

SPA THERAPIES

FACIALS

Power (60min)	\$265
Detox (60min)	\$250
True (30min 60min)	\$120 \$170
Grooming (60min)	\$180
Back (60min)	\$180
Customized Facials with Technology (60min)	\$225
Cool Beam • Ultrasonic • Lift with Peel (60min)	\$220
Brighten • Smart Peel • Z Peel	
Lash Lift (60min)	\$155

MASSAGE

Flow (60min 90min)	\$175 \$230
Couple's Flow (60min 90min)	\$350 \$460
Fusion (30min 60min 90min)	\$125 \$160 \$210
Couple's Fusion (60min 90min)	\$320 \$420
Deep Tissue (30min 60min 90min)	\$135 \$175 \$230
Couple's Deep Tissue (60min 90min)	\$350 \$460
Sports (30min 60min 90min)	\$135 \$175 \$230
Prenatal (60min)	\$160
Craniosacral Therapy (60min)	\$175
Reflexology (30min)	\$135
Reiki (60min 90min)	\$165 \$220

QUICK-FIX THERAPIES

Designed for minimal contact with maximum results

Shape Up (20min)	\$85
<i>Includes a Brow Tinting, Brow Shaping, and Mini Eye Lift.</i>	
Quick Fix Facial (20min)	\$75
<i>Includes a cleansing, Smart Peel and 1-zone extractions.</i>	
Radiance (20min)	\$125
<i>Includes a cleansing, Z Peel and Cool Beam.</i>	

BODY SCRUBS

Glow Body Scrub (60min)	\$185
Glow Body Scrub + Massage (90min)	\$240

NAILS

Pure Manicure	\$37	Pure Pedicure	\$65
Luxe Spa Manicure	\$55	Luxe Spa Pedicure ..	\$100
Sports Pedicure	\$90		
Extended Wear (add on)	\$18		
Polish Change	\$16		
Gel Removal	\$15		

WAXING

EYES

Brow Shaping ...	\$50	Brow/Lash Tinting ..	\$27
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BODY

Lip	\$22	Arm	\$55
Chin	\$22	Back	\$75
Half Leg	\$60	Bikini	\$37
Full Leg	\$85	Brazilian	\$85
Underarm	\$32		

FITNESS CLASSES

CLASS PACKS

Single	\$30
Package of Five	\$140 (\$28/class)
Package of Ten	\$270 (\$27/class)
Package of Twenty	\$510 (\$25.50/class)

NEW GUEST OFFER

New Guest Wellbeing Pack	3 classes for \$59
<i>First-time Exhale fitness guests only</i>	

PRIVATE TRAINING

Single Session	\$150 (\$135 for members)
Duo Session	\$175 (\$160 for members)
Trio Session	\$200 (\$180 for members)

MEMBERSHIP

Fitness (annual)	\$150/month
Spa (annual)	\$105/month

See membership insert for detailed information on member benefits.

*Select spa therapies are available poolside or in-room upon request.
A 25% surcharge and 20% automatic gratuity will be added.*

Spa series 6-packs can be purchased for a 25% discount.

*Spa package prices cannot be combined with any other promotions
or discounts.*

exhale®

EXHALE BAL HARBOUR

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