

# TELEHEALTH QUICK START GUIDE

ACCESS TELEHEALTH ON THE  
CIGNA ENVOY® APP AND ONLINE



Together, all the way.™

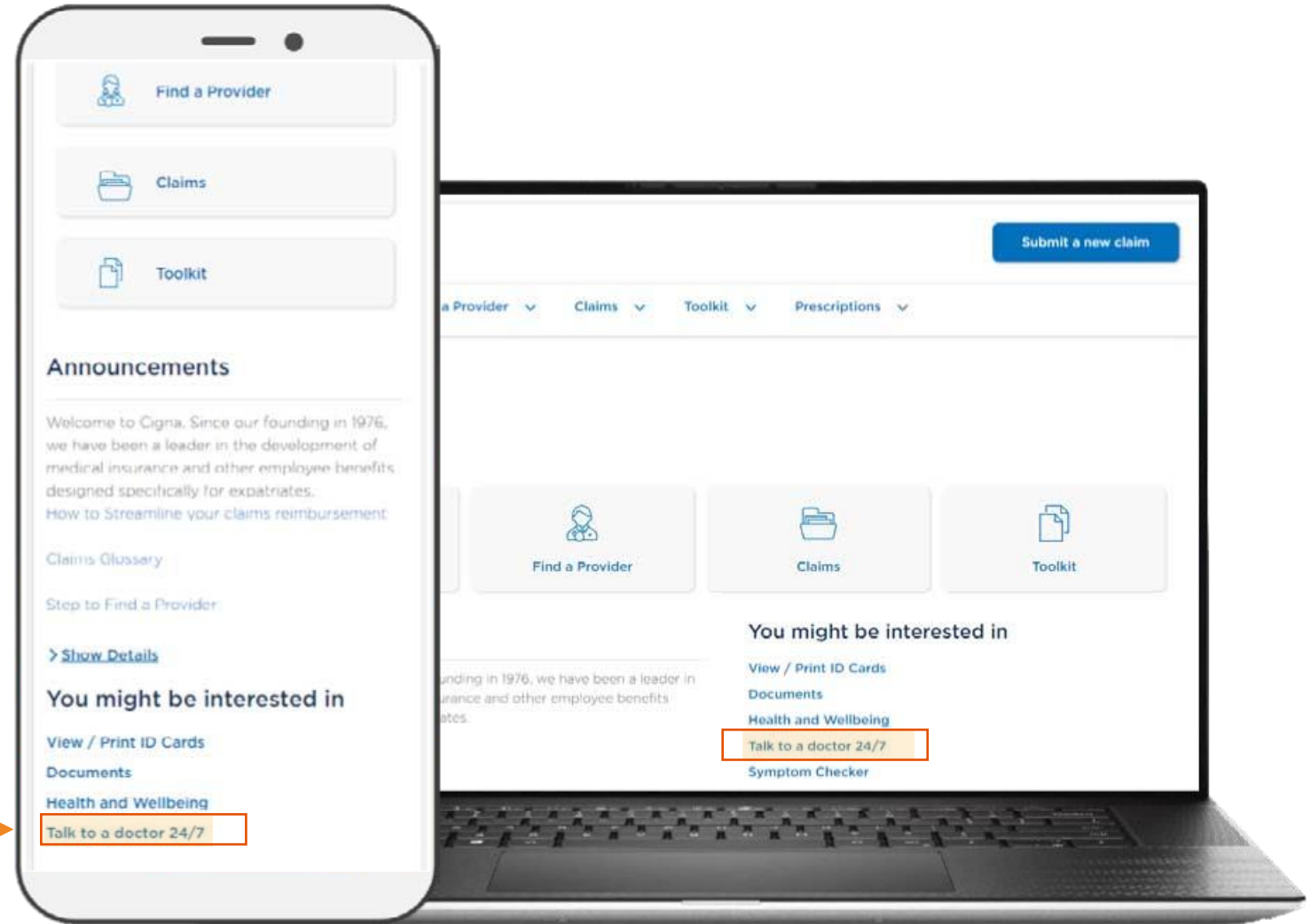


