

[http://www.carhartt.com/content/carhartt-faq?ddkey=http:en/carhartt.us/query/size%20chart#WN\\_Shirt\\_Outerwear\\_bottoms](http://www.carhartt.com/content/carhartt-faq?ddkey=http:en/carhartt.us/query/size%20chart#WN_Shirt_Outerwear_bottoms)



## CHILDREN'S SIZE GUIDE

### INFANT

SIZE	WEIGHT [LBS]	HEIGHT [INCHES]
0-3 months	7.0 - 10.0	up to 24.0
3-6 months	10.0 - 13.0	24.0 - 27.0
6-9 months	13.0 - 17.0	27.0 - 29.0
12 months	17.0 - 22.0	29.0 - 30.5
18 months	22.0 - 25.0	30.5 - 33.0
24 months	25.0 - 28.0	33.0 - 35.0

### CHILD

SIZE	WEIGHT [LBS]	HEIGHT [INCHES]
2T	25.0 - 28.0	33.0 - 35.0
3T	29.0 - 33.0	35.5 - 38.0
4T/4	34.0 - 38.0	38.0 - 41.0
5	39.0 - 44.0	41.0 - 44.0
6	45.0 - 49.0	44.0 - 46.5
6x-7	50.0 - 54.0	46.5 - 48.5

## BOY

SIZE		WEIGHT [LBS]	HEIGHT [INCHES]
TOPS	BOTTOMS		
S	8	55.0 – 60.0	48.5 – 52.0
	10	60.0 – 74.0	52.5 – 55.5
M	12	74.0 – 88.0	55.5 – 58.5
L	14	88.0 – 101.0	58.5 – 61.5
	16	101.0 – 116.0	61.5 – 64.0
XL	18	117.0 – 124.0	64.0 – 66.5
	20	125.0 – 138.0	66.5 – 69.0

## BOY OUTERWEAR

SIZE		WEIGHT [LBS]	HEIGHT [INCHES]
XXS	4/5	34.0 – 44.0	38.0 – 44.0
XS	6	45.0 – 49.0	44.5 – 46.5
S	7/8	50.0 – 60.0	47.0 – 52.0
M	10/12	61.0 – 88.0	52.5 – 58.0
L	14/16	89.0 – 116.0	58.5 – 64.0
XL	18/20	117.0 – 138.0	64.5 – 69.0

## GIRL

SIZE		WEIGHT [LBS]	HEIGHT [INCHES]
TOPS	BOTTOMS		
XS	7	55.0 – 60.0	48.5 – 50.5
S	8	60.0 – 74.0	55.5 – 52.5
M	10	74.0 – 88.0	52.5 – 55.0
L	12	88.0 – 101.0	55.0 – 58.0
XL	14	101.0 – 116.0	58.0 – 61.0

## GIRL OUTERWEAR

SIZE		WEIGHT [LBS]	HEIGHT [INCHES]
XXS	4/5	34.0 – 44.0	38.0 – 44.0
XS	6	45.0 – 54.0	44.5 – 47.5
S	7/8	55.0 – 74.0	48.0 – 52.5
M	10/12	75.0 – 101.0	53.0 – 58.0
L	14/16	102.0 – 116.0	58.5 – 61.0

## INFANT / TODDLER SOCKS

SIZE	SOCK SIZE	MONTHS
Small	3 – 5	6 – 18
Medium	5 – 6½	18 – 36
Large	6 – 7½	2T – 4T

## BOY SOCKS

SIZE	SOCK SIZE	SHOE SIZE
Youth Medium	7 – 8½	9 – 2½
Youth Large	9 – 11	3 – 9

## BOY BELT

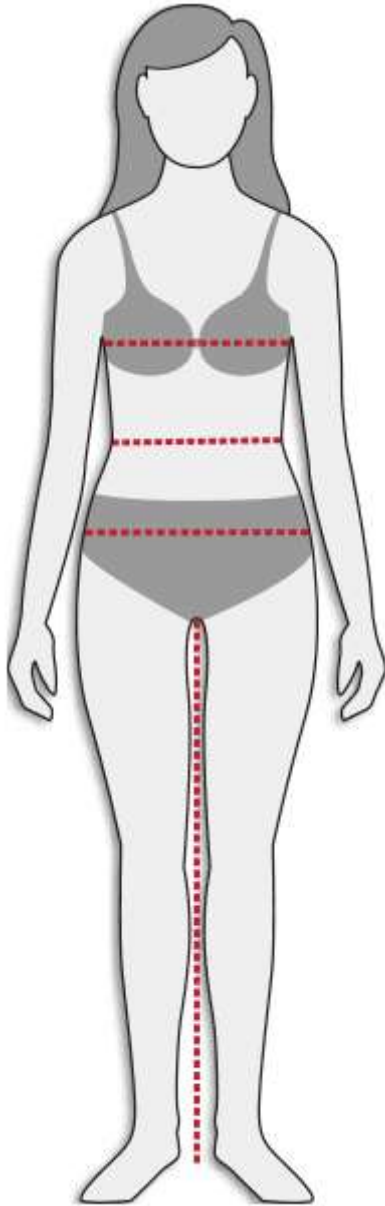
PANT SIZE	BELT SIZE
2 – 4	18 – 20
5 – 7	22 – 24
8 – 12	26 – 28
14 – 16	30 – 32

