



## WOMEN'S SWIMWEAR AND APPAREL

WOMENS	0	2	4	6	8	10	12	14	16	18	20	22	24		
ACTIVE RECREATION/ AQUATIC FITNESS			0	2	4	6	8	10	12	14	16	18	20	22	24
SWIM FITNESS/ RECREATION	N/A	1/2	3/4	5/6	7/8	9/10	11/12	13/14	15/16	N/A	N/A	N/A	N/A	N/A	N/A
PERFORMANCE	26	28	30	32	34	36	38	40	42	44	N/A	N/A	N/A	N/A	N/A
APPAREL	XS	S	S	M	M	L	L	XL	XXL	N/A	N/A	N/A	N/A	N/A	N/A
BUST	31	32	33	34	35	36	37½	39	40½	42½	44½	46½	48½	50½	52½
WAIST	23	24	25	26	27	28	29½	31	32½	34½	36½	38½	40½	42½	44½
HIP	33½	34½	35½	36½	37½	38½	40	41½	43	45	47	49	51	53	55
TORSO	54½	56	57½	59	60½	62	63½	65	66½	68	69½	71	72½	74	75½

## HOW TO MEASURE

### **Torso**

Start at high point of shoulder, run tape through leg and back up to the starting point.

### **Chest**

Measure the fullest part of chest, be sure to go over the shoulder blades at back.

### **Waist**

Measure narrowest part of torso.

### **Hip**

Measure around the fullest point of hip, keeping tape parallel to floor.

