



General Sizing Tips:

Size up

We recommend ordering Brooks running shoes 1/2 size to one size larger than normal dress shoes

Select width

For women's footwear, B is the standard width. 2A is narrow, D is wide, and 2E is extra wide. For men's footwear, D is standard, B is narrow, 2E is wide, and 4E is extra wide.

Unisex sizing

Ladies, when ordering "unisex" shoes, order 1.5 sizes smaller than your usual women's size.

US MEN	US WOMEN	UK MEN	UK WOMEN	EUROPE UNISEX	JAPAN MEN (CM)	JAPAN WOMEN (CM)
3.5	5	2.5	3	35.5	22.5	22
4	5.5	3	3.5	36	23	22.5
4.5	6	3.5	4	36.5	23	23
5	6.5	4	4.5	37.5	23.5	23.5
5.5	7	4.5	5	38	24	24
6	7.5	5	5.5	38.5	24.5	24.5
6.5	8	5.5	6	39	25	25
7	8.5	6	6.5	40	25	25.5

US MEN	US WOMEN	UK MEN	UK WOMEN	EUROPE UNISEX	JAPAN MEN (CM)	JAPAN WOMEN (CM)
8	9.5	7	7.5	41	26	26.5
8.5	10	7.5	8	42	26.5	27
9	10.5	8	8.5	42.5	27	28
9.5	11	8.5	9	43	27.5	28.5
10	11.5	9	9.5	44	28	29
10.5	12	9.5	10	44.5	28.5	29.5
11	12.5	10	10.5	45	29	30
11.5	13	10.5	11	45.5	29.5	
12		11	11.5	46	30	
12.5		11.5	12	46.5	30.5	
13		12	13	47.5	31	
14		13	14	48.5	32	
15		14	15	49.5	33	
16		15		50.5	34	