



SPA
ALKEMIA

M E N U

*To achieve transformation,
one must surrender entirely
to its pursuit.*

Alchemy began in ancient times with the quest to transform lesser metals into precious gold. Today, Alchemy is defined as a positive transformation. Alkemia, a modern Spanish adaptation of Alquimia, describes a profound shift toward a heightened state of wellbeing.

World-renowned and local healing traditions invigorated with heart-centered touch and potent natural products yield valuable results that strengthen, uplift and beautify. Spa Alkemia is the place where the magic of Mexico comes alive in a healing playground where the power of transformation and renewal are present.

Buena Onda means recognizing that each guest has their own distinct pathway to wellbeing; an easygoing freshness and approachability that allow for a relaxing rhythm and flow. The friendly staff animate the Spa with ‘good vibes’ stemming from a sincere desire to nurture and inform guests on how to best serve their needs.

Spa Alkemia is a vibrant oasis and playground in the midst of the desert. The lush tropical landscape creates a refreshing environment, where all senses are engaged by a contemporary esthetic in keeping with Mexican design tradition.

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SAVASANA EXPERIENCE

SOUND HEALING EXPERIENCE

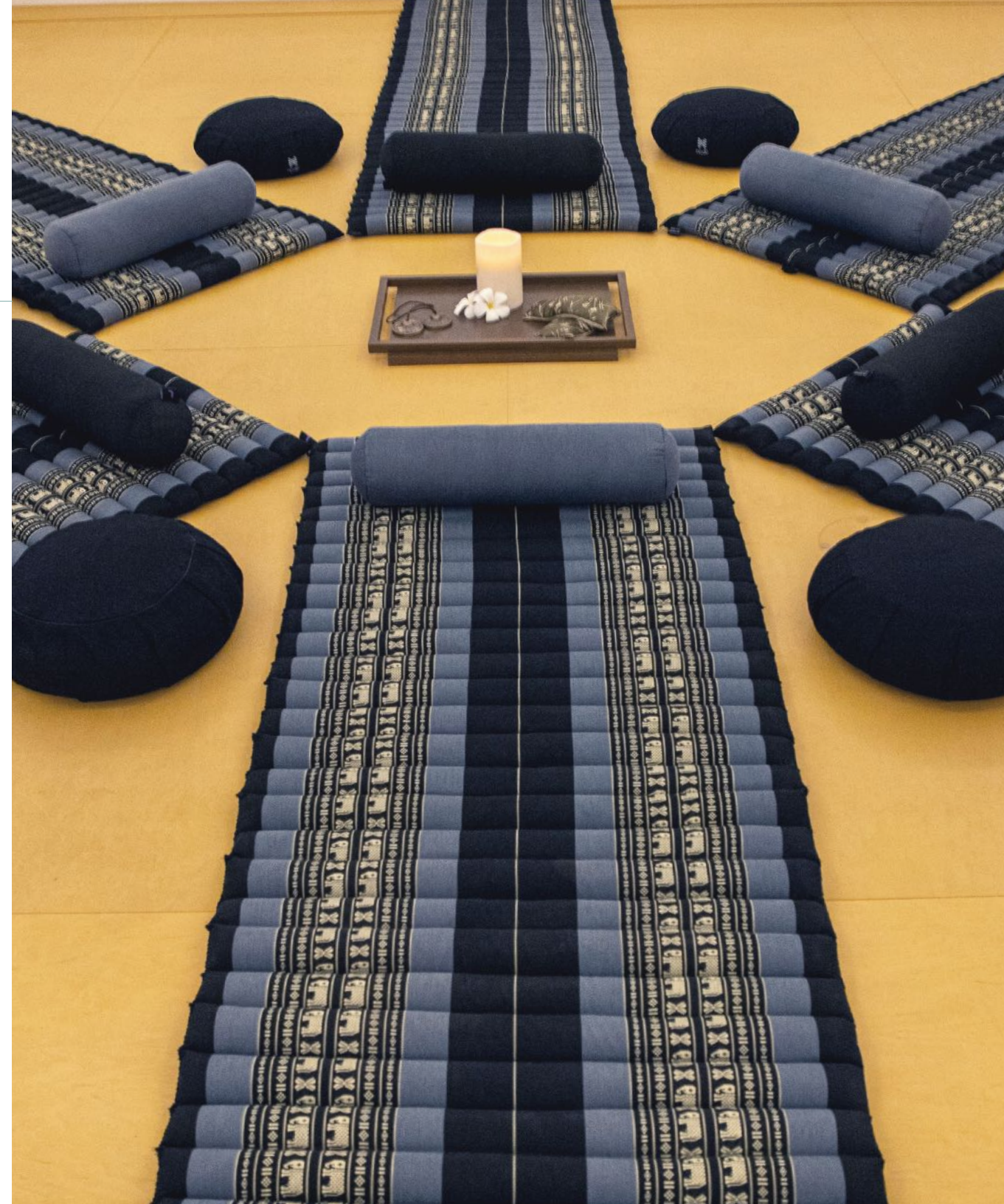
30 / 60 minutes

We know that music and sound have been used throughout the centuries to lift the spirit, energize, inspire, relax, shift moods, and even heal the body. It is a universal power that has an impact on the human psyche, as well as the physical body and mind. It is appreciated in all cultures around the world. Quantum physicians and scientists are now demonstrating through modern science that we are all made up of energy and vibrations.

So, imagine experiencing sound and music on a deeper level by truly feeling the music resonate throughout your body like a joy-inducing musical massage in every cell of your being. The music you hear is fully translated into harmonic resonance and vibrations that surpass any musical and/or sound experience.

