

*Let us make the world  
revolve around you.*

# ESCAPE

The Ritz-Carlton Spa®, Naples is an elegant oasis where guests are surrounded and pampered by natural wonders from the garden and sea. Here, gentle breezes dance among the cypress, mangrove and palm trees; delicate sand dollars reflect the bounty of the ocean; and pelicans, egrets and sea turtles enhance the landscape with beauty and grace.



# EXPERIENCE

In this sanctuary of calm and tranquility, senses are indulged with botanical herbs, rich minerals and essential oils that come together to create an enticing selection of massages, facials, body treatments and salon services. The rejuvenating and healing waters of steam rooms, saunas, aqua lounges and outdoor mineral pool complete your spa experience.

## INTUITIVE

170 MINUTES OR 110 MINUTES

Join us for our most intuitive treatment. Focusing solely on your individual needs, your therapist will create a unique treatment experience utilizing a combination of services to enhance your physical and mental well-being.

**INCLUDES** Consultation and personalized treatment plan

## SEA HOLISTIC

80 MINUTES

A steam-heated herbal poultice delivers deep penetrating heat to melt away tensions and alleviate aches and pains. The organic herbs stimulate circulation, leaving you feeling refreshed and revitalized.

**INCLUDES** Full body exfoliation, assisted stretching, and herb poultice massage

## STRENGTH AND RESILIENCE MASSAGE

80 MINUTES

Inspired by the arduous migration of the painted lady butterfly, this revitalizing massage uses aroma therapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

**INCLUDES** Yogic stretching, reflex zone foot massage, back massage, sinus release and scalp massage

## DRIFT TO SLEEP

110 MINUTES

This experience is designed to promote relaxation and sleep while releasing tension. Enjoy soothing scents and warming aromatic oils as your therapist guides you through a calming journey to peacefulness.

**INCLUDES** Full body exfoliation, bath, full body massage and sleep time

## MINDFUL MASSAGE

80 MINUTES

Unwind a busy mind, escape the pace of everyday life and emerge feeling focused, with a sense of renewed positivity. This holistic, deeply relaxing and clarifying experience begins with mindfulness. Guiding you through breathing and visualization techniques, your therapist will help calm both mind and body. The metamorphic zones on the feet are then massaged to rebalance and ground, before a soothing massage is continued up through the body, finishing with a re-energizing scalp massage using warm Rose Quartz Crystals.

**INCLUDES** Breathing and visualization techniques, massage on the metamorphic zones of the feet, full body massage and scalp massage with warm rose quartz crystals on the back of the body, head, scalp, neck, shoulders, feet and spine



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# MASSAGE

## DEEP MUSCLE MASSAGE

80 MINUTES **OR** 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports related tension.

## STRESS RELIEF MASSAGE

80 MINUTES **OR** 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

80 MINUTES **OR** 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## CALM SEAS MASSAGE

80 MINUTES **OR** 50 MINUTES

Be transported with our Calming Voyage Massage, let us take you on a restorative journey into hydration, relaxation and comfort. This massage treatment uses hand harvested seaweed and an abundance of nourishing vitamins and minerals to minimize skin sensitivity to restore moisture and balance. This full body spa ritual will ensure your skin feels soft, soothed and comforted in this full body spa ritual. Safe and effective for those with compromised health, during active and post treatment

## GULF STONE MASSAGE

80 MINUTES

A therapeutic and rejuvenating treatment using light to moderate pressure and warm basalt stones to provide soothing, penetrating heat to tired, aching muscles.

## NATURALLY NURTURED MASSAGE

80 MINUTES **OR** 50 MINUTES

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

## TRANQUILITY FOR TWO

80 MINUTES **OR** 50 MINUTES

Customized massage shared with a loved one or friend.

## SEA HOLISTIC FOR TWO

80 MINUTES

A steam-heated herbal poultice massage shared with a loved one or friend, delivers deep penetrating heat to melt away tensions and alleviate aches and pains. The organic herbs stimulate circulation, leaving you feeling refreshed and revitalized.

## RESTORATIVE THERAPY

80 MINUTES **OR** 50 MINUTES

A restorative therapy using 15 aromatherapy essential oils to help relieve jet lag and boost the immune system and energy levels.

**INCLUDES** Focuses on the back of the body, head, scalp, neck, shoulders, feet and spine



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# BODY

## NOURISHED GLOW

50 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing application of oil and personalized back massage.

**INCLUDES** Full body salt and oil exfoliation, back massage and oil application

## VITAL TIME

110 MINUTES OR 80 MINUTES

Restore serenity to body, mind and skin with this richly indulgent and deeply effective bespoke treatment.

