



ROYAL BEACH CLUB | PERSONAL TRAINING AGREEMENT

MEMBER'S INFORMATION:

NAME: _____

MEMBERSHIP NO.: _____

MOBILE: _____

EMAIL: _____

EMERGENCY CONTACT INFORMATION:

CONTACT NAME: _____

MOBILE: _____

RELATIONSHIP: _____

TRAINER'S INFORMATION:

NAME: _____

MOBILE: _____

PACKAGE PURCHASE DATE: _____

PACKAGE EXPIRATION DATE: _____

PERSONAL TRAINING FEES:

(PLEASE TICK AS APPROPRIATE)

INDIVIDUAL	1 HOUR	BHD 27	<input type="checkbox"/>
	8 SESSIONS	BHD 187	<input type="checkbox"/>
	16 SESSIONS	BHD 331	<input type="checkbox"/>
	24 SESSIONS	BHD 477	<input type="checkbox"/>
COUPLE	1 HOUR	BHD 42	<input type="checkbox"/>
	8 SESSIONS	BHD 286	<input type="checkbox"/>
	16 SESSIONS	BHD 504	<input type="checkbox"/>
	24 SESSIONS	BHD 723	<input type="checkbox"/>
SQUASH PARTNER	1 HOUR	BHD 11	<input type="checkbox"/>
SQUASH TRAINING	1 HOUR	BHD 21	<input type="checkbox"/>
	5 SESSIONS	BHD 105	<input type="checkbox"/>
	10 SESSIONS	BHD 200	<input type="checkbox"/>
	16 SESSIONS	BHD 303	<input type="checkbox"/>

SWIMMING LESSONS:

(PLEASE TICK AS APPROPRIATE)

INDIVIDUAL	1 HOUR	BHD 20	<input type="checkbox"/>
	8 SESSIONS	BHD 150	<input type="checkbox"/>
	16 SESSIONS	BHD 288	<input type="checkbox"/>
	24 SESSIONS	BHD 408	<input type="checkbox"/>
2 PERSONS	1 HOUR	BHD 28	<input type="checkbox"/>
	8 SESSIONS	BHD 199	<input type="checkbox"/>
	16 SESSIONS	BHD 336	<input type="checkbox"/>
3 PERSONS	1 HOUR	BHD 35	<input type="checkbox"/>
	8 SESSIONS	BHD 256	<input type="checkbox"/>
	16 SESSIONS	BHD 448	<input type="checkbox"/>

DECLARATIONS:

- I hereby hire the trainer for a period of 3 months beginning on _____ and ending on _____.
- The package must be completed within the set period of time listed.
- The agreement will not be extended. To ensure the progress of the student, please choose a package you know will be completed within the 3 months validity period.
- All sessions must be booked at least 24 hours in advance.
- Cancellations must be made at least 24 hours in advance of scheduled sessions. Cancellations made less than 24 hours will be subject to full session payment.
- All sessions shall be 60 minutes in length and shall start at the scheduled time. Sessions will not be extended due to tardiness of the client or due to any other interruptions. Any client who has not arrived within 15 minutes after scheduled time shall be deemed cancelled and will be charged for that session.
- There shall be no refunds of purchased packages, nor refunds on sessions not completed within the 3 months period.
- We highly recommend a mandatory check up from a general practitioner before your first session.
- A mandatory Client Health History Questionnaire must be filled out prior to the commencement of training.

I, the client have been informed, understand and am aware that strength, flexibility and aerobic exercise, including the use of equipment are potentially hazardous activities. I have been informed, understand and am aware that fitness activities involve risk of injury and that I am voluntarily participating in these activities and using equipment with full knowledge, understanding and appreciations of the dangers involved. This agreement may not change except by written amendment duly executed by all parties.

CLIENT SIGNATURE: _____

RECEPTIONIST FITNESS: _____

TRAINER SIGNATURE: _____

SUPERVISOR SIGNATURE: _____