The Savasana Room was created to help you quiet your mind, relax and listen to and through your body, your heart, your soul and/or inner spirit so you may gain deeper awareness, clarity, optimal health and wellbeing. Sound therapy vibrates in different styles of music, sounds and rhythms to bring the brain into a deep meditative state. As you listen to the music you will simultaneously feel it resonating throughout your entire body and mind as an inner healing cellular sound or musical massage. By the end of the experience, you will naturally feel more aware, with energy in balance, energized and fully alive!

Each session can be booked for 1-6 guests, for 60 or 30 minutes.





ZADÚN RITUALS

CELEBRATING DESERT | SEA | FLORA

OCÉANO ALKEMIA | 3.5 hours

SCRUB + WRAP + MASSAGE + HAIR + FACIAL

Dive into a detoxifying, re-mineralizing body treatment with gifts from sea and earth. Begin with a mineral salt and seaweed scrub. Continue with an invigorating seaweed body wrap and a revitalizing hair and scalp treatment inspired by the sea with the added benefit of essential oils. An oil-blend massage including sweet orange, cypress and grapefruit helps promote circulation and encourages detoxification, lymphatic drainage and a release of water retention. Finish with a 60-minute facial of your choice.

DESERT BOTÁNICA | 2 hours

POULTICE + MASSAGE + COOLING MINI FACIAL

This deeply comforting experience blends warmed herbal compresses with lengthening stretches and a firm and flowing massage. Our poultices are sourced from healing botanicals found in the Baja desert and other parts of Mexico. The oil alchemy for the massage includes desert sage, lavender, and vanilla. Your face will be refreshed with an organic cleanse, a cooling aloe and cucumber mask, serum, and a calendula moisturizer.

ABUNDANCIA DE FLORA | 2.5 hours

EXFOLIATION + MASSAGE + HAND AND FOOT TREATMENT

Celebrating the bounty of the gardens of San José del Cabo, this service starts with a farm-to-table scrub. After rinsing, a massage follows with precious skin-nourishing oils of rose and orange blossoms. Rich floral body butter hydrates hands and feet through a reflexology session that will take you into a heavenly state of being.

ALKEMIA AL FRESCO

OUTDOORS IN A LUSH, PRIVATE GARDEN SETTING

TAMARINDO BODY SCRUB

30 / 60 minutes

Our house-made tamarind and brown sugar scrub reveals fresh skin, leaving the body hydrated and soft.

SOOTHING ALOE BODY MASK

30 / 60 minutes

A refreshing aloe gel body and face mask soothes and re-hydrates sun exposed skin. Finish with a nourishing rosehip and aloe lotion to replenish and retain moisture.

