



# SHIN GUARD SIZE CHART

Ages 6 to 18+ | Size XS to XL

Size	XS	S	M	L	XL
Ages	6-9	10-13	14-17	18+	18+
Height					
Feet	3'11"-4'6"	4'7"-5'2"	5'3"-5'9"	5'10"-6'1"	6'2"-6'5"
CM	120-140	140-160	160-175	175-185	185-195

## HOW TO GET THE RIGHT FIT

Without shoes, stand child with feet slightly apart and their backs to the wall. Measure from the floor to the top of their head for height.

### CHOOSE THE RIGHT SIZE

As a shinguard increases in size, it becomes longer and wider to accommodate larger leg diameters. When choosing a size, height is most important. We provide age as a rough guideline.