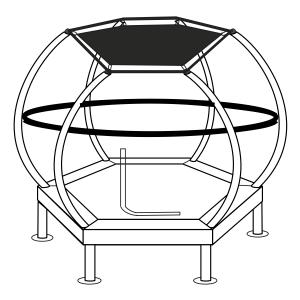


Assembly Instructions & User's Manual

Style #166044 7 ft Trampoline with Sunshade



Please keep this instruction manual for future reference

Customer Service: (888) 922-2336 7:00 am to 12:00 am CST (daily) Live Chat at: www.academy.com Email: customerservice@academy.com (Made in China)

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Note: Before beginning assembly of product, make sure all parts are present. Compare parts with package content list and hardware contents. If any part is missing or damaged, do not attempt to assemble the unit. Contact customer service for replacement parts.

WARNING:

To reduce the risk of serious injury, read and follow all warnings, precautions, and instructions in this manual before assembling and using the trampoline.

This product is intended for use by children above 3 years of age.

This enclosure is to be used only in connection with this trampoline.

Read and follow all warnings and instruction.

This product is intended to be assembled by an adult.

Maximum weight limited 82 kg / 180 lbs.

Warning! Not suitable for children under 36 months. Small parts and long cords may be a choking and strangulation hazard.

Warning! Keep away from fire.

Never shelter in the sunshade during a thunderstorm, remove when not in use.

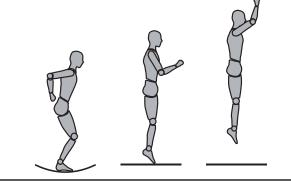
Do not attempt to put up this product in windy or rainy conditions.



BASIC TRAMPOLINE SKILLS

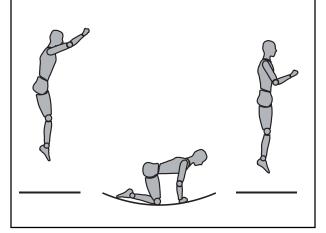
Fundamental Bounce

- 1. Start from a standing position with your head erect and your eyes on the frame pad.
- 2. Swing your arms forward and up in a circular motion.
- 3. Bring your feet together and point your toes downward while in the air.
- 4. Keep your feet about 30cm (12in.) apart when landing on the bed.



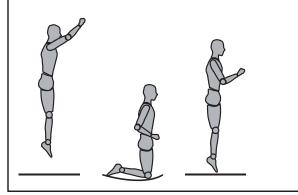
Hand and Knee Drop

- 1. Start bouncing from a standing position, keeping your eyes on the frame pad.
- 2. Land on the bed on your hands and knees.
- 3. Push with your hands and come back up to an erect position.



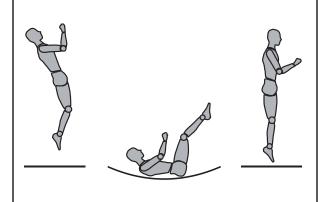
Knee Drop

- 1. Start bouncing from a standing position, keeping your eyes on the frame pad.
- 2. Land on your knees, keeping your back straight and your body erect.
- 3. Come back up to an erect position.



Back Drop

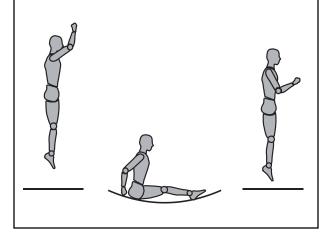
- 1. Start from a low bounce and land on your back.
- 2. Keep your chin forward on your chest as you land.
- 3. Kick forward and up with your legs to return to an erect position.



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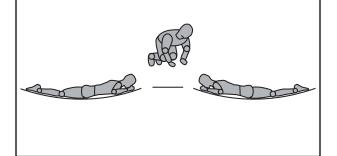
Seat Drop

- 1. Land in a sitting position with your legs parallel to the bed.
- 2. Place your hands on the bed inside your hips.
- 3. Push with your hands to return to an erect position.