ALQUIMISTA REFRESHER BODY SCRUB

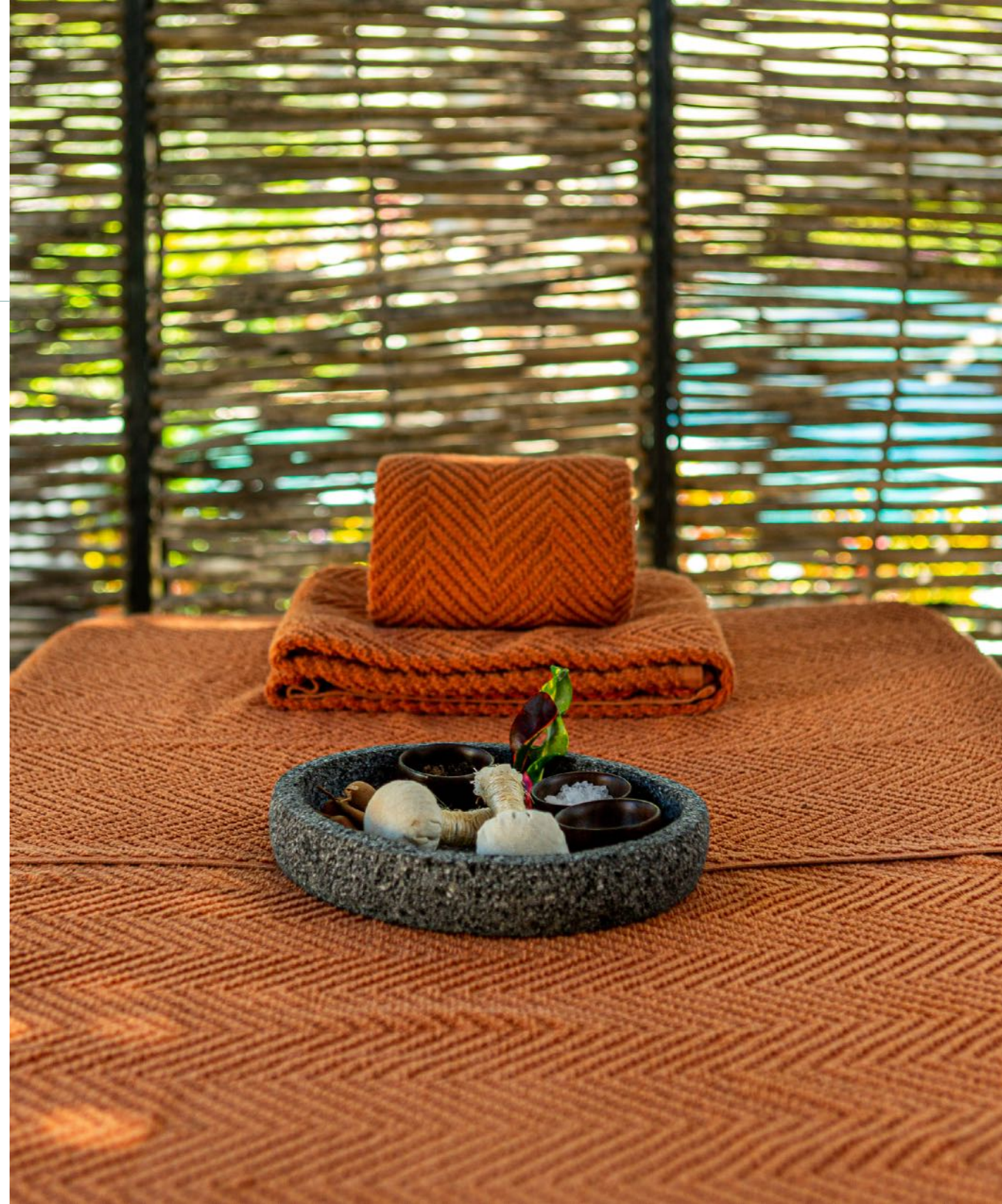
30 / 60 minutes

Choose from a concoction of sugars, salts, botanicals and essential oils to create a customized body scrub for specific skin types.

