

Asda and Makaton

The Asda Shopping List activity with Makaton is designed to help guide people who go shopping at Asda but may need a little extra support in their communication when making their shopping choices; also it is a great way of encouraging children to get involved with helping with the shopping.

Makaton is a language programme that gives everyone a helping hand to talk. Makaton is proven to develop speech, language and communication skills. Using gestures and pictures, people can tell someone what they want, make choices and join in.

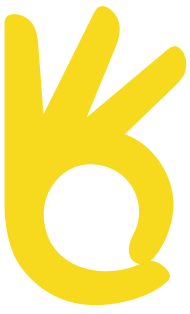
Makaton gives someone their voice.

You may wish to consider going on a Makaton Workshop to learn more. All our Makaton training provides you with information about what Makaton is and how it can be used in different settings to support communication, combined with the practical learning of Makaton Symbols and Signs to create an inclusive environment. In House Makaton training workshops can be delivered, please contact us directly to discuss.

If you wish to learn more about Makaton then please visit our website; makaton.org

The following pages contain the Makaton symbols that are used on the Asda Shopping List activity for Asda's customers to use. It also contains the corresponding Makaton line drawings of signs to accompany those symbols so that the staff can join in and talk and sign with the person using the Asda Shopping List activity.

We hope the attached Makaton Symbols and line drawings of Signs are useful to you and your customers.



Asda's Shopping List

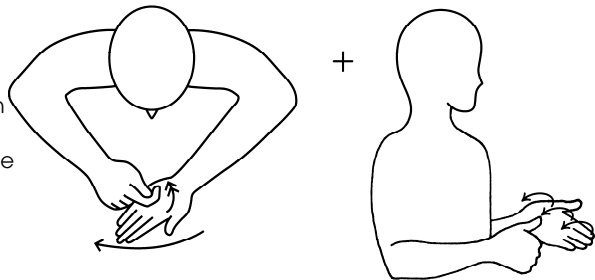
Makaton Symbols and Signs

Shopping List



Shopping List

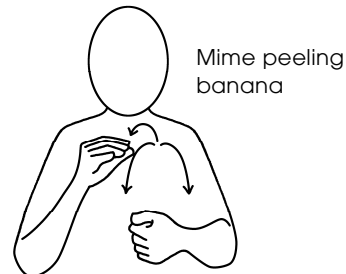
Hooked index brushes palm twice. Formation moves slightly to the dominant side



Bananas



Banana



Mime peeling banana

Let's talk
Makaton

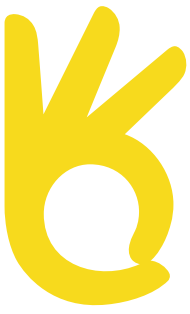
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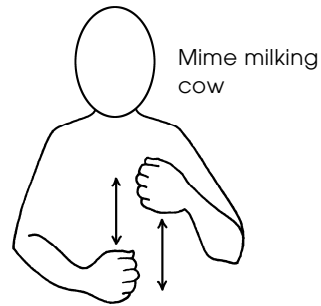
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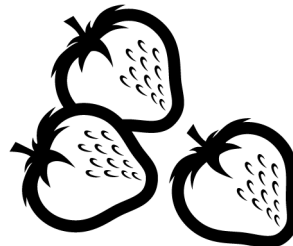
Milk (plastic bottle)



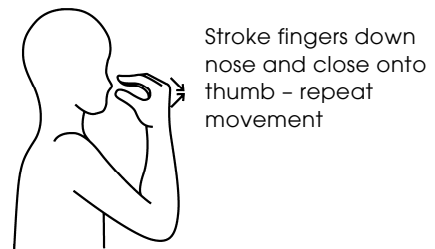
Milk



Strawberries

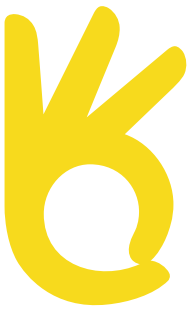


Strawberry

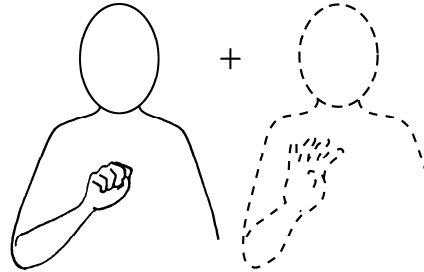


Broccoli (fresh)



