



**THE RITZ-CARLTON**  
CHICAGO





*Let us make the world  
revolve around you.*

# ESCAPE

Nestled along the glistening waters of Lake Michigan and above architecture that awes on The Magnificent Mile, a serene spa experience awaits you at The Ritz-Carlton Spa, Chicago. Inspired by the shores of our surroundings, the Spa offers a tranquil retreat designed to nourish the mind, body and soul.



# EXPERIENCE

Escape to The Ritz-Carlton, Chicago where our Spa guides you on a journey of revitalization. Resting on the shores of greatness, our luxury day Spa's interior space is inspired by magnificent surroundings of Lake Michigan and offers hydration inspired experiences designed to awaken the senses, nourish the body and renew the spirit.

## ULTIMATE BODY EXPERIENCE

110 Minutes | \$450 USD

Achieve real results with this highly effective treatment. Combining a detoxifying or skin conditioning body wrap with a tailor-made massage, this revitalizing treatment deeply relaxes, cleanses and restores.

**Includes** Full body exfoliation, warm towel wrap, scalp massage, full body massage

## INDULGENT DRENCH BODY MASSAGE

80 Minutes | \$285 USD

Restore balance and peace with a harmonious massage that connects the mind, body and spirit. This stress relieving massage incorporates rhythmic techniques and purifying aromatic essential oils restoring peace within. Emerge feeling relaxed, revitalized and hydrated.

**Includes** Full body massage, reflex zone foot massage and scalp massage

## HYDRALIFTING FACIAL

80 Minutes | \$330 USD

Indulge in a blissful journey that provides a hydrating technique to cleanse and strengthen the skin. Incorporating hyaluronic acid to hydrate, plump and reduce the depth of fine lines and wrinkles. The unique qualities of this nourishing facial leave the skin moisturized, renewed and fortified at a cellular level.

**Includes** Cleanse, exfoliation, hyaluronic mask mask, lifting massage



# MASSAGE

## DEEP MUSCLE MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern help relieve common discomforts and sports-related tension.

## STRESS RELIEF MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## RELAXATION MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## HOT RIVER STONE MASSAGE

80 Minutes

\$310 USD

A therapeutic and rejuvenating massage using warm river stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

## SIDE BY SIDE MASSAGE

50 | 80 | 110 Minutes

\$390 | \$550 | \$750 USD

Choose any of our massage treatments and share the experience of well-being and relaxation with someone special in our side by side suite.

## NATURALLY NURTURED MASSAGE

50 | 80 Minutes

\$195 | \$275

Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.





# BODY

## NOURISHED GLOW

80 Minutes | \$295 USD

Reveal your smoothest, softest skin ever with this body exfoliation, finishing with a deeply nourishing oil application and personalized back massage.

**Includes** Full body exfoliation, skin brush, back massage and oil application

## BODY BALANCER

80 Minutes | \$285 USD

Restore serenity to body, mind and skin with this richly indulgent and deeply reviving back, neck and scalp treatment.

**Includes** Back exfoliation, back massage, application of facial oil, scalp massage

## SOLE REVIVER

50 Minutes | \$195 USD

Foot massage is an essential element of Chinese tradition and therapy.

Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

**Includes** Foot and leg exfoliation, reflex-zone foot massage

CHICAGO



# FACIAL

## CUSTOM FACIAL

50 | 80 Minutes

\$200 | \$300 USD

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

**Includes** Deep brush cleanse, skin analysis, facial exfoliation massage, mask, scalp massage

## AGE-DEFYING FACIAL

50 | 80 Minutes

\$200 | \$300 USD

Instantly combat the most visible signs of skin aging - smoothing fine lines and restoring youthful radiance to your complexion.

**Includes** Deep brush cleanse, skin analysis, facial exfoliation, specialized toning facial massage, mask, scalp massage

## ULTIMATE RADIANCE & RENEWAL FACIAL

80 Minutes | \$315 USD

Restore skin's vitality and reveal a bright, smooth and radiantly youthful-looking complexion. The must-have treatment for immediate results prior to a special event.

**Includes** Brush cleanse, skin radiance mask, age-defying crystal massage, lifting mask, scalp massage

## THE ADVANCED O2 FACIAL

80 Minutes | \$330 USD

This premier treatment is the ultimate in anti-aging focusing on plumping fine lines and firming the skin. With layers of antioxidants, skin-firming peptides are sealed in using a bio-cellulose mask. This treatment hydrates, restores resiliency, and provides immediate rejuvenating results.

**Includes** Therapeutic triples cleans, skin analysis, facial exfoliation, specialized toning facial massage, oxygen infusion, and scalp massage. Specializes in Luzern products.



# MEN

## THE MANICURE

25 Minutes | \$40 USD

Essential maintenance and repair for your hands leaving a smooth and soft finish.

**Includes** Soak, cut and file, cuticle work, application of hand cream, buff

## THE PEDICURE

40 Minutes | \$60 USD

Redefine your toes with an all encompassing relaxation pedicure service.

**Includes** Soak, nail file and shape, exfoliation, cuticle work, application of body cream and buff

## THE MEN'S MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

The ultimate male escape. Unwind in style with this rebalancing and intensely relaxing treatment that includes a full body massage using heated stones, facial massage and a soothing scalp massage.

## MUSCLE RECOVERY MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern help relieve common discomforts and sports-related tension.

## RELAXATION MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

## STRESS RELIEF MASSAGE

50 | 80 | 110 Minutes

\$195 | \$275 | \$380 USD

Revive tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalization and relaxation.

## POWER HOUR

80 Minutes

\$295 USD

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses leaving you ready for anything.