ALQUIMISTA BODY WRAP

30 / 60 minutes

Choose from our mask bar for all skincare needs (detox, nourishing or hydrating) and create your own experience.



MASSAGES



STONES

90 / 120 minutes

STONES + REFLEXOLOGY

Healing hands and warm basalt stones infused with lavender and sage oils guide you into a deep state of relaxation. Journey through this hand and foot reflexology massage that will take your breath away.

REFLEXOLOGY

60 minutes

Reflexology is an ancient therapy focused on healing the body by activating various reflex points in the hands and feet. Pressing these spots sends waves across the body, helping it heal and unwind.

PURIFY

90 minutes

MASSAGE + SCALP TREATMENT

Free your body of toxins and fluid retention with this thoughtfully performed lymphatic drainage massage. Using a mix of juniper, cypress, grapefruit and rosemary oils, this transformative therapy also boosts blood flow. A cleansing oil-based scalp massage makes this a truly memorable experience.

SOOTHING

90 minutes

MASSAGE + SUCCULENT CREAM INFUSION

A deep hydration booster inspired by two Mexican desert succulents: prickly pear and agave. Ideal for dry, sensitive, or sunburned skin. Soft scents of vetiver and cardamom linger in the air even after this soothing massage is over.

BALANCE

60 / 75 / 90 minutes

MASSAGE + CRYSTALS + FACIAL MASSAGE

Brain, body, and soul find their balance on a warm far-infrared massage table covered in ground amethyst crystals. An aromatic blend of stabilizing essential oils melts away every trace of tension. Align your body and let the universal life force energy flow through you with this polarity massage therapy.

ALKEMIA

90 / 120 minutes

HEALING HANDS + CRYSTALS + FACIAL MASSAGE

Activate your marma points and tap into your body's vital force by following Yogic wisdom. On a warm gemstone bio-mat, aromatic oils will be drizzled along your spine and massaged into your body. Facial marma points will be stimulated with crystal wands as you feel your skin be born anew.

ZADÚN

60 / 90 / 120 minutes

MASSAGE + ESSENTIAL OILS

Free your body of all tension with this firm, yet free-flowing massage. Choose from our tailored selection of skin nourishing oils that revitalize the skin, calm the mind, and awaken the senses.

DEEP

75 / 90 / 120 minutes

Rid yourself of all stress with a slow, purposeful, deep tissue massage. Enhance the experience with our liniment and therapeutic oils guaranteed to relieve muscle soreness and joint stiffness. Ideal for high-performing muscles.

MATERNITY

60 / 90 minutes

DRY BRUSH + ORGANIC MASSAGE + MINI FACIAL

Breathe new life into your skin with this stimulating lymphatic brushing. Treat yourself to our exceptional pregnancy oil, while tending to dry, chapped skin with our splendid calendula cream. These meticulous massage techniques are sure to defuse all corporal tension safely. Close out this metamorphic experience, indulging yourself with a soothing organic mini-facial.

PARA EL HOMBRE MODERNO

MASSAGE + FACIAL

90 / 120 minutes

Skincare has never been so effective, simple, and visibly rewarding. This full-body experience begins with a straightforward massage primarily focused on the scalp. This peak-performing service is complete with a restorative men's facial designed to support healthy, vibrant skin.

GOLF RENOVATION

90 / 120 minutes

Golfers will surely bring their A game after this mobilization massage, not to mention the mini hydrating facial and soothing eye treatment that will get them into peak shape.

ATLÉTICO

90 / 120 minutes

Relieve sore muscles with this sports massage, rooted in deep tissue and stretching techniques.

EXTREMITY MASSAGE WITH PEDICURE

120 minutes

Show your legs, feet, arms, hands, neck and shoulders some love. An exquisite scalp massage is the ultimate prelude to a cleansing pedicure that will transport you to the purest of havens.





MÁGICO PARA DOS

DOS TAMARINDOS | 2 hours
DIY EXFOLIATION + SOAK + MASSAGE

A couple's experience unlike any other. It all starts with a playful, custom-made Tamarindo Scrub. Then comes a ravishing immersion in a large outdoor bath, surrounded by sensual aromas that soften the skin and soothe the senses. The finishing act is a whimsical Tropical Euphoria massage.