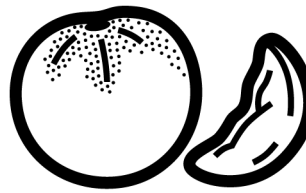


Broccoli



Fist opens to indicate broccoli floret

Orange (1)

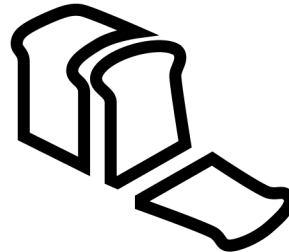


Orange (1)

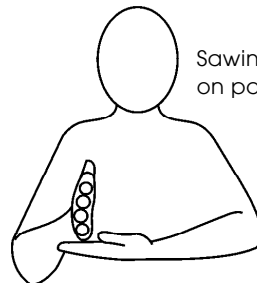


Squeeze orange at corner of mouth. Hand does not fully close

Bread



Bread



Sawing movement on palm of hand

**Let's talk
Makaton**

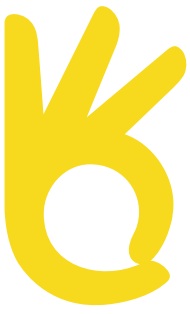
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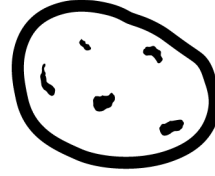
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Potato

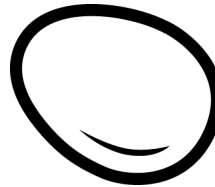


Potato

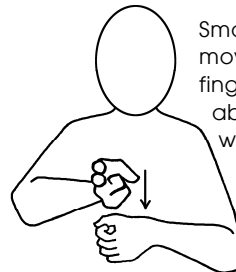


Mime peeling potato

Egg



Egg



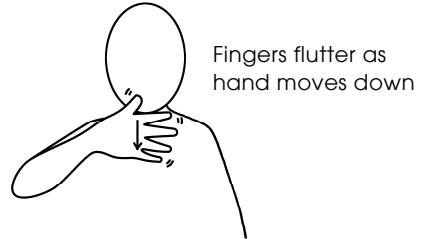
Small quick downward movement of middle and index fingers. Stop movements just above non-dominant fist, without touching

