

<https://www.thenorthface.com/help/sizing-charts.html>



MEN'S PANTS & SHORTS

	WAIST	HIP	INSEAM (SHORT)	INSEAM (REG.)	INSEAM (LONG)
30 (S)	29-30 in / 73-76 cm	35-36 in / 89-91 cm	29.5 in / 75 cm	31.5 in / 80 cm	33.5 in / 85 cm
32 (M)	31-32 in / 78-81 cm	37-38 in / 94-96 cm	30.0 in / 76 cm	32.0 in / 81 cm	34.0 in / 86 cm
34 (M)	33-34 in / 83-86 cm	39-40 in / 99-102 cm	30.0 in / 76 cm	32.0 in / 81 cm	34.0 in / 86 cm
36 (L)	35-36 in / 89-91 cm	41-42 in / 104-107 cm	30.0 in / 76 cm	32.0 in / 81 cm	34.0 in / 86 cm
38 (L)	37-38 in / 94-96 cm	43-44 in / 109-112 cm	30.5 in / 78 cm	32.5 in / 83 cm	34.5 in / 88 cm
40 (XL)	39-40 in / 99-101 cm	44-45 in / 112-114 cm	30.5 in / 78 cm	32.5 in / 83 cm	34.5 in / 88 cm
42 (XL)	41-42 in / 104-107 cm	46-47 in / 117-119 cm	30.5 in / 78 cm	32.5 in / 83 cm	34.5 in / 88 cm
44 (2XL)	43-44 in / 109-112 cm	47-48 in / 119-122 cm	30.5 in / 78 cm	32.5 in / 83 cm	34.5 in / 88 cm