[http://www.carhartt.com/content/carhartt-faq?ddkey=http://en/carhartt.us/query/size%20chart#WN\\_Shirt\\_Outerwear\\_bottoms](http://www.carhartt.com/content/carhartt-faq?ddkey=http://en/carhartt.us/query/size%20chart#WN_Shirt_Outerwear_bottoms)

## WOMEN'S SIZE AND FIT GUIDE

---

### HOW TO MEASURE



For best results, measure over your undergarments.

**BUST:**

Measure the fullest part of your bust, keeping the tape level to the floor.

**NATURAL WAIST:**

Bend side to side and find the natural bend in your body; this is your natural waist.

**NOTE:**

It may not be the smallest point.

**HIPS:**

Measure at the fullest part of your hips, approximately 8" below the natural waist.

**INSEAM:**

Measure from your crotch to the desired length on body. You may also measure pants that you currently own and like. Lay the garment flat and smooth out. Measure on the front from the crotch point along seam to the hem for the inseam length.

## SHIRTS, OUTERWEAR AND BOTTOMS

### HOW TO MEASURE

	X-SMALL	SMALL		MEDIUM		LARGE		X-LARGE		XXL
	2	4	6	8	10	12	14	16	18	20
Bust	33	34	35	36	37	38½	40	41½	43½	45½
Waist	27	28	29	30	31	32½	34	35½	38	40½
Hip [Seat]	36	37	38	39	40	41½	43	44½	46½	48½

**NOTE:** If your bust and/or waist measurement falls between sizes, buy the larger size.

### SHIRT FIT GUIDE

<b>Relaxed Fit</b>	Most ease over body; has subtle shape.
<b>Slightly Fitted</b>	Some ease over body; flows over the contours of the body; gives shape without being tight.
<b>Fitted</b>	Fits close to the body, follows the contours of the body; least amount for ease over body.

## PANT FIT GUIDE

<b>Slim Fit [Modern]</b>	Fitted through the hips and thigh; low rise sits below the waist; contoured waistband prevents gapping in back; [leg silhouette will vary: Straight Leg, Boot Cut, Slim Straight Leg]
<b>Original</b>	Slightly fitted through the hips and thigh; mid rise sits just below the waist; contoured waistband prevents gapping in back; [leg silhouette will vary: Straight Leg, Boot Cut, Slim Straight Leg]
<b>Relaxed</b>	Relaxed through hips and thigh; mid rise sits just below the waist; contoured waistband prevents gapping in back; [leg silhouette will vary: Straight Leg, Boot Cut, Slim Straight Leg]

If your normal inseam preference is:	You should order this size:	
Inseam Measurement	Overall inseam Measurement	
29–30	30	Short
31–32	32	Regular
33–34	34	Tall

**NOTE:** *If your inseam length falls between sizes, buy the longer size.*

## BELTS

### HOW TO MEASURE

If your Waist Size is:	29	30	31	32	33	34	35	37	38.5	40.5	42	44.5
If your Pant Size is:	0–2		4–6		8–10		12–14		16–18		20	
Order this Women's Belt Size:	XS		S		M		L		XL		XXL	

## HATS

	OSFA	SMALL/MEDIUM	MEDIUM/LARGE
Head Measurement	21½ – 23¼	21½ – 22¼	22½ – 23¼

## SOCKS

	Women's Shoe Size
SMALL [7-9]	4 – 9
MEDIUM [9-11]	5½ – 11½
LARGE [10-13]	9 – 12
X-LARGE [13-15]	—

## GLOVES



**PALM UP**

### HAND LENGTH:

Measure from the tip of your middle finger to the base of your palm just before your wrist.

### PALM WIDTH:

With your palm flat and facing up, measure from the crook of your thumb to the outer edge of your palm.