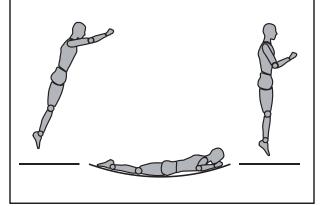
Half Turntable

- 1. Start from the front drop position and push to the left or right with your arms to begin turning your body in the opposite direction.
- 2. Turn your head and shoulders toward the direction that your body is turning.
- 3. Keep your back parallel to the bed and your head up.
- 4. After completing a half turn, land in the front drop position.



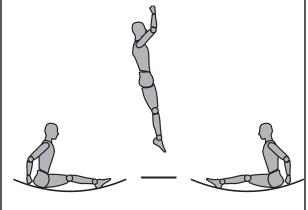
Front Drop

- 1. Start from a low bounce and land on the bed in a prone position.
- 2. Keep your head up and your arms extended forward on the bed.
- 3. Push with your arms to return to an erect position.



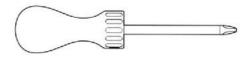
Swivel Hips

- 1. Start with a seat drop.
- 2. Turn your head to the left or right and swing your arms up in the same direction.
- 3. Turn your hips in the same direction as your head and arms, completing a twist.
- 4. Land in the seat drop position.



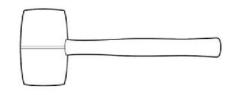
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Tools Required



Description: Cross-head screwdriver





Description:

Gloves

Description: Safety glasses Description: Mallet

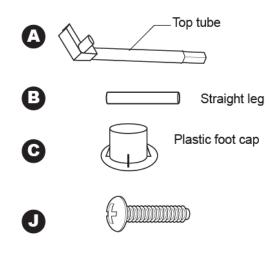
Parts List

Part	Description	Image	Qty
А	Top tube with T-connector A		6
в	Straight Leg		6
с	Plastic foot cap	J	6
D	Stitched bed	A CONTRACTOR OF A CONTRACTOR A CONTRA	1
Е	Springs		36
F	Spring tools		1
G	Frame Pad		1
н	Top enclosure pole		6

Part	Description	Image	Qty
I	Bottom enclosure pole		6
J	Self tapping screws (Extra 2pcs for spare use)		14
к	Enclosure Netting		1
L	Black G3 poles		2

М	Cords		4
Ν	Caps for enclosure pole		6
0	Sunshade		1
Ρ	Elastic cord	\sim	6

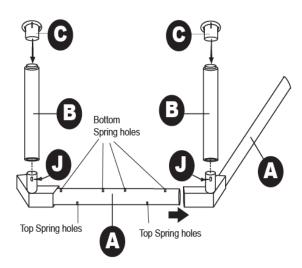
Step 1:



You will need the following parts to complete section 1:

- 6 x Top tube with T-connector Part A
- 6 x Straight leg Part B
- 6 x Plastic foot cap Part C
- 6 x Self-tapping screw Part J

Step 2:

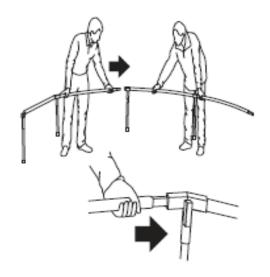


First we will complete one of the sections of the trampoline frame.

Slot the narrow end of the top tube with T-connector into another top tube with T-connector.

2 Spring Holes on Top4 Spring Holes on Bottom

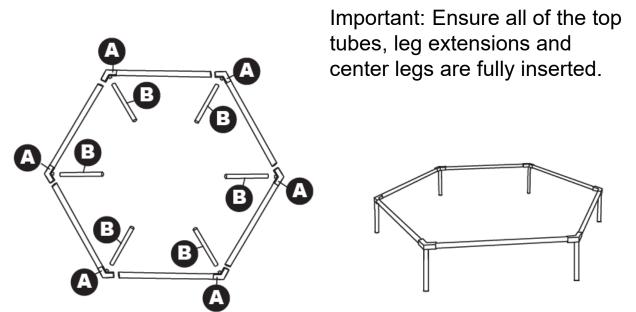
Step 3:



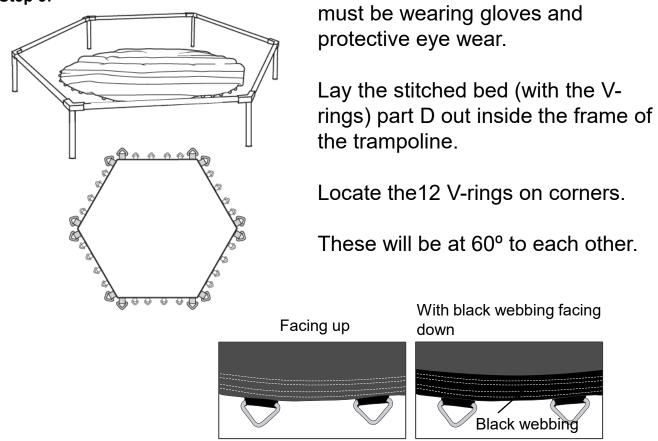
This step will require 2 people who must be wearing gloves.

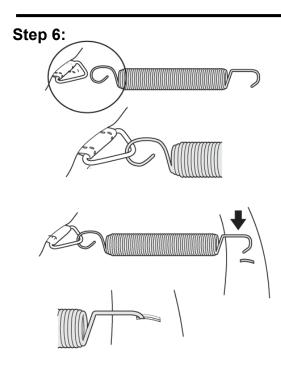
Slot two of the frame sections together as shown in the diagram.

Step 4:



Step 5:





Slot one of the springs part E onto one of the webbing V-rings as shown.

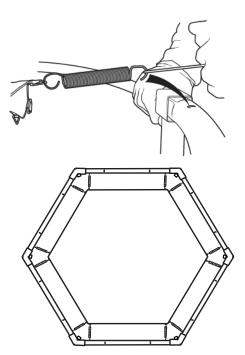
This step will require 2 people who

Slot the other end of the spring into one of the spring slots in the top of the frame.

IMPORTANT: Springs must be slotted in the correct direction. The smaller end will secure to the mat and larger end to the frame. Ensure all of the springs are fully inserted into the slots on the frame.

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Step 7:



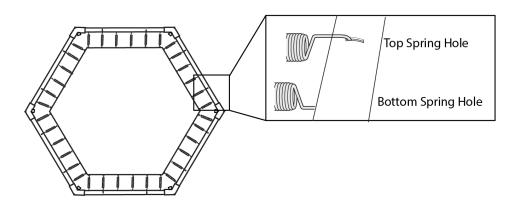
Attach a spring to the opposite of V-ring.

IMPORTANT: You will now need to use the spring tool (part F) to attach the spring to the frame.

Hook the spring tool onto end of spring, and pull until the spring can be slotted into the spring slot on the top of the frame.

IMPORTANT: Ensure the spring is fully inserted into the slot on the frame.





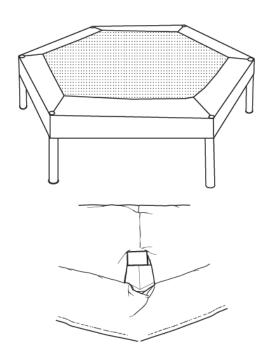
Continue to attach springs in the same sequence as above: in the middle of each section, making sure the next spring is attached on the opposite side to even out the tension.

Important: The stitched bed is designed like elastic to be bouncy, which means that during construction, it may look like it won't fit. Please note that it will stretch to the correct size when attaching the springs, this may take some force.

The stitched bed is now fitted, and you have completed step 8.

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Step 9:



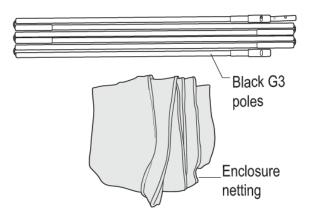
This step will require 2 people.

