



**THE RITZ-CARLTON**

NIKKO



# Activities





## INTRODUCTION

# Deep Dives into Nikko's Nature, Culture, and Spirituality.

Taking full advantage of our location within Nikko National Park, a destination revered for its scenic beauty as well as the splendid architecture of its UNESCO-designated Shinto shrines and Buddhist temples, The Ritz-Carlton, Nikko is pleased to offer more than two dozen guest activities that showcase the unique offerings of this highland setting. Walk through protected wetlands, stroll the precincts of centuries-old sanctuaries, meditate under waterfalls or try ice climbing in winter. Master the Japanese skill of *furoshiki* wrapping, sit zazen or witness a mystical fire ceremony . . . all of these experiences and more await.







# All-Year Activities



# Morning Zazen Meditation

Duration

30 minutes



Start your day by connecting with the breath in this morning zazen practice—a meditative discipline of sitting to calm the mind, let go of distractions, and look inward to foster insight. Leading the session is a monk from the nearby Chuzenji Temple.

# Morning Temple Walk

Duration

90 minutes



Greet the day with a lakeside walk to Chuzenji Temple, whose history stretches back to 784. The round-trip route is just three kilometers (1.9 miles), and can include entry into some of the halls to see an acclaimed dragon painting, statues of the five wisdom kings, and the principal object of worship—an eleven-faced, thousand-armed statue of the bodhisattva Kannon said to have been carved by the temple's founder.



# Fire Ceremony

Duration

2 hours



At Chuzenji Temple, a sanctuary dating back to 784 and affiliated with the World Heritage Rinnoji Temple, engage in a writing meditation by copying an image of the Kannon bodhisattva or a wellness sutra related to the deity of compassion. Then, witness the burning of holy cedar sticks in a dynamic fire ceremony. The rhythmic chanting of monks and snap-crackling flames will transport you to an otherworldly place of tradition and mysticism.



# Hotel Art Tour

Duration

45 minutes

Hear the unique stories behind a dozen or so of the artworks on display in different places throughout the hotel. Our guest experience team will conduct this tour.



# Furoshiki Art

Duration

45 minutes



Learn creative ways of wrapping using the *furoshiki*. This simple square-shaped cloth makes for a colorful and environmentally friendly way to hand-carry just about any item, or present one attractively as a gift.

# Kagura Shrine Dance

Duration

1 hour



Enjoy a guided tour and view a ceremonial *kagura* dance performed by a shrine maiden at Chugushi Shrine, a sanctuary affiliated with Nikko Futarasan. Accompanied by *taiko* drumming and a traditional bamboo wind instrument, this ritual offering to the Shinto gods expresses appreciation for bountiful crops and overall wellness.



# UNESCO World Heritage Site Tour

Duration

4 hours



Stroll the precincts of UNESCO World Heritage sites Rinnoji Temple and the Toshogu and Futarasan Shrines. At Toshogu, enjoy a guided tour of the complex led by a Shinto priest and shrine maiden, and experience a purification ritual in an ornately decorated chamber once reserved for use by the Tokugawa shoguns. Included in this excursion are visits to the three sacred cedar trees of Takio Shrine, an auxiliary shrine of Futarasan; and Kanmangafuchi, a riverside footpath lined with 70 stone statues of Jizo, the patron saint of travelers and children.

# Nikko Carving Experience

Duration

2 hours



Try your hand at the Nikko-bori style of woodcarving in a class led by the mother-daughter duo who created the wall carvings in our Japanese restaurant. You'll use the *hikkaki* chisel, a line-carving tool with a deep dogleg that's unique to the Nikko tradition. Learn from the masters as you embellish a wooden plate or hand mirror with a design of your choice.



# OkuNikko Stargazing

Duration

1 hour



OkuNikko is one of the best places to view the starry night sky in the entire Kanto region, whether with the naked eye or a powerful telescope that lets you observe the Milky Way and craters on the moon. Here in the highlands no light pollution interferes with the unforgettable canvas that unfolds after dusk.



