

# Adult Size Chart

## Measure Your Feet

Converse sizing is unique and sneaker specific. Be sure to use the size chart associated with each product.

Wear the type of socks you'll wear with your sneakers and measure feet in the afternoon (feet typically swell during the day). Distribute weight evenly before measuring.



### Step 1

Stand up straight on a hard surface with your heel against the wall and a piece of blank paper taped to the floor, flush against the wall beneath your foot measurement.



### Step 2

Have someone mark the longest part of your foot (referred to as heel-to-toe length) on the paper with a pen or pencil, or measure yourself if necessary. Repeat with the other foot, as right and left sizes may be different.



### Step 3

Use a ruler to measure the heel-to-toe length you marked for each foot.

## Find Your Converse Size

US MEN	US WOMEN	UK	EU	LENGTH (cm)	LENGTH (in)
3	5	3	35	21.5	8 1/2
3.5	5.5	3.5	36	21.9	8 5/8
4	6	4	36.5	22.4	8 5/6
4.5	6.5	4.5	37	22.8	9
5	7	5	37.5	23.2	9 1/7
5.5	7.5	5.5	38	23.6	9 2/7
6	8	6	39	24.1	9 1/2
6.5	8.5	6.5	39.5	24.5	9 2/3
7	9	7	40	24.9	9 4/5