BAJA AMOR | 2.5 hours
DIY CLAY MASK + STEAM + MASSAGE

Bring out your body painting skills with this colorful array of clays. Let your masterpiece heal your skin while you unwind on the outdoor lounges with spirited refreshments at hand. Feel the love with a private steam, a dual shower, and a side-by-side massage with a goosebump-inducing blend of uplifting oils.

DULCE Y PICANTE | 2 hours
MEXICAN CHOCOLATE SCRUB + OUTDOOR SOAK + MASSAGE

Begin the fun as you scrub each other with a Mexican chocolate good enough to eat. Then settle into a warm coconut milk and citrus bath with spicy cocoa-inspired treats. Finish with a deliciously fragrant organic chocolate oil massage.



CASITA PRIVADA

YOUR PRIVATE SPA WITHIN THE SPA

DAY OF DREAMS | timeless
Float on a daydream at Casita Privada, a spa within a spa. Whether you are with a partner or a small group of friends, let the day unfold as you build ties with others and enjoy the private soaking pool. Available treatments include three 60-minute sessions per person: a massage, a facial and a manicure or pedicure. Feel time slow down and create an enchanted space for deepening relationships and nourishing the body and soul.

PURIFICATION RITUAL | 3 hours
As soon as you enter Casita Privada, a ceremonial body cleansing ritual commences. Once settled inside the steam room, bundles of fragrant botanicals increase circulation and purify the skin. A restoring herbal scrub and outdoor shower are followed by a detoxifying body wrap and a soothing foot massage. Cap this luxurious ritual with a massage of your choice from our menu. Refreshments will abound as you rest in this, your own private haven.

FACIALS

Organic and pure cosmeceutical products free of harmful ingredients deliver visible results. Microcurrent Treatment, LED Light Therapy and O2 Therapy are an alchemy of high-tech insight and conscious touch that transforms the skin.

ZADÚN FACIAL SPECIAL | 60 / 90 / 120 minutes

MICROCURRENT LIFT OR LED LIGHT THERAPY. ADD 30 MINUTES

This transformational high-touch facial delivers visible results while conjuring the ultimate relaxation. Our customized serum-layering system is designed to TARGET, BUILD and HYDRATE the skin, revealing a glowing and rejuvenated complexion.

RADIANT | 60 / 90 / 120 minutes

Age-defying radiance is the signature of this high-performance facial. After cleansing, comes a double exfoliation mask treatment while feet and hands are pampered with skin-softening wraps. A balancing mask is next, as well as a facial massage using crystal wands. Finishing skin repair and rejuvenation products are applied and allowed to penetrate. By the end of this journey, your skin will look and feel positively radiant.

BRILLIANT | 60 / 90 minutes

MICROCURRENT LIFT OR LED LIGHT THERAPY. ADD 30 MINUTES

A gorgeous glowing complexion is the result of this rejuvenating facial. A skin-brightening exfoliation is enhanced with a pure pearl hydration mask to even out skin tone while hands and arms are massaged with an uplifting aromatic blend of oils. A coconut-aloe, skin brightening balm caps off the facial.

SENSITIVE | 60 / 90 minutes

WITH LED THERAPY FOR ACNE PRONE. ADD 30 MINUTES

This nutrient-filled, sea-sourced facial deeply soothes and hydrates delicate facial skin with a cleanse, scrub, treatment mask, serum, and moisturizer. The experience is enhanced with extra care for the neck area and a nurturing hand massage. A cranial massage carries you into a deep state of relaxation. This facial is especially great for sensitive, rosacea, or acne-prone skin.





07. SKIN ENHANCEMENTS

OXYGEN BOOST

15 minutes add-on

Delivers anti-inflammatory and healing benefits.

AGE-DEFYING COLLAGEN MASKS

ULTIMATE RADIANCE | 30 MINUTES ADD-ON

Firms face, neck and décolleté, plus a plumping lip treatment.

HYDRATING FACE

Choose diamond, gold, rose quartz or black pearl.