# Prayer Beads Workshop

Duration

90 minutes



Select your preference of beads made of natural stone, wood, or seeds and thread them to fashion your own personal set of prayer beads just right for the size of your hands. When your work is finished, a monk will bless it to make it complete.





# Spring Summer Autumn Activities







# Paddleboarding

Duration

2 hours



Enjoy spectacular views of the nature all around you right in front of the hotel as you glide across Lake Chuzenji on a stand-up paddleboard. Five-meter (16-foot) mega boards for couples, friends, and families with little ones are available as well as SUPs for solo rides.



# Packrafting on Lake Chuzenji

Duration

3 hours



Slip a light inflatable packraft into your backpack and set out on a scenic forested walk following the shoreline of Lake Chuzenji. Then, inflate and board the vessel for your very own private lake cruise, with the vast beauty of OkuNikko stretching above, below, and all around you.



# Sundown Lake Ride

Duration

90 minutes



At an altitude of 1,270 meters (4,160 feet), there's no lake in Japan closer to the heavens than Lake Chuzenji. Board a solo SUP or a five-meter (16-foot) megaboard for an early-evening paddle as the sun dips and gives way to the quiet stillness of twilight. Weather willing, there'll be a canvas of color in the western sky before the moon rises.

Solo and group paddleboards and different sizes of inflatable rafts are used, depending on the day.

# Chanokidaira Nature Hike

Duration

2 hours



Enjoy a light hike to the 1,600-meter (5,250-foot) Chanokidaira lookout point in the hills behind the hotel. The forested trail offers beautiful views of Lake Chuzenji, and seasonal highlights include the rhododendrons in spring, the fresh leaf canopy of summer, and the colorful foliage each fall. Your reward is a spectacular view of Mount Nantai.



# OkuNikko History Ride

Duration

2 hours



The history of the Lake Chuzenji area dates back more than 1,200 years to the founding of Chuzenji Temple and the times when these hills were first explored by devotees of mountain worship. From the late 19th century, many diplomats kept their holiday homes here. Cycle back to the roots of OkuNikko with visits to Chuzenji Temple and the former villas of the British and Italian embassies.



# Hangetsuyama Cycling

Duration

2 hours



Hop on a mountain bike to ride the Lake Chuzenji Skyline, considered one of the best roads in Japan for scenic touring. Our destination is the Hangetsuyama observation deck, where you will have a panoramic view of the OkuNikko highlands. The route back is a downhill ride with gorgeous views of the Nikko mountain range.

# Cycle'n Cruise

(Mountain bike & speedboat)

Duration

2.5 hours



Put a new spin on your memories of the scenic OkuNikko highlands two ways. First, take a mountain-bike ride through the oak and larch forest of Odashirogahara. Next, board a speedboat to cruise back to the hotel on Lake Chuzenji with up-front views of Hatcho Dejima and Mount Nantai. Each season offers its own special beauty.



# OkuNikko Nature Walk

Duration

2.5 hours



Well maintained footpaths and few ups and downs make it easy for even casual hikers to enjoy the pristine watershed of the Lake Yuno area and the marshy grasslands of Senjogahara, both Ramsar sites that are highly valued for their unique ecology. Enjoy a delightful walk in these protected lands with their plentiful birds and waterfowl, gurgling streams, mossy fallen trees, and majestic views of Mount Nantai.



# Shugendo Experience

Duration

3.5 hours



Encounter Shugendo, an ascetic religious tradition that draws on Taoist, Buddhist and Shinto beliefs. First, purify yourself with incense, then hike to three secluded waterfalls of the Kirifuri highlands. Try the centuries-old *takigyo* practice of standing beneath a cascade to purify the body-mind, and come away refreshed by the spiritual energy of the mountain.

# Fly-Fishing

Duration

4 hours



Okuniko is sacred ground to aficionados of recreational fly-fishing in Japan. The sport originated here in 1902, when the Scottish merchant Thomas Glover released brook trout in Lake Yuno and the Yukawa River. If you are new to fly-fishing, what better place to give it a try than right here where it began? All gear is provided and a seasoned guide will assist you.

