



# mma GLOVES

USE THE CHART PROVIDED TO HELP FIND  
YOUR SPECIFIC GLOVE SIZE

SIZE	KNUCKLE WIDTH
SMALL	UNDER 3.5"
S/M	3.5" - 4.5"
MEDIUM	3.5" - 4.5"
LARGE	4.5" - 5.5"
L/XL	5" - 5.5"
X-LARGE	OVER 5.5"