

News



THE RITZ-CARLTON

TOKYO

Contact: Rie Yamada
Public Relations

rie.yamada@ritzcarlton.com
+81-3-6434-8708

THE RITZ-CARLTON SPA, TOKYO WELCOMES THE ARRIVAL OF TOKYO 2020 WITH A SPA RETREAT AIMED AT DETOXING GUESTS



TOKYO, JAPAN – December 19, 2019 – [The Ritz-Carlton Spa, Tokyo](#) celebrates the arrival of The 2020 Summer Olympics, hosted from July 24 to August 9, 2020 in Tokyo, with a new **Wellness and Relaxation Spa Retreat** that detoxes guests like the world’s most medaled athletes.

The 150-minute wellness and relaxation experience begins when guests enter the tranquil Luxury Spa Suite Room overlooking Tokyo’s marvelous cityscape from the 46th floor. Channeling their ‘inner athlete,’ guests are thoughtfully matched with a personal trainer, who will offer a curated 30-minute stretching session or a 30-minute yoga class in the private Spa Suite, followed by 30-minutes of private relaxation time. The experience’s finale is a 90-minute Deep Muscle Massage, intentionally designed to relieve sports related muscle tension through deep movements and dynamic stretching techniques. The final athlete-grade touch, ESPA Fitness Body Oil and Muscle Rescue Balm infused with cooling peppermint, eucalyptus, clove bud and West Indian Bay oils, relieve and revive worn muscles.

The Wellness and Relaxation Spa Retreat is available from January 1, 2020 to August 31, 2020 and is priced at JPY 59,000++ (approximately USD 539).

*Spa Suite usage fee is included

*All prices above are subject to taxes and service charge

*We accept the appointment of the therapist in charge at JPY 2,000+

*For more information and reservation assistance, please contact: +81 3 6434 8813 from 7:00 a.m. to 10:00 p.m.

About The Ritz-Carlton Spa, Tokyo

Situated on the 46th floor of The Ritz-Carlton, Tokyo, the 21,528-square-foot / 2,000-square-meter spacious The Ritz-Carlton Spa, Tokyo offers guests the ultimate pampering, rejuvenation and restorative experience in a tranquil sanctuary. This soothing Tokyo day spa features an indoor lap pool, dry sauna, steam sauna, nine treatment rooms, one 1,076-square-foot / 100-square-meter spa suite, fitness studio and more. The Ritz-Carlton Spa, Tokyo was awarded as a *TOP SPA of Japan* by Spa Crystal Award 2018 and *Japan's Best Hotel Spa 2017* by World Spa Award.

About The Ritz-Carlton, Tokyo

Located in the heart of Tokyo Midtown, in the city's tallest building, The Ritz-Carlton, Tokyo sits at the core of Roppongi, the capital's entertainment, diplomatic and design-related business hub. Occupying the top nine floors of the 53-story building, The Ritz-Carlton, Tokyo offers 360-degree panoramic vistas of Tokyo including Tokyo Tower and Mount Fuji. Featuring 247 guest rooms, including 35 suites and Ritz-Carlton Club Level rooms, the hotel delivers a guest experience like no other and accommodations that offer Frette linens and featherbeds, deep-soaking tubs, rain showers, Sony BRAVIA televisions, Apple TV's in suites, complimentary wired and wireless high-speed Internet access, dual-line telephones with voicemail, CD and DVD player and complimentary water at turndown. For luxurious experiences outside of its guest rooms, the hotel is home to an indoor pool, 24-hour gym and treatment rooms and seven dining and drinking establishments including: Hinokizaka, offering authentic Japanese cuisine and from kaiseki and teppanyaki to favorites like sushi and tempura; Michelin starred Azure 45, offering modern French cuisine; Towers, a contemporary grill focusing on seasonal ingredients; La Boutique, serving unique, handcrafted pastries and chocolates; plus the magnificent sky lobby lounge, bar and café overlooking Tokyo's sweeping cityscape. The hotel also offers state-of-the-art event facilities, including a dedicated Wedding Chapel. The Ritz-Carlton, Tokyo is located Tokyo Midtown 9-7-1, Akasaka, Minato-ku, Tokyo 107-6245 Japan. For more information or reservations, please call +81-3-3423-8000, or visit www.ritzcarlton.com/en/hotels/japan/tokyo.

Photos available upon request.

###