This offer is limited to fishing season.







# Winter Activities

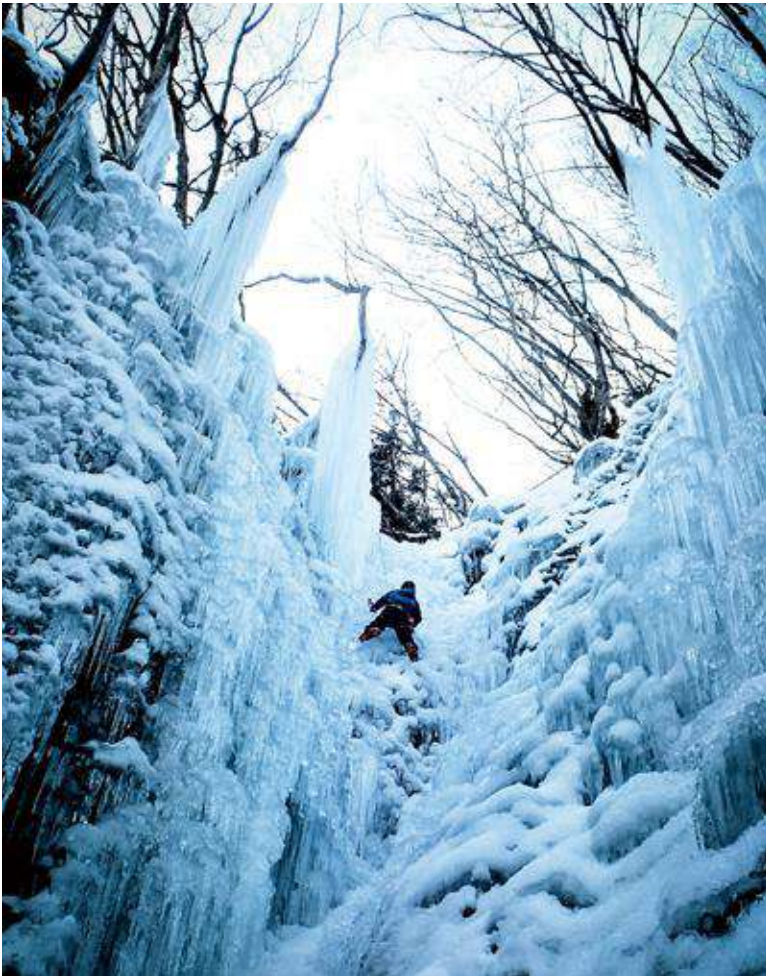




# Ice-Climbing Experience

Duration

5.5 hours



Gear up with crampons and a helmet and scale the 25-meter (82-foot) ice wall adjacent to Choji no Taki, one of three secluded waterfalls of the Kirifuri highlands. A guaranteed adrenaline rush, this thrilling winter sport is for the true adventure seeker. Feel the raw power of nature all around you, amid the sparkling beauty.



# Woodland Snowshoe Hike

Duration

4.5 hours

Okunikko is one of the few areas in the Kanto region where you can enjoy powder snow. Strap on a pair of snowshoes and trek with a guide through the quiet hush of sparkling woodlands. If you wish, along the way you can glide down pristine slopes on an inflatable bodyboard.



# Snow Cycling

Duration

2 - 4.5 hours



Fat bikes give the extra stability and suspension needed to ride on snow, and are a great way to take in the crisp air of the Odashirogahara forest in the winter season when all is hush and still. Add-ons to this fun cycling experience include a snowshoe hike and a deeper trek all the way to Iori Falls. When the cascade freezes over in the deep months of winter it's a memorable sight to behold.

Ritz  
Kids





# Monkey Treasure Hunt

Duration

45 or 90 minutes



Under the watchful eyes of our Ladies and Gentlemen, Ritz Kids are invited on a mission to explore the hotel in a fun and educational way, seeking out one of Nikko's famed monkeys with the aid of a treasure map. Caretakers, meanwhile, can use the same time to unwind over a relaxed dinner.

