



THE RITZ-CARLTON, BAHRAIN UNVEILS NEW ‘WELLNESS 360’ EXPERIENCES AT THE ROYAL BEACH CLUB

Re-opening Jan. 7, traveling guests and members can fully immerse themselves in a total mind, body and soul wellness experience with the unveiling of the new Royal Beach Club indoor facilities.

Manama, Bahrain – January 2020 –The Ritz-Carlton, Bahrain embarks on a new adventure of wellness and tranquility as it reveals the final stages of the Royal Beach Club renovations this season. Re-opening officially on Jan. 7, guests can fully immerse themselves in a total ‘Wellness 360’ experience with the completion of the new indoor heated pool and locker facilities, along with a new, modern juice bar, aptly named “La Vie.” The final phase comes after the 2019 enhancements of the Mixed Gym and Fitness Studio, which offer the latest in gym equipment by Life Fitness as well as floor-to-ceiling windows with endless views of the Arabian Gulf.



Rendering of the Royal Beach Club Indoor Pool Facility at The Ritz-Carlton, Bahrain

“Each year, more than 1.4 billion people travel internationally. Within this figure, wellness tourism alone has seen a 57% increase since 2015. Travelers are spending their newfound wealth on wellness travel and seeking out un-charted destinations to have this experience,” says Bernard de Villèle, General Manager of The Ritz-Carlton, Bahrain. “And thanks to the longstanding support of our ownership, International Hotels Establishment, we are fortunate to offer the best state-of-the-art wellness experience for members and traveling guests into the Kingdom of Bahrain, all coupled with award-winning dining and spa experiences that are truly first class. No where else can you find this in the region and we are proud of this achievement to mark our 25th anniversary year.”

Featuring a modern design and sleek wooden interiors, the newly enhanced indoor heated pool will offer a year-round aquatic experience with daily classes for both children and

adults. The Club's changing rooms, as well, will see a 360 makeover with key-pad locker facilities, shower areas, private changing rooms, towel-service and Asprey bath products. Guests and Members will also leave happy and quenched at the resort's new juice bar, La Vie. The new "on-the-go" healthy dining concept reveals a modern menu of detox and energy smoothies, juices, coconut water, Nai teas, and more.

For traveling guests into the Kingdom, a new 'Wellness 360' package avails an island retreat for the mind, body and soul. Retreat packages start at BHD 180++ per night with a minimum 2 night stay, and offer luxury airport transportation, Club Room or Villa accommodations, a personalized fitness and training itinerary, nutrition consultation, two "La Vie" juice bar vouchers daily, 120-minute Body Wrap and Stress Relief Massage and hydrotherapy marina bath experience at The Ritz-Carlton, Spa, "Dream Well" amenity kit with personalized eye mask and calming-pillow spray mist in lavender scent and USD 100 dining credit.

The Royal Beach Club at The Ritz-Carlton, Bahrain is open daily from 5:30 a.m. - 10:30 p.m. Ladies-only and Mixed-gym classes are offered daily starting from 6:30 a.m.-7:30 p.m., and include: Pilates, Yoga, Body Pump, TRX, Spinning, Tennis, Stretching, Abs & Core, and Boot Camp. For more information on yearly memberships and all-access Day Passes, dial (+973) 1758 6612 or email BAHRZSportsClub@marriott.com. To reserve your stay, please call (800) 00995, the hotel directly at (+973) 1758 0000, a travel professional or visit The Ritz-Carlton website at ritzcarlton.com/bahrain. Follow the hotel on Facebook and Instagram @ritzcarltonbahrain and join the conversation using #RCMemories.

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About The Ritz-Carlton, Bahrain

Set within 20 acres of lush gardens and golden sandy beaches on the Gulf of Arabia, the 245-room five-star city resort is one of the most elegant destinations in Bahrain. A place where guests can immerse themselves in the local culture, enjoy extraordinary cuisine and explore the dazzling capital city of Manama, adding yet another level of indulgence to a collective range of extraordinary experiences. In addition to the Deluxe room categories, the resort also features 31 suites and 42 Club Level rooms as well as 23 well-appointed, seafront villas, each with three-bedrooms, its own private infinity pool, private beach access, and 24-hour butler service. Catering to the most discerning epicurean connoisseur, the resort offers both modern and international dining experiences with its award-winning restaurants, including: Cantina Kahlo (Mexican), Nirvana (Indian), Plums (Steakhouse), La Plage and Bar de Plage (Beach cafe), Thai (Asian Fusion and Sushi), La Med (Mediterranean), Primavera (Italian) and La Table Krug by Y (French Contemporary) and La Vie (Juice Bar). For leisurely dining moments or for afternoon tea, The Lobby Loung and the Ritz Gourmet Lounge offer guests à la carte café and dessert options, while Burlington Club entertains a more sophisticated ambiance perfect for enjoying vintage spirits, premium cigars, modern cocktails (and mocktails) and light bites. In-room dining is also available to guests' 24-hours a day. A variety of guest amenities also abound, including: a private beach sweeping around a lagoon with its own island outdoor and indoor swimming pools; an award-winning Ritz-Carlton Spa, Royal Beach Club, elevated Ritz-Carlton Club® Level lounge with panoramic views of the

Arabian Gulf; private 16-slip marina; newly enhanced fitness center; paddle boarding and kayaking rentals, Ritz Kids clubhouse, tennis and squash courts, business center, flamingo lagoon, Concierge desk with Les Clefs d'Or® Head Concierge, men's and women's hair salon, and shopping arcade with six luxury boutiques. In addition to the leisure setting, the resort also features over 90,000 square feet of meeting, conference and wedding spaces. New additions to the venue portfolio include the Masaya and Arena pavilions'. For additional information about The RitzCarlton, Bahrain, please call (800) 00995, the hotel directly at (+973) 1758 0000, a travel professional or visit The Ritz-Carlton website at ritzcarlton.com/Bahrain.

About The Ritz-Carlton Hotel Company, LLC

The Ritz-Carlton Hotel Company, L.L.C., of Chevy Chase, MD., part of Marriott International, Inc., currently operates more than 100 hotels in 30 countries and territories. For more information or reservations, visit the company web site at www.ritzcarlton.com, for the latest company updates, visit news.ritzcarlton.com and to join the live conversation, use #RCMemories and follow along on [Facebook](#), [Twitter](#), and [Instagram](#). The Ritz-Carlton Hotel Company, L.L.C. is a wholly-owned subsidiary of Marriott International, Inc. (NASDAQ:MAR). The Ritz-Carlton is proud to participate in Marriott Bonvoy, the new name of Marriott's travel program replacing Marriott Rewards®, The Ritz-Carlton Rewards®, and Starwood Preferred Guest® (SPG). The program offers members an extraordinary portfolio of global brands, experiences on Marriott Bonvoy Moments and unparalleled benefits including earning points toward free hotel stays and nights toward Elite status recognition. To enroll for free or for more information about the program, visit MarriottBonvoy.marriott.com.

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