Lay the frame pad - part G out over the edge of the frame with the ties facing downwards.

Align the openings in the frame pad with the T-connector's on the frame.

The frame is fully assembled now .

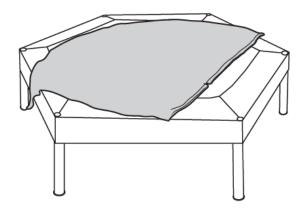
Step 10:



You will need the following parts.

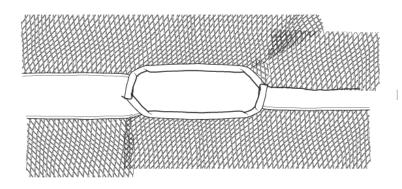
- 1 x Enclosure netting part K
- 2 x Black G3 poles part L

Step 11:



Lay the enclosure netting out on the trampoline.

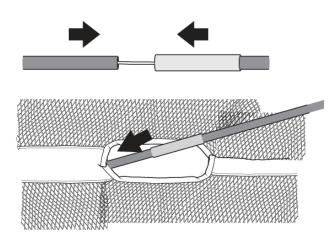
Step 12:



Find the sleeves that run along the middle of the enclosure netting.

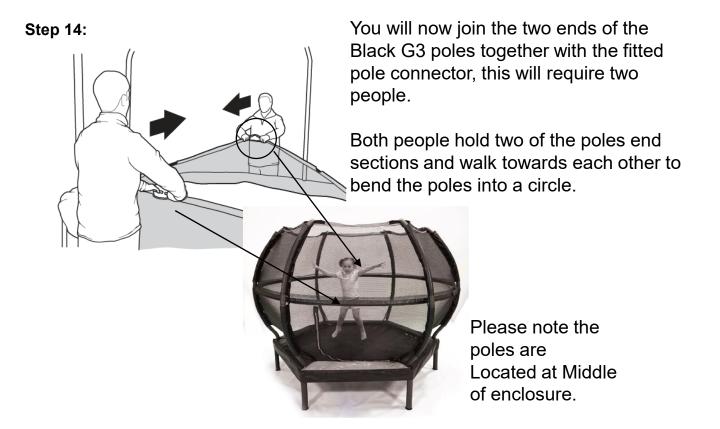
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Step 13:



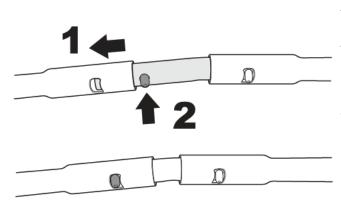
Slot the thin sections on the black G3 poles into the metal ends so the poles become two long sections.

Slot the Black G3 poles through the sleeves on the middle of the enclosure netting.



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Step 15:



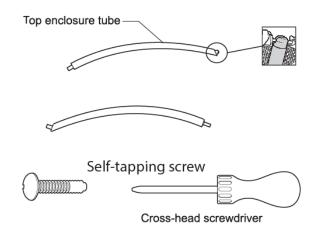
As soon as the poles are bent enough, insert the connectors into the socket on the other pole (1).

Push the pin inwards (2) and fully insert the connector.

Ensure the pin is protruding through the slot in the socket.

Use the strap on the enclosure net to cover the exposed pole connections.

Step 16:



You will need the following parts

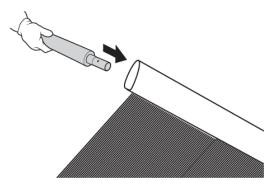
6 x Top enclosure tubes - Part H

6 x Bottom enclosure tubes - Part I

6 x Self-tapping screw - Part J

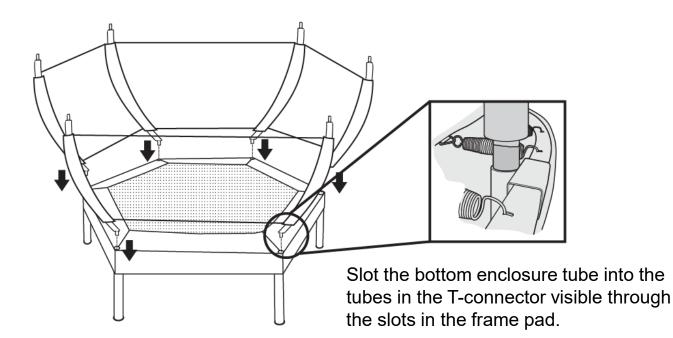
You will also need a cross-head screwdriver (not supplied)