	SMALL	MEDIUM	LARGE
Hand Length	6 – 6½	6½ – 7	7 – 7½
Palm Width	2½ – 2¾	2¾ – 3	3 – 3½



## SCRUBS

### HOW TO MEASURE

WOMENS	X-SMALL		SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE		5X-LARGE	
		0	2	3	4	5	10	12	14	16	18	20	22	24	26	28	30	32
Bust	32	33	34	36	37	39	40	43	44	47	48	51	52	55	56	59	60	63
Waist	24	25	26	28	29	31	32	35	36	39	40	43	44	47	48	51	52	55
Hip [Seat]	34	35	36	38	39	41	42	45	46	49	50	53	54	57	58	61	62	65

NOTE: Regular Inseam is 31", Petite is 28".

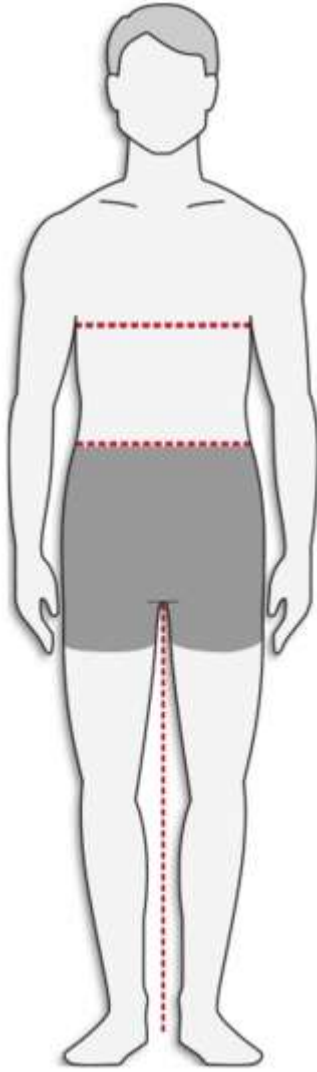
UNISEX	X-SMALL		SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE		5X-LARGE	
Chest	32	33	34	36	37	39	40	43	44	47	48	51	52	55	56	59	60	63
Waist	24	25	26	28	29	31	32	35	36	39	40	43	44	47	48	51	52	55
Hip [Seat]	34	35	36	38	39	41	42	45	46	49	50	53	54	57	58	61	62	65

NOTE: Regular Inseam is 31".

[http://www.carhartt.com/content/carhartt-faq?ddkey=http:en/carhartt.us/query/size%20chart#WN\\_Shirt\\_Outerwear\\_bottoms](http://www.carhartt.com/content/carhartt-faq?ddkey=http:en/carhartt.us/query/size%20chart#WN_Shirt_Outerwear_bottoms)

## MEN'S SIZE AND FIT GUIDE

### HOW TO MEASURE



For best results, measure over your undergarments.

**CHEST:**

Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

**WAIST:**

Measure around your waistline, keeping the tape comfortably loose.

**INSEAM:**

Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure from your crotch to your desired pant length.

**DIFFERENCES IN TALL AND SHORT SIZING:**

**OUTERWEAR, LONG-SLEEVE SHIRTS AND SWEATS IN TALL SIZES:**

2" longer in the torso than Regular sizes.

2" longer in the sleeve than Regular sizes.

**SHORT-SLEEVE SHIRTS IN TALL SIZES:**  
 2" longer in the torso than Regular sizes.  
 1/2" longer in the sleeve than Regular sizes.

**COVERALLS IN TALL SIZES:**  
 1" longer in the torso than Regular sizes.  
 1" longer than in the sleeve length than Regular sizes.

*Tall sizes in the X06 measure 2" longer in both the torso and sleeve length.*

**COVERALLS IN SHORT SIZES:**  
 1" shorter in the sleeve than Regular sizes.

## SHIRTS, OUTERWEAR AND THERMAL TOPS

### HOW TO MEASURE

	SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE	
	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Waist	28	30	32	34	36	38	40½	43	45½	48	51	54	58	62
Hip [Seat]	34	36	38	40	42	44	46	48	50	52	54	56	58	60

**NOTE:** If your chest and/or waist measurement falls between sizes, buy the larger size.

### SHIRT FIT GUIDE

<b>Original Fit</b>	A working man's fit with the most room to move
<b>Relaxed Fit</b>	A closer fit to the body built for work
<b>Slim Fit</b>	Our leanest fit for those who work tough

## PANTS, SHORTS AND THERMAL BOTTOMS

### HOW TO MEASURE

	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE	4X-LARGE
	S	M	L	XL	2XL	3XL	4XL
<b>Waist Measurement All Pants &amp; Shorts</b>	28-30	31-34	35-38	39-42	43-46	47-50	51-54

