

## Size Guide

### Men's

SIZE	CHEST	WAIST	SLEEVE	INSEAM	HEIGHT	WEIGHT
S	38-40	30-34	35 1/2	30	4' 8"-5' 4"	under 120lbs.
M	42-44	34-38	36 1/2	31 1/2	5' 2"-5' 10"	120lbs.-150lbs.
L	46-48	38-42	37 1/2	33	5' 6"-6' 3"	150lbs.-190lbs.
XL	50-52	42-46	38 1/2	34	5' 10"-6' 5"	190lbs.-230lbs.
2XL	54-56	46-50	39 1/2	35	6' 0"-6' 8"	230lbs.-285lbs.
3XL	58-60	50-54	40 1/2	36	6' 2"-6' 10"	285lbs.-400lbs.

### Women's

SIZE	CHEST	WAIST	SLEEVE	INSEAM	SIZE
S (6-8)	32-34	25-27	32 1/2	31 1/2	S (4)
M (8-10)	34-36 1/2	27-29 1/2	33	31 1/2	M (8)
L (10-12)	37-39 1/2	30-32 1/2	33 1/2	31 1/2	L (12)
XL (12-14)	40 1/2-43 1/2	33-35 1/2	34	32	
2XL (14-16)	44 1/2-47 1/2	36-39 1/2	34 1/2	32	

### Kids'

**CHEST:** With arms relaxed at sides, measure around the largest part of the chest and shoulder blades.

**SLEEVES:** Measure from the center back at neck base along shoulder and down arm to wrist with a slightly bent elbow.

**WAIST:** Measure around waist at its narrowest point.

**INSEAM:** Measure from base of crotch down inside of leg to desired pant length.