**INCLUDES** Back exfoliation and massage, personalized facial and scalp massage.

## ORGANIC SEAWEED LEAF WRAP

80 MINUTES

The finest seaweed, harvested by hand from the ocean, detoxifies, firms and softens the skin and is excellent for weight-loss results. The body is cocooned in organically treated muslin and then wrapped in a thermal blanket.

**INCLUDES** Body brushing, seaweed leaf and lotion application

## ORGANIC WARMED SPICED MUD WRAP

80 MINUTES

Rich in purifying elements from peat, this rich organic seaweed wrap offers immediate and noticeable effects to the skin, including firming and toning the body, detoxification, and stimulates metabolism

**INCLUDES** Full body exfoliation, spiced mud wrap, and lotion application





# FACIAL

## WELL AGING FACIAL

80 MINUTES

This facial uses 100% natural products to cleanse, exfoliate, treat and detoxify the skin combined with the Well Aging Geometric Massage to contour and lift with Aromatherapy touches throughout. The treatment calms the mind while leaving the skin looking brighter, firmer and visibly rejuvenated.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, mask, scalp massage

**PERFORMED WITH AYUNA PRODUCTS**

## CUSTOM FACIAL

80 MINUTES OR 50 MINUTES

Purify, hydrate, brighten and smooth your complexion with this expert facial that is tailored to your individual needs. Choose from Custom or Age-Defying Facial.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, massage, mask and scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## ULTIMATE RADIANCE & RENEWAL FACIAL

80 MINUTES

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

**INCLUDES** Brush cleanse, Skin Radiance Mask, age-defying crystal massage, lifting mask, scalp massage

**PERFORMED WITH ESPA PRODUCTS**

## VITAMIN C FACIAL

80 MINUTES OR 50 MINUTES

Vitamin C brightens the skin, while stimulating collagen production. It strengthens elasticity and reduces fine lines, wrinkles, discoloration and age spots.

**INCLUDES** Brush cleanse, skin analysis, facial exfoliation, mask, scalp massage

**PERFORMED WITH SKINCEUTICALS PRODUCTS**

## HYDRA FACIAL

80 MINUTES OR 50 MINUTES

The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results. This gentle resurfacing procedure provides cleansing, exfoliation, extractions, and hydration leaving your skin nourished and radiant.

**INCLUDES** Vortex-Fusion of antioxidants, peptides and hyaluronic acid



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# MEN

## THE MEN'S MASSAGE

80 MINUTES

The ultimate male escape. Unwind in style with this re-balancing and intensely relaxing treatment that includes a full body massage using heated stones, a relaxing facial massage and a soothing scalp massage.

## MUSCLE RECOVERY MASSAGE

80 MINUTES OR 50 MINUTES

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports-related tension.

## RELAXATION MASSAGE

80 MINUTES OR 50 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to medium pressure and a blend of essential oils to melt away tension.

## STRESS RELIEF MASSAGE

80 MINUTES OR 50 MINUTES

Revive tired and fatigued muscles with this traditional massage using firm pressure to leave a feeling of revitalization and relaxation.

## POWER HOUR

50 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything.

**INCLUDES** Full body salt & oil exfoliation, back massage and application of oil

## THE MEN'S FACIAL

80 MINUTES OR 50 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**INCLUDES** Double Cleanse, Facial Exfoliation, Steam & Extraction, Facial Massage, Mask, Scalp Massage

**PERFORMED WITH ESPA PRODUCTS**

## THE MANICURE

25 MINUTES

Essential maintenance for hands

**INCLUDES** Soak, cut, file and shape, cuticle work, application of hand cream, polish or buff

## THE PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**INCLUDES** Soak, cut, file and shape, exfoliate, cuticle work, application of body cream, polish or buff



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# BEAUTY

## HAIR SERVICES

Full salon services are available. Our talented team of stylists will complement your look for any special occasion, ensuring you are picture perfect and red carpet ready.

## MAKE-UP

Professional make-up artists use the latest makeup techniques and trends for a complete makeover that brings out your best.

For Hair and Make-Up service pricing and descriptions, please inquire directly with the spa at 239-514-6100

## ULTIMATE MANICURE & PEDICURE EXPERIENCE

50 MINUTES

Sit back and relax while four hands exfoliate, massage, pamper and polish your fingers and toes. Perfect for guests on-the-go or someone seeking the ultimate luxurious nail experience.

**INCLUDES** Soak, cut, file and shape, exfoliate, cuticle work, massage, polish or buff

## GEL COLOR MANICURE OR PEDICURE

50 MINUTES

A revolutionary shellac lacquer that is applied and set under UV lightning. You will have an incredibly durable, chipfree manicure or pedicure with this power polish.

**INCLUDES** Soak, cut, file and shape, exfoliate, cuticle work, massage, shellac application

## MANICURE

50 MINUTES

Essential maintenance for hands.