Juice

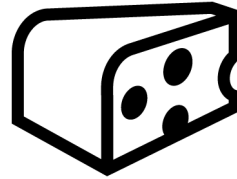




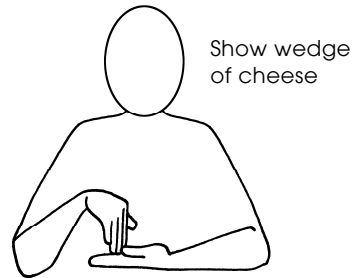
Juice



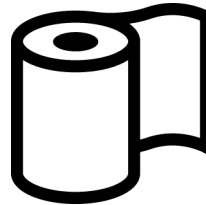
Cheese



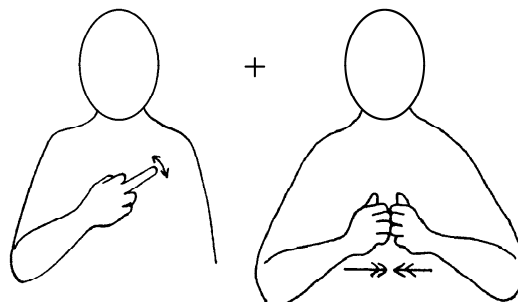
Cheese

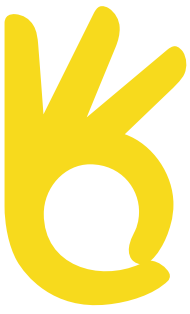


Toilet Roll



Toilet Roll

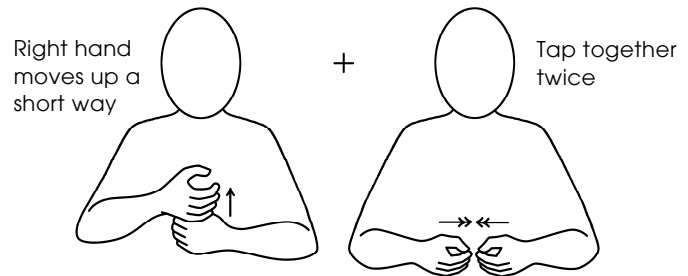




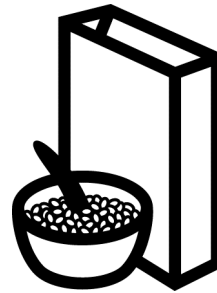
**Baked Beans
(tinned)**



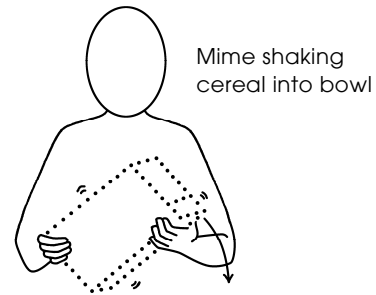
**Baked Beans
(tinned)**



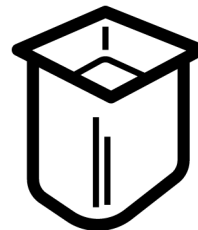
Cereal

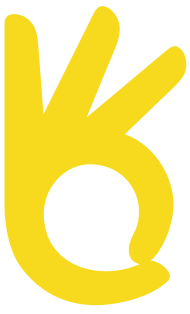


Cereal

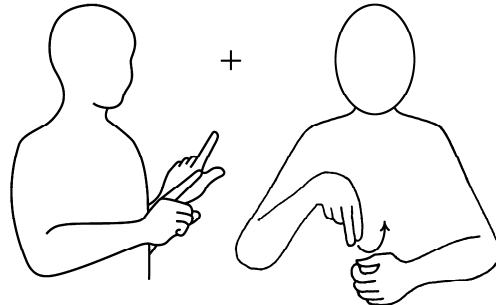


Yoghurt





Yoghurt

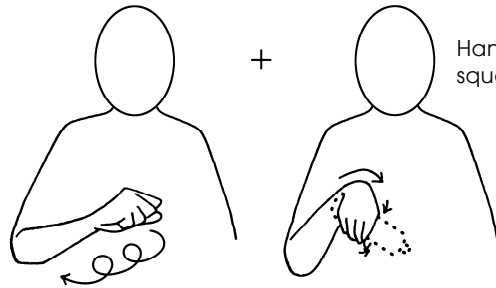


Finger spell 'Y' then mime scooping yoghurt from pot

Washing Up Liquid

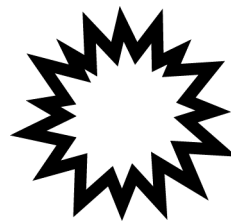


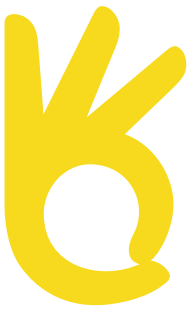
Washing Up Liquid



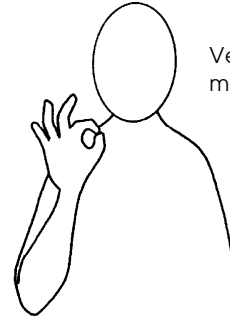
Hand mimes squeezing bottle

Special





Special

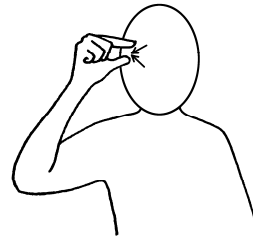


Very short sharp
movement forward

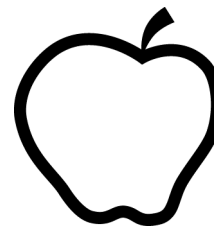
Carrots (bunch)



