



AL BUSTAN PALACE
A RITZ-CARLTON HOTEL

Daily Activities:

SUNDAY

10 am – 11 am Aqua Aerobic (Aqua Land)

4 pm – 5 pm Sailing Theory

MONDAY

10 am – 11 am Aqua Yoga (Aqua Land)

4 pm – 5 pm Seashell Collecting

TUESDAY

10 am – 11 am Table Tennis

4 pm – 5 pm Deep Stretching

WEDNESDAY

10 am – 11 am Sailing Theory

3 pm – 4 pm Make Your Own Pizza

THURSDAY

10 am – 11 am Seashell Collecting

4:30 pm – 5:15 pm Kids Yoga

FRIDAY

10 am – 11 am Seashell Collecting

2 pm – 3 pm Table Tennis

4 pm – 5 pm Swimming Class

7 pm – 8 pm Kids Movie Night

SATURDAY

10 am – 11 am Deep Stretching

3 pm – 4 pm Table tennis

4 pm – 5 pm Swimming Class

