchen with eight-courses matched with wines. Reservations required. Touch 1087. Wednesday - Sunday | 5 p.m. - 9 p.m.

THE LOBBY BAR

The Lobby Bar atmosphere is vibrant yet relaxed, sophisticated yet romantic. You can have made-to-order sushi and a menu of other delicious bites. Be sure to try the bar's signature cocktail- The Smoked Old Fashioned or savor a mixologist's Signature Cocktail. Experience First Call at 5:45 p.m. for the daily presentation of infused bourbon. Daily | 3 p.m. - 12 a.m. | Sushi service concludes at 10 p.m. nightly.

THE DUNE BAR

This rustic beach bar is nestled dune-side and cooled by ocean breezes. Just steps from the ocean, The Dune Bar offers signature cocktails, cold craft beer, casual made to order bites from the grill and a friendly round of Cornhole. Thursday – Sunday | 11 a.m. – 6 p.m. | Weather permitting

TIDEWATER GRILL

Relax in Tidewater Grill and enjoy seafood, American grill classics, shareable platters, signature cocktails and local beers. The laid back nautical ambiance is perfect to linger and catch a game on the large screen TVs. Monday - Friday | 5 p.m. - 10 p.m. Saturday – Sunday | 12 p.m. – 10 p.m. Refer to Weekly Turndown Letter.

SATURDAY

KIDS' NIGHT OUT**

Parents get to relax, and kids get a fun night of supervised games, dinner, crafts and movies. Ages 5-12. Dinner is included. Advanced reservations required. Touch 1087 for availability. Ritz Kids | 6 p.m. - 9 p.m.

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IN-SUITE CAMPING EXPERIENCE**

Bring the outdoors inside with an in-room camping experience complete with a pirate themed tent,

featherbed, pirate goodies and more. Children will feel as if they are a pirate looking for ships off the coast of Amelia Island. A fee is associated with this experience. Only offered in Suites. Advanced reservations required. Touch 6798 to add this experience to your stay.

SUNDAY

AMERICAN BEACH BIKE TOUR**

A guided bike tour to see historic American beach and NaNa, Florida's tallest dune. Fitness Center | 11 a.m.

All activities are complimentary unless indicated.

*A fee is associated with this activity.

** Fee and advance registration required. Parental supervision may be required for some activities.

The Ritz-Carlton, Amelia Island Resort Map