Step 17:



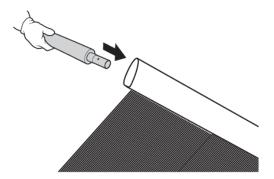
Slot the six bottom enclosure tubes into enclosure netting lower sleeves.

Step 18:



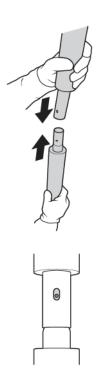
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Step 19:



Slot the six top enclosure tubes into enclosure netting upper sleeves.

Step 20:



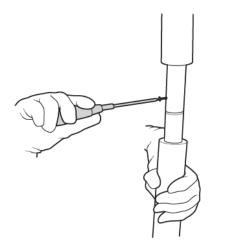
Slot the thin end of one of the bottom enclosure tubes into the open end of one of the top enclosure tubes.

Align the hole in the bottom enclosure tube with the slot in the top enclosure tube.

Tip: It is easier to slot in from the outside of the trampoline.

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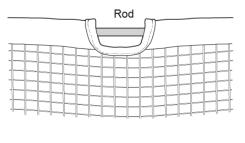
Step 21:



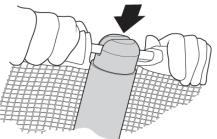
Screw one of the self tapping screws through the slot in the top enclosure tube and into the hole in the bottom enclosure tube using the cross-head screwdriver.

Repeat for the remaining enclosure poles.

Step 22:

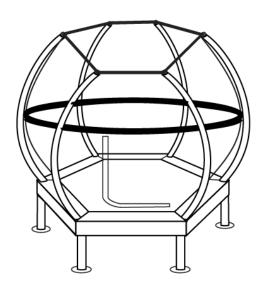


Find the ROD on top of enclosure netting.



Stand on the trampoline and insert one of the exposed sections of the rod into a plastic grip on top of one of the enclosure tubes.

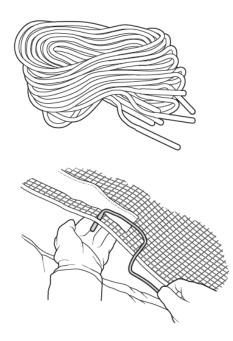
Step 23:



Attach the remaining exposed sections of the rods to the other enclosure tubes in the order shown in the diagram.

The enclosure net will now be secured.

Step 24:



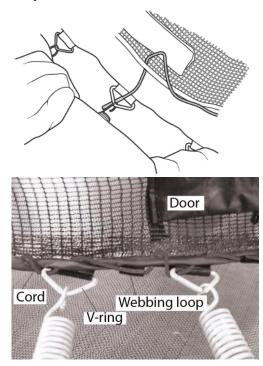
You will need the following parts 4 x Cords - Part M.

Tie the end of the cord around one of the V-Ring attachments located on the mat.

Push the end rope through the hole at the bottom of the netting.

Important: Keep the cord tight all times.

Step 25:



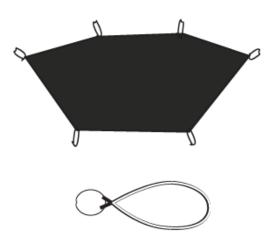
Slot the end of the cord through the middle of the next V-Ring or loop along.

Now slot the end back through the net and down through the next V-Ring. Continue to do this until you have used up nearly all the cord then tie the end around a V-Ring.