This program is  
recommended for  
children aged 4–12.







# Snow Play

Duration

45 minutes



When the conditions are just right we're delighted to put on our snowsuits for some good old-fashioned winter fun outdoors. Children are invited to join us in building snow people and mini igloos on the hotel premises.



# Handheld Fireworks

Duration

30 minutes



This Ritz Kids program is held for children and their caregivers on weekend nights only. Each handheld firework has its own unique beauty; enjoying their sparkle and shine together promises to add a heartwarming memory to your family visit.



# Guidelines

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- To place a reservation, please call extension **9** or stop by the front desk no later than 4 p.m. on the day prior to your desired activity.
- Inquiries and reservations may also be made by emailing our Guest Experience Team at **rc.nikko.ge@ritzcarlton.com** or telephoning **+81 (0)288 25 6666**.
- Your reservation may be cancelled and the full fee levied for late shows of 10 minutes or more.
- Duration times include transportation to and from the activity.
- All activities are attended by a hotel staff member and/or a local guide.
- Kindly note that the published content may change without prior notice as the various activities are subject to weather, availability, and other conditions.
- Attendants will honor program requests to the best of their ability, and will also make adjustments as necessary on the day with your safety as their foremost concern.
- Prices published on the separate fee schedule include tax, service charge and round-trip transport as necessary from the hotel.

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## Cancellation policy

2 days prior: 30%  
1 day prior: 50%  
On the day: 100%

**Shugendo Experience:**  
3 days prior or less: 100%

# Price Table

## All-Year Activities

	Duration	Price	Date/Time
Morning Zazen Meditation	30 minutes	Complimentary	
Morning Temple Walk	90 minutes	Complimentary	
Fire Ceremony	2 hours	¥8,500/person	From 10 a.m.
Hotel Art Tour	45 minutes	Complimentary	
Furoshiki Art	45 minutes	Complimentary	
Kagura Shrine Dance	1 hour	¥10,000/person	
UNESCO World Heritage Site Tour	4 hours	¥20,000/person	Friday, Saturday & Sunday afternoons
Nikko Carving Experience	2 hours	¥10,000/person	
OkuNikko Stargazing	1 hour	Complimentary	
Prayer Beads Workshop	90 minutes	¥3,500/person	

# Price Table

## Spring/Summer/Autumn Activities

	Duration	Price	Date/Time
Paddleboarding	2 hours	¥9,000/person	
Packrafting on Lake Chuzenji	3 hours	¥9,500/person	
Sundown Lake Ride	90 minutes	¥8,000/person	
Chanokidaira Nature Hike	2 hours	Complimentary	
OkuNikko History Ride	2 hours	Complimentary	
Hangetsuyama Cycling	2 hours	Complimentary	
Cycle 'n Cruise	2.5 hours	¥10,000/4 people	
OkuNikko Nature Walk	2.5 hours	Complimentary	
Shugendo Experience	3.5 hours	2 Guests: ¥40,000 3 Guests: ¥54,000 4 Guests: ¥64,000 Parties of more than 4: ¥64,000 + ¥16,000 per additional person	
Fly-Fishing	4 hours	¥20,000/ person Fishing permits must be purchased for each person separately.	



# Price Table

## Winter Activities

	Duration	Price	Date/Time
Ice-Climbing Experience	5.5 hours	¥13,000/person	From 8:30 a.m.
Woodland Snowshoe Hike	4.5 hours	¥12,500/person	
Snow Cycling	2 hours (Cycling)	¥9,000/person	
	3 hours (Cycling + hiking)	¥10,000/person	
	4.5 hours (Cycling + hiking+ Iori Falls)	¥16,000/person	

## Ritz Kids

	Duration	Price	Date/Time
Monkey Treasure Hunt	45 minutes	Complimentary	
	90 minutes	Dinner charge only	
	The 90-minute program includes dinner service. Food and drink charges are separate.		
Snow Play	45 minutes	Complimentary	
Handheld Fireworks	30 minutes	Complimentary	



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