JUICES

ORANGE, GRAPEFRUIT, CRANBERRY,

APPLE | 7

HOT BEVERAGES

HERBAL TEAS | 8

ILLY COFFEE | 8

ILLY CAPPUCCINO, ESPRESSO, LATTE | 9

BAKERIES & BREADS

BAGEL WITH CREAM CHEESE | 8

TOAST I WHEAT, RYE, WHITE | 6

ENGLISH MUFFIN & JAM | 6



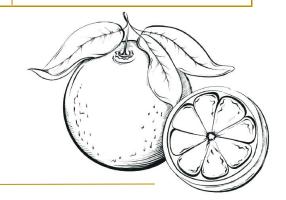
FRESH BEGINNINGS

MAPLE BROOK FARMS RICOTTA 18 | fresh berries, lime zest

VERMONT GREEK YOGURT 18 | berries, honey, oat crumble

STEEL-CUT OATMEAL 16 | brown sugar, raisins, cinnamon

SEASONAL FRUIT PLATE 16 | melon, pineapple, berries, mint



SIGNATURES

THREE EGG OMELET 25 |

mushrooms, spinach, peppers, asparagus, tomato, onion | diced ham, bacon | swiss, cheddar, goat cheese | toast

SUNRISE SANDWICH* 21 |

Sunny-side egg, pecan smoked bacon, cave-aged cheddar, avocado, brioche bun, heirloom breakfast potatoes

THE TREMONT* 28 |

two eggs any style, pork sausage or bacon, breakfast potatoes, toast

BELGIUM WAFFLE 20 | Vermont butter, macerated berries

BUTTERMILK PANCAKE 20 | plain, blueberries, chocolate chips or bananas, local maple syrup

SMOKED SALMON 28 | roma tomatoes, pickled onions, capers, cream cheese, bagel

SIDES

Breakfast Potatoes 7
Sausage or Bacon 10
Cup of Seasonal Fruit 8
Cup of Mixed Berries 10
Sliced Banana 5
Selection of Cold Cereals, choice of Milk 9

We support local farmers and highlight many of their offerings on our menu. Some of our partners include Back Yard Farms, Russell Orchard, Maplebrook Farms, Foley Fish and The Chef's Garden