**Includes** Full body exfoliation, back massage, oil application

## THE MEN'S FACIAL

50 Minutes | 80 Minutes

\$200 | \$300 USD

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized.

**Includes** Double cleanse, facial exfoliation, steam and extraction, facial massage, mask, scalp massage



THE RITZ-CARLTON SPA

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# BEAUTY

## ULTIMATE PEDICURE

75 Minutes | \$80 USD

An intensive treatment using deeply nourishing products to repair, replenish and condition your nails depending on your individual needs.

**Includes** Soak, cut and file, cuticle work, scrub, personalized moisture mask, hot towel wrap, application of body cream, massage, polish and buff.

## PEDICURE

50 Minutes | \$60 USD

Maintain amazing results and keep nails in good condition with this conditioning treatment.

**Includes** Soak, cut and file, exfoliation, cuticle work, application of body cream, polish and buff

## WAXING

All essential waxing services are available for Face and Body. Eyelash and eyebrow tinting available per request.

## ULTIMATE MANICURE

60 Minutes | \$55 USD

This indulgent treatment provides long lasting results with the use of deeply nourishing products to repair, replenish and condition your nails.

**Includes** Soak, cut and file, cuticle work, personalized moisture mask, hot towel wrap, application of body cream, massage, polish and buff.

## MANICURE

45 Minutes | \$40 USD

Enjoy an all encompassing luxury manicure that will result in a smooth and delicate finish.

**Includes** Soak, cut and file, cuticle work, application of hand cream, massage, polish and buff

## GEL POLISH REMOVAL

\$35 USD

Please note, no acrylic, dip polish, or artificial removal. Please specify at the time of booking for proper scheduling.

## NO-CHIP PEDICURE OR MANICURE

50 Minutes Each

\$60 Manicure | \$80 Pedicure

A revolutionary power polish is applied and set under UV lighting. Your nails are completely dry by the time your manicure or pedicure is over, and you will have an incredibly durable, chip-free finish for two weeks with superior shine.

**Includes** Soak, cut and file, exfoliation, cuticle work, massage, gel application

## SOLE REVIVER

50 Minutes | \$180 USD

Foot massage is an essential element of Chinese tradition and therapy.

Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

**Includes** Foot soak, exfoliation, mask, lower leg and reflexology foot massage



# ENHANCEMENTS

Upgrade your treatments by choosing one or more of our carefully created service enhancements. Enhancements are available as incorporated additions to facial, body and massage services without adding additional time to the treatment. All enhancements must be booked and received with a treatment.

## DRY SKIN BRUSHING

\$35 USD

Enjoy a refreshing body exfoliation prior to any massage to instantly soften, smooth and revitalize your skin.

## HAND OR FOOT REVIVER

\$35 USD Each

Reveal brighter skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright. Add to any facial, massage or body treatment.

## HOT STONE MELTER

\$35 USD

Enhance any massage with smooth basalt stones that radiate heat deep inside the muscles to relieve deep seated tension and stress.

## MOROCCAN OIL SCALP TREATMENT

\$35 USD

Using the strengthening properties of Moroccan Oil with a deeply relaxing scalp massage reduce tension, condition the scalp and leave you with beautifully healthy hair. Perfect addition to any facial, massage or selected body treatment.

## SMOOTH & FIRM BODY BUTTER

\$35 USD

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration. Also refines skin texture, softens and restores suppleness.

## BACK REVIVER

\$35 USD

Reveal smoother skin during any massage with this exfoliating and refreshing treatment that leaves the back smooth, soft and hydrated.

## KNESKO FACE AND MORE

Eye or Lip

\$35 USD Each

Face, Neck or Decollete  
\$50 USD Each

Relax and re-balance your skin by using our serum-infused collagen gel mask, packed with active clean ingredients bringing energy and rejuvenation to your skin.



# GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines

## AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- + Allergies or medical conditions, including pregnancy
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions

You must provide a valid credit card number with expiration date at time of booking.

## ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to relax in the lounge and use the saunas and steam rooms. If you arrive late to your appointment your treatment cannot be extended, and you will be charged the full value.

## PERSONAL BELONGINGS/VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

## USE OF CELL PHONES, ELECTRONIC DEVICES, AND CAMERAS

To protect the privacy of our guests and to preserve the guest experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones and electronic devices must be turned off.

## AGE REQUIREMENTS

You must be 18 years of age or older to enjoy the spa relaxation areas. Massages and facials cannot be performed on anyone under the age of 18 years. Nail services are available for children 5 years of age or older. Parent must be present for the entire service and a locker will only be provided to the parent.

## TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services.

## WHILE DEPARTING THE SPA

Please be sure to check out at the spa's Front Desk before you depart.

## LOCKER AREAS

Locker areas and facilities are complimentary to spa guests who have a minimum of a 50 minute service and are 18 years of age or older. Robes and slippers are provided in the ladies' and gentlemen's lounges.

## FOOD AND BEVERAGE

You are prohibited from bringing any food or alcohol into the spa. Please inquire with our spa attendants regarding the food and beverage menu options available inside the spa. Please note that for the safety of our guests, we do not permit any glass containers or food inside our steam room or near the pool.

## METHOD OF PAYMENT

We accept all major credit cards and cash. Spa charges can also be added to room charges for guests staying at the hotel.

## GRATUITIES

A 20% service charge will be added to all services on final bill.

## CANCELATION POLICY

If you must reschedule or cancel your appointment, please notify the Spa at least 24 hours in advance of your appointment to avoid being charged the full service fee. No shows and same day appointment cancellations will result in a full charge of the service.

To reserve your spa appointment online, visit us at [ritzcarlton.com/chicago](http://ritzcarlton.com/chicago) or contact 312.573.4915



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