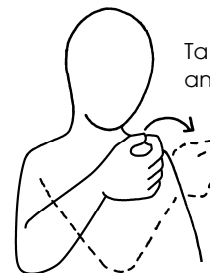
Carrot (1)



Apple



Apple



Take apple to mouth
and mime biting it

**Let's talk
Makaton**

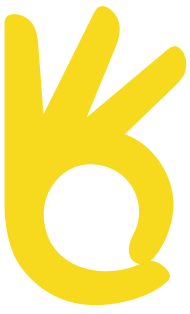
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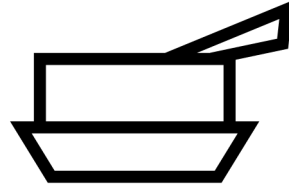
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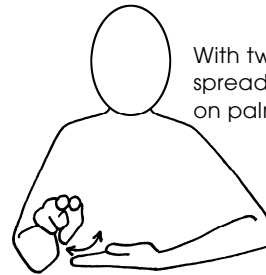
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Butter

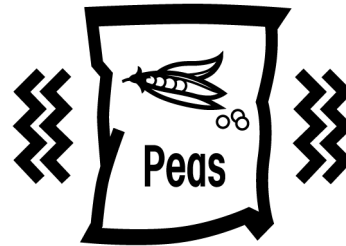


Butter

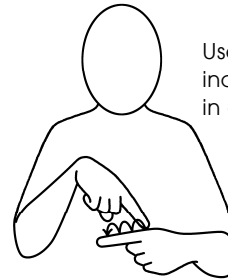


With two fingers make spreading movement on palm

Peas (frozen)

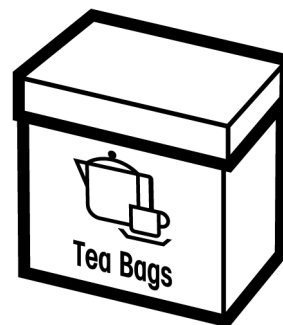


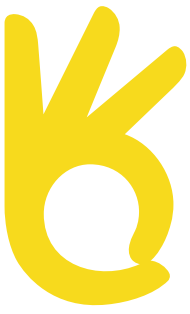
Peas



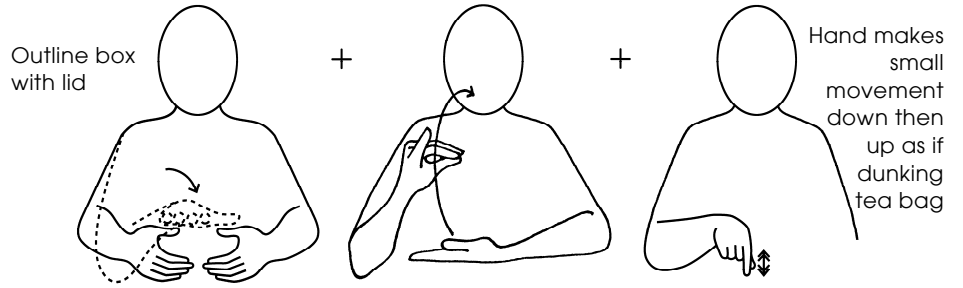
Use index finger to indicate line of peas in a pod

Teabags (box)





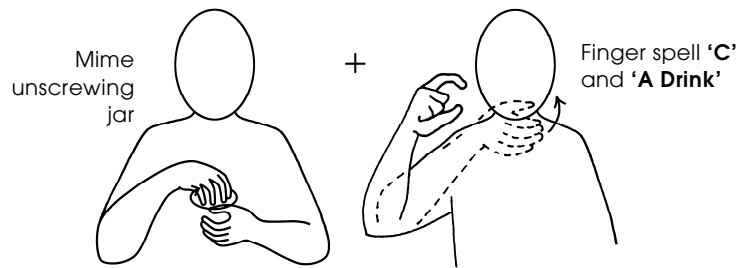
Teabags (box)