Tie another cord to this V-Ring and continue until all of the net is secured.

The trampoline is now fully assembled.

Step 26: (Optional Sunshade Assembly)

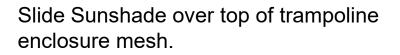


Part O - Sunshade - 1 pc

Elastic - 6 pcs

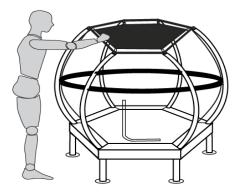
Step 27:





Position the Sunshade loops so they align with the enclosure mesh poles.

Tip: After the elastic cord go through the loop on sunshade then fix on the enclosure pole as the image shown . 2 person are required to complete the assembly.



CARE

Do not allow pets or animals on the trampoline or inside the enclosure, as claws may snag and pull the bed material or damage the frame pad or netting.

The trampoline / enclosure is intended to be used by one person at a time weighing 82 kg (180 lbs) or less. The user should be either barefoot or wearing gymnastic shoes.

Street shoes or tennis shoes should not be worn on the trampoline. The user should remove all sharp objects from his or her person that may cause injury or damage to the bed. Heavy, sharp, or pointed hard objects should not contact the bed.

Appropriate shoes should be worn inside the enclosure to reduce wear to the bed.

MAINTENANCE

Your trampoline is manufactured using quality materials and crafted to provide you and your family with many years of enjoyment and exercise. Proper maintenance and care will help to prolong the life of the trampoline and reduce the possibility of injury.

Prolonged exposure to the sun, especially ultraviolet rays, will shorten the life of the enclosure fabric. For longer fabric life, store the enclosure when it is not being used. A dry enclosure from the trampoline during harsh weather conditions or during long periods of non-use. The following guidelines should always be observed. Inspect the trampoline / enclosure before each use, and replace any worn, defective, or missing parts. The following conditions could represent potential hazards and increase the danger of personal injury:

1) A missing, improperly positioned, or insecurely attached frame pad, netting, enclosure tubes, foam sleeves.

2) Punctures, frays, tears, or holes worn in the bed, frame pad, netting, foam sleeves.

3) Deterioration in the stitching or fabric of the bed, frame pad, netting.

4) Ruptured or missing springs.

5) A bent or broken frame, leg, enclosure tubes.

6) A sagging bed, netting.

7) Sharp protrusions on the frame, suspension system, enclosure tubes.

If any of these conditions exists, the trampoline should be disassembled or otherwise protected against use until the condition is remedied.

REMOVE AND STORING THE TRAMPOLINE / ENCLOSURE

Make sure that the trampoline / enclosure is dry before removing and storing it. Use caution while removing the tubes due to the weight of the tubes.

Once the enclosure is removed from the trampoline, remove all items from the trampoline bed. Make sure that the bed is clean and that it has no tears or holes. Store the trampoline / enclosure in a safe, dry location.

Moving Trampoline

If the trampoline / enclosure needs to be moved, it should be moved by two persons, kept horizontal, and lifted slightly. If necessary, the trampoline / enclosure can be disassembled for moving.

To disassembled the trampoline / enclosure, follow the assembly steps in reverse order (see page 8 to 21). Do not attempt to disassemble the frame sections, legs, or bases before the bed and springs have been removed.

Warranty Information

This product has been manufactured under the highest standards of quality and workmanship. We warrant to the original consumer purchaser that all aspects of this product will be free of defects in material and workmanship for one year from the date of purchase. A replacement for any defective part will be supplied free of charge for installation by the consumer. Defects or damage caused by the use of other than genuine parts are not covered by this warranty. This warranty shall be effective from the date of purchase as shown in the purchaser receipt.

This warranty is valid for the original consumer purchaser only and excludes industrial, commercial or business use of the product, product damage due to shipment or failure which results from alteration, product abuse, or product misuse, whether performed by a contractor, service company, or consumer. We will not be responsible for labor charges and/or damage incurred in installation, repair or replacement nor for incidental or consequential damage.