In treatment service

EYE & LIP REJUVENATION | 15 MINUTES ADD-ON

In treatment service

BIO SCULPTING MASK

In treatment service

Leaves skin looking smooth, firm, luminous and radiant.

GLACIAL MINERAL MASK

In treatment service

Provides long-lasting moisture retention and re-energizes and revitalizes stressed skin.

THE SALON

MANICURE & PEDICURE

Non-toxic and hypo-allergenic, our nail services are ideal for even the most sensitive skin types. Our quick-dry nail polish, Lakur, reinforces nail strength and durability, delivering long-lasting, high-shine, gel-like wear.

CLASSIC MANICURE 60 minutes

CLASSIC PEDICURE 60 minutes

GEL POLISH HANDS OR FEET

COLOR REMOVAL

PEARL RADIANCE MANICURE

60 minutes

SCRUB + MASK + POLISH

Our signature manicure begins with a softening rosemary and sage scrub to prepare the hands for the skin-brightening Pearl Radiance mask. A soothing massage with antioxidant hydrating serum and sun protection seed butter leaves hands smooth, nourished, and protected. The manicure is completed with nail shaping and polish.

ZADÚN PEDICURE

60 minutes

SCRUB + MASK + MASSAGE + POLISH

Soothing and cooling, this pedicure begins with a soak to soften the feet followed by a shea butter mineral salt scrub. Smoothed feet are massaged with Golden Body Balm, rich with seed butter herb-infused oils and phytonutrients. The pedicure is completed with nail shaping and polish.





HIDRATO

75 minutes

This restorative treatment begins with a mask fortified by coconut and macadamia oils, botanicals, and antioxidants to repair, energize and rejuvenate the hair. This treatment ends with shampoo, conditioner, and blowout.

BRIGHT LIGHTS

75 minutes

FOR BLONDS AND SILVERS

A rich blend of oils, plant extracts and pure violet pigment instantly brightens and tones brassiness, while treating damaged hair and preventing future damage. Purple Orchid, the flower of longevity, repairs damaged hair, conditions, and prevents moisture loss.

LUXURIOUS

75 minutes

This softening treatment for curls, textured and coarse hair begins with shampoo and conditioner, rich in artichoke leaf extract, to replenish dry, damaged hair. During shampooing, a thorough scalp massage boosts circulation and relaxes the mind. Before styling, an elixir of botanical-rich oils is applied to strengthen and smooth your hair resulting in healthy luxurious locks.

HAIR

Paraben and sodium chloride free, UV protecting, color and keratin treatment safe, our salon services are tailored to your hair.

SHAMPOO AND BLOWOUT

75 minutes

Includes shampoo, conditioner, and brush styling with blow-dry for highly textured hair.

BLOWOUT MAGNifico

45 minutes

For curly, straight, or wavy hair.

It does not include shampoo.

HAIRDO

Short | Medium | Long

Neatly coiffed hair, very carefully styled.

HAIRCUT FOR WOMEN

60 minutes

HAIRCUT FOR MEN

45 minutes

MAKE-UP

SPECIAL OCCASION

90 minutes

NATURAL

60 minute

EYE

60 minutes

BRIDAL SPA MENU

Allow us to care for all your bridal hair and make-up needs, plus spa services. A radiant appearance, beautiful hair, flawless complexion with natural or glamorous make-up will not only make you look amazing but give you the confidence boost you want for your special day!

Ask about our Bridal packages.

SPA INFORMATION

GENERAL INFORMATION

To enjoy your spa experience to the fullest, please review our Spa Guidelines.

AT TIME OF RESERVATION

Please inform the Reservation Agent of the following:

- Allergies or medical conditions including pregnancy.
- If you have a gender preference for your service provider.
- If you are celebrating any special occasions.

Please note that you must provide valid credit card information or a registered guest room number at the time of booking.

ARRIVAL TIME

Please arrive at least 45 minutes prior to your scheduled treatment. This will allow time to enjoy the relaxation areas and terraces, sauna, steam rooms, whirlpools, and cold plunges. Arriving closer to the time your appointment begins will limit the duration of your treatment, which could affect its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed, and the full value of your treatment will be charged.