Coffee (jar)



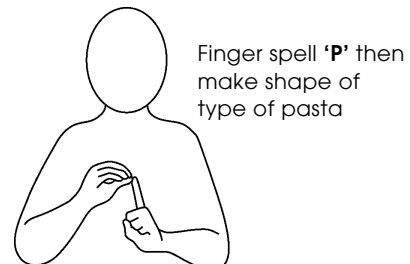
Coffee (jar)



Pasta (packet)



Pasta



Let's talk
Makaton

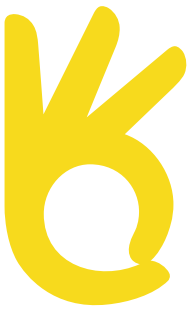
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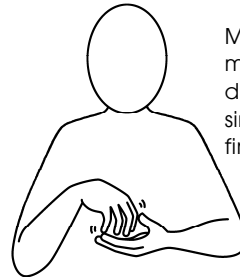
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Rice (packet)



Rice

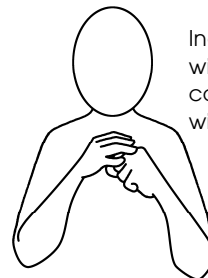


Make small circular movement with dominant hand and simultaneously flutter fingers

Cauliflower (fresh)



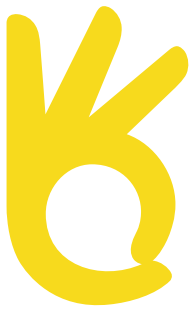
Cauliflower (fresh)



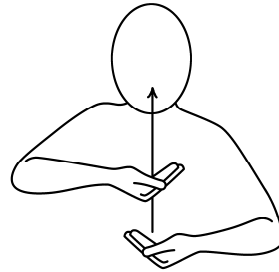
Indicate outer leaves with one hand, cauliflower florets with the other

Soup (tin)

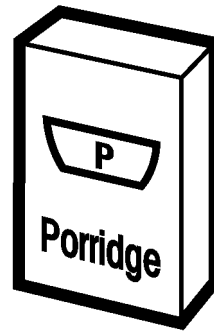




Soup



Porridge (packet)



Porridge

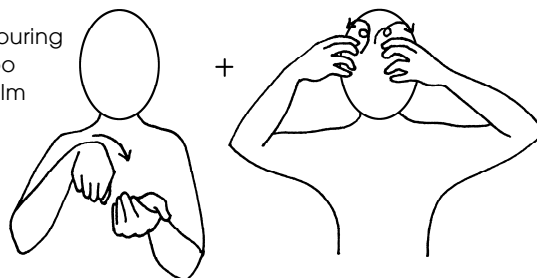


Shampoo



Shampoo

Mime pouring
shampoo
onto palm



Let's talk
Makaton

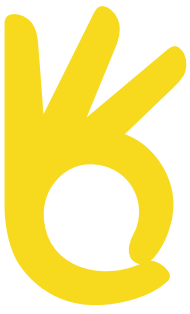
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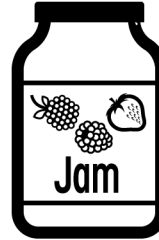
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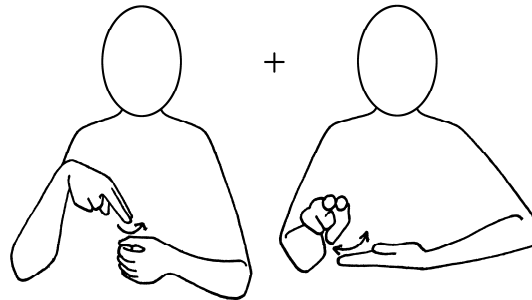
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Jam (2)