If your normal inseam preference is:	You should order this size:
Inseam Measurement	Overall inseam Measurement
27–28	28
29–30	30
31–32	32
33–34	34
35–36	36

**NOTE:** If your inseam length falls between sizes, buy the longer size.

Straight Traditional Fit	Slim seat and thigh
Relaxed Fit	Relaxed seat and thigh
Loose Original Fit	Full seat and thigh

## OVERALLS, COVERALLS AND BIBS

**HOW TO MEASURE** For Overall styles FRR43, 100163 and 100445 please refer to the Shirts & Outerwear chart for sizing.

WAIST MEASUREMENT	27	29	31	33	35	37	39	41	43	45	47	49	51	53	55	57
	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Overall Styles B01/B02/B03/B06/B07/B20/B41 [If Worn Alone]	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Overall Styles B01/B02/B03/B06/B07/B20/B41 [If Worn Over Other Clothes]	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	—
Overall Styles FRR44/FRR45/100171	—	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56
Biboveral Styles R33/R38 Overall Style R37	28	30	32	34	36	38	40	42	44	46	48	50	—	—	—	—
Waist Overall Styles B104	—	—	32	34	36	38	40	42	44	46	48	50	—	—	—	—

**NOTE:** If your waist measurement falls between sizes, buy the larger size.

NOTE: If your waist measurement falls between sizes, buy the larger size.

CHEST MEASUREMENT	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
Coat and Coverall Styles X006/100196/100162/101017	34	36	38	40	42	44	46	48	50	52	54	56	58	60	—	—	—	—
Coverall Styles X01/X02 [If Worn Alone]	38	40	42	44	46	48	50	52	54	56	58	60	—	—	—	—	—	—
Coverall Styles X01/X02 [If Worn Over Other Clothes]	40	42	44	46	48	50	52	54	56	58	60	—	—	—	—	—	—	—

NOTE: If your chest measurement falls between sizes, buy the larger size.

If your body measurement is:	You should order this size:	
Height	Recommended Length of Garment	Length of Coverall Inseam
5'3" to 5'7"	Short*	28
5'7" to 5'11"	Regular	30
5'11" to 6'3"	Tall	32

Available in coveralls and bibs.

## BELTS

### HOW TO MEASURE

If your Waist Size is:	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52
Order this Belt Size:	34	36	38	40	42	44	46	48*	50*	52*	54*											

\*Sizes 48–54 are only available in select styles

## NAIL APRON

### HOW TO MEASURE

	SMALL/MEDIUM	LARGE/X-LARGE	2X-LARGE
Waist Range	Up to 42	Up to 48	Up to 52

## HATS

	MEDIUM/LARGE	LARGE/X-LARGE
Hat Measurement [diameter]	7 – 7¼	7¾ – 7⅝
Head Measurement	22 – 22¾	23¼ – 23¾

## SOCKS

	Men's Shoe Size
SMALL [7-9]	—
MEDIUM [9-11]	5 – 10
LARGE [10-13]	6 – 12
X-LARGE [13-15]	11 – 15

## GLOVES



**PALM UP**

### HAND LENGTH:

Measure from the tip of your middle finger to the base of your palm just before your wrist.

### PALM WIDTH:

With your palm flat and facing up, measure from the crook of your thumb to the outer edge of your palm.

	SMALL	MEDIUM	LARGE	X-LARGE
Hand Length	$7\frac{1}{4} - 7\frac{5}{8}$	$7\frac{5}{8} - 8$	$8 - 8\frac{3}{8}$	$8\frac{3}{8} - 8\frac{3}{4}$
Palm Width	$3\frac{1}{2} - 3\frac{3}{4}$	$3\frac{3}{4} - 3\frac{7}{8}$	$3\frac{7}{8} - 4\frac{1}{8}$	$4\frac{1}{8} - 4\frac{3}{8}$

## SCRUBS

### HOW TO MEASURE

MENS	SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE		5X-LARGE	
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Waist	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Hip [Seat]	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64

NOTE: Regular Inseam is 32", Tall inseam is 34".

UNISEX	X-SMALL		SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE		5X-LARGE	
Chest	32	33	34	36	37	39	40	43	44	47	48	51	52	55	56	59	60	63
Waist	24	25	26	28	29	31	32	35	36	39	40	43	44	47	48	51	52	55
Hip [Seat]	34	35	36	38	39	41	42	45	46	49	50	53	54	57	58	61	62	65

NOTE: Regular Inseam is 31".