Men's Jeans, Pants and Shorts



Waist

Measure around natural waistline, where your pants normally sit.

Inseam

Measuring is easiest if someone helps you. Standing comfortably with legs slightly apart, measure from just below the crotch to the bottom of the ankle. Or, measure a pair of pants that fits well. Lay pants flat. Measure the inseam from the bottom of the crotch to the end of the pant leg.

If you don't have a measuring tape, use a piece of string and hold it alongside a ruler.