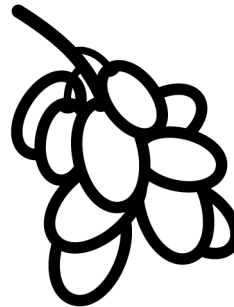


Jam

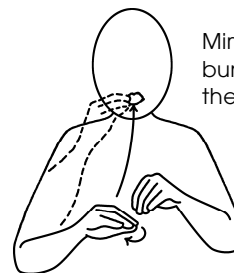


Mime scooping out jam and spreading

Grapes

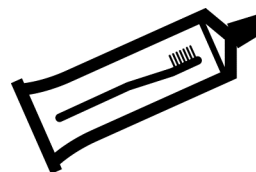


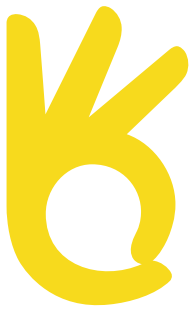
Grapes



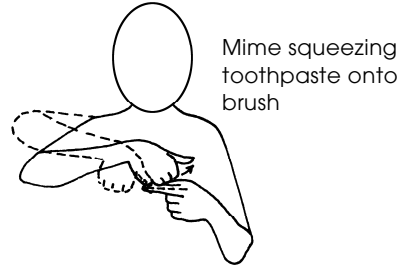
Mime pulling grape off bunch and taking it to the mouth

Toothpaste

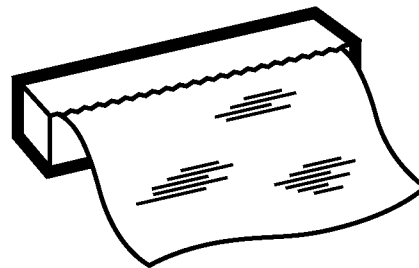




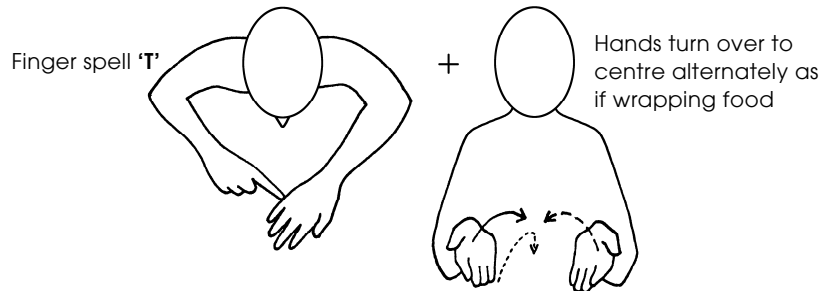
Toothpaste



Tin Foil



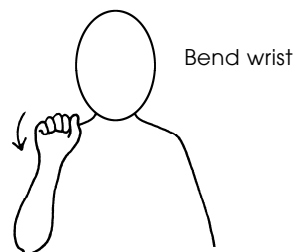
Tin Foil



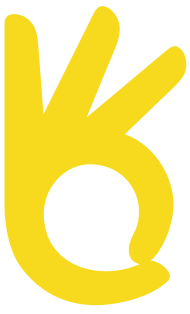
Yes



Yes



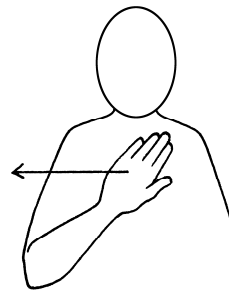
**Let's talk
Makaton**



No



No



There are more symbols and signs you might need for shopping in the supermarket which are published in these Makaton Resource Vocabulary books:

- **Core Vocabulary:** Biscuit, Burger, Cake, Canned Drink/ Cola/ Drink (2), Chapatti/ Roti, Chicken (2) (food), Chips, Chocolate, Crisps, Curry, Dal/ Dhal, Fish (2) (food), Food, Fruit, Ice Cream, Kitchen, Meat, Money, Naan, Noodles, Pie, Pitta, Pizza, Salad, Sandwich, Sausages, Sugar, Supermarket, Sweet, Tomato, Toothbrush, Vegetables, Water.
- **National Curriculum:** Clothes/ Clothing, Coins, Purse, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday, Weekend.
- **Food and Drink:** a selection of fruit and vegetables along with many other types of food
- **PSHE:** Clothing and Personal Hygiene and Appearance items

For more information or to order online visit makaton.org.