**INCLUDES** Soak, cut, file and shape, cuticle work, application of hand cream, polish or buff

## PEDICURE

50 MINUTES

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**INCLUDES** Soak, cut, file and shape, exfoliate, cuticle work, application of body cream, polish or buff



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# ENHANCEMENTS

## NAIL ENHANCEMENTS

Upgrade your nail services by choosing one or more from our list of additions. Enhancements must be purchased with a treatment.

### CALLUS TREATMENT

A luxurious treatment to eliminate dry skin, softening the hands and feet.

### PARAFFIN TREATMENT

A beneficial treatment to soothe and moisturize your hands and feet.

## FACIAL ENHANCEMENTS

Upgrade your facial by choosing one or more from our list of additions. Must be purchased with a treatment.

### COLLAGEN TREATMENT

Enhance your facial experience with our eye, lip, face, neck and décolletage masks.

### MOROCCANOIL SCALP TREATMENT

Using the strengthening properties of Moroccan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

### LIFESTAGE ANTI-AGEING BOOSTERS

Boost any facial by using the technologically advanced LIFESTAGE serums and moisturizers to address all the most visible signs of ageing.

### NU LIFT

See an immediate difference with this micro-current facial muscle-lifting technology, choose between brow, eye or jaw lift.

## MASSAGE ENHANCEMENTS

Upgrade your massage by choosing one or more from our list of additions. Must be purchased with a treatment.

### HAND, FOOT, OR BACK REVIVER

Reveal smoother skin with this exfoliating and nourishing treatment that will leave your choice of hands, feet or back smooth, soft and bright.

### MOROCCANOIL SCALP TREATMENT

Using the strengthening properties of Moroccan oil with a deeply relaxing scalp massage to reduce tension, condition the scalp and leave you with beautifully healthy hair.

### STONE MELTER

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

### DRY SKIN BRUSHING

Enjoy a refreshing back exfoliation prior to any massage to instantly soften, smooth and revitalize your skin.

### RESTORATIVE

Customized blend of 15 aromatherapy essential oils.





# GUIDELINES

Guests of The Ritz-Carlton Spa, Naples must be 18 years of age or older to enjoy Spa services. Salon services are available to younger guests when accompanied by a parent or legal guardian. Spa facilities, including locker rooms, aqua lounges, the outdoor mineral pool and relaxation areas, are available to resort guests for a \$50 daily fee. This fee is waived with the purchase of a treatment. Spa reservations agents will reserve treatment times and assist with selecting treatments. Please notify The Spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed. If you have a gender preference for your therapist, please request when scheduling your treatment. For your enhanced comfort and relaxation, we suggest you arrive 30 minutes prior to your scheduled treatment to allow time to enjoy the lounges, saunas, steam rooms and whirlpools. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your pleasure. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

## **EACH SPA SERVICE CAN BE ENHANCED BY A ROUTINE THAT INCLUDES:**

- + Revitalizing shower
- + Infrared sauna
- + Detoxifying session in the herbal steam room
- + Hot and cold water plunges
- + Soothing whirlpool
- + Mineral bath soak

Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be sure to allocate at least two hours between shaving and your appointment. Shaving is not recommended prior to body treatments or hair removal services. Most body treatments are enjoyed without clothing, however, disposable undergarments are available upon request. During all treatments, the body is fully draped except for the area being worked on. Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments. This is your time and you should delight in the experience to the fullest. Your therapist will ask any preferences in the room temperature, the amount of massage pressure or the volume of the music. Please notify your therapist of any discomfort. We request that cell phones and pagers be turned off while in The Spa and The Salon. If you are a guest of the resort, please leave valuable items in your guest room safe. Otherwise, lockers are available for your personal items.

We accept all major credit cards. You may also charge services to your resort bill. Prices and services are subject to change.

## **CANCELLATION POLICY**

If you must reschedule or cancel your spa appointment, please notify us six hours in advance of your scheduled time to avoid being charged a 50% cancellation fee. Cancellations for packages, personal training sessions, exercise class or private parties require 24-hour notice. A credit card number is required at the time of booking.

## **SPA GRATUITY**

A 20% gratuity will be added to the price of the spa service for your convenience. At the time of check-out, please feel free to raise, lower or remove at your discretion.

## **HOURS OF OPERATION**

### **SPA AND SALON:**

10 a.m. – 5 p.m. (Sunday - Friday)  
10 a.m. – 6 p.m. (Saturday)

### **LOCKER FACILITIES:**

7 a.m. – 5 p.m. (Sunday - Friday)  
7 a.m. – 6 p.m. (Saturday)

### **FITNESS CENTER:**

6 a.m. – 6 p.m. with Attendant  
Enter Fitness Center with room key when attendant is not on duty.