WHILE VISITING THE SPA

PERSONAL BELONGINGS / VALUABLES

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve their experience, the use of cell phones, electronic devices, and cameras is prohibited in the spa. Cell phones and electronic devices must be turned off.

AGE REQUIREMENTS

Massages and facials are not recommended for anyone under the age of 18 years. Salon treatments are available for children 5 years of age or older. The parent must be present for the entire service.

TREATMENT RECOMMENDATIONS

Shaving is not recommended prior to body treatments or hair removal services. For men's facial services, shaving is recommended, but not necessary. Your spa experience is time for yourself, and you should relish it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

FOOD AND BEVERAGE

Guests are prohibited from bringing any outside food or beverage, especially alcohol, into the spa. A guest who appears intoxicated will be denied access to the spa.

METHOD OF PAYMENT

We accept all major credit cards. You may also charge services to your guest room account.

SERVICE CHARGE

For your convenience, a 15% service charge will be added to each spa service. This includes gratuities distributed among the spa staff members who attend to you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

24-HOUR CANCELLATION POLICY

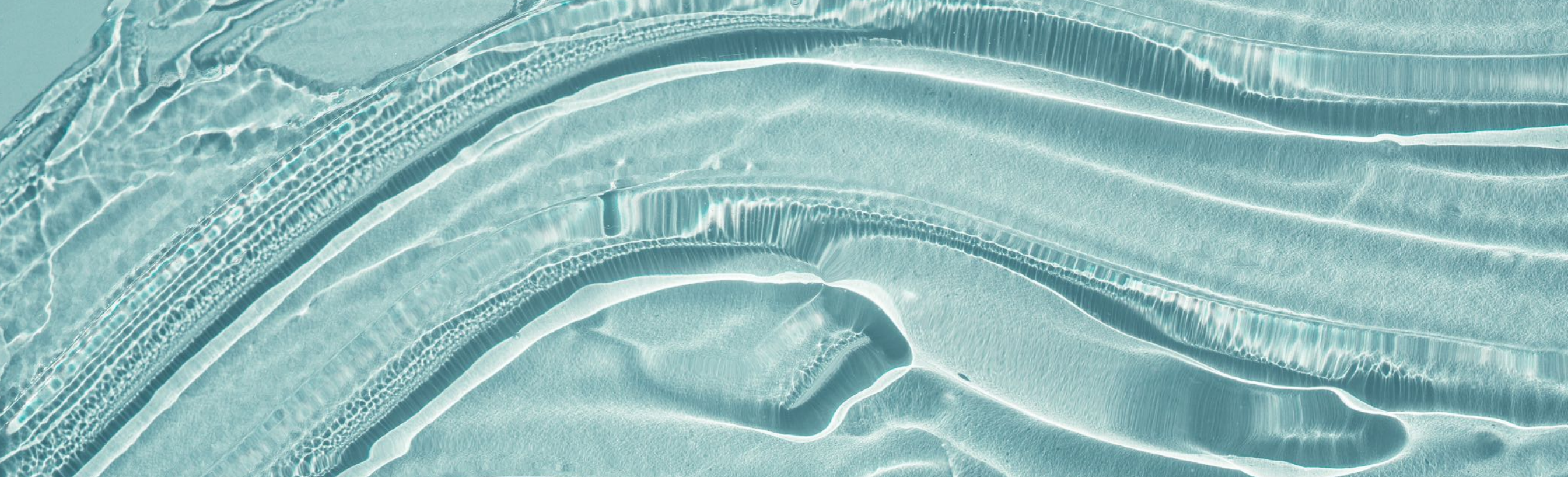
If you must cancel your appointment, please notify the spa 24 hours prior to your visit to avoid being charged the full price of your scheduled services.

The rescheduling of appointments within the 24 hour window will incur a change fee of 15%.

Cancellations of group events or private parties require one week's notice.

HOURS OF OPERATION

8:00 a.m. – 8:00 p.m., daily.



Treatment prices are in USD and include service charges and taxes.
24-Hour Cancellation Policy applies to all services.

TEL: (624) 172 9000

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Zadun
A RITZ-CARLTON RESERVE