# Access Telehealth

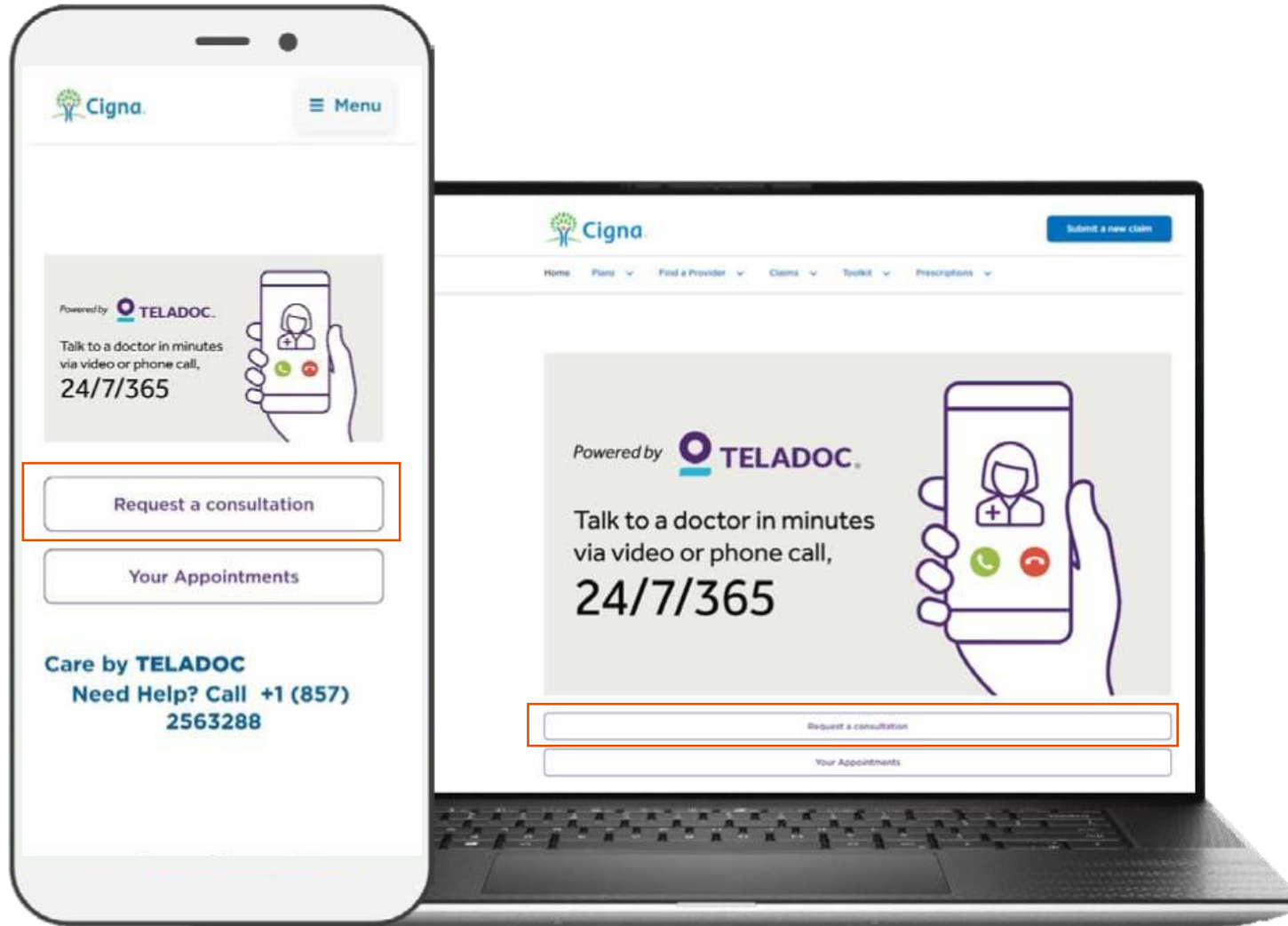
1

After logging in to the Cigna Envoy App and online. Click on

**“Talk to a doctor 24/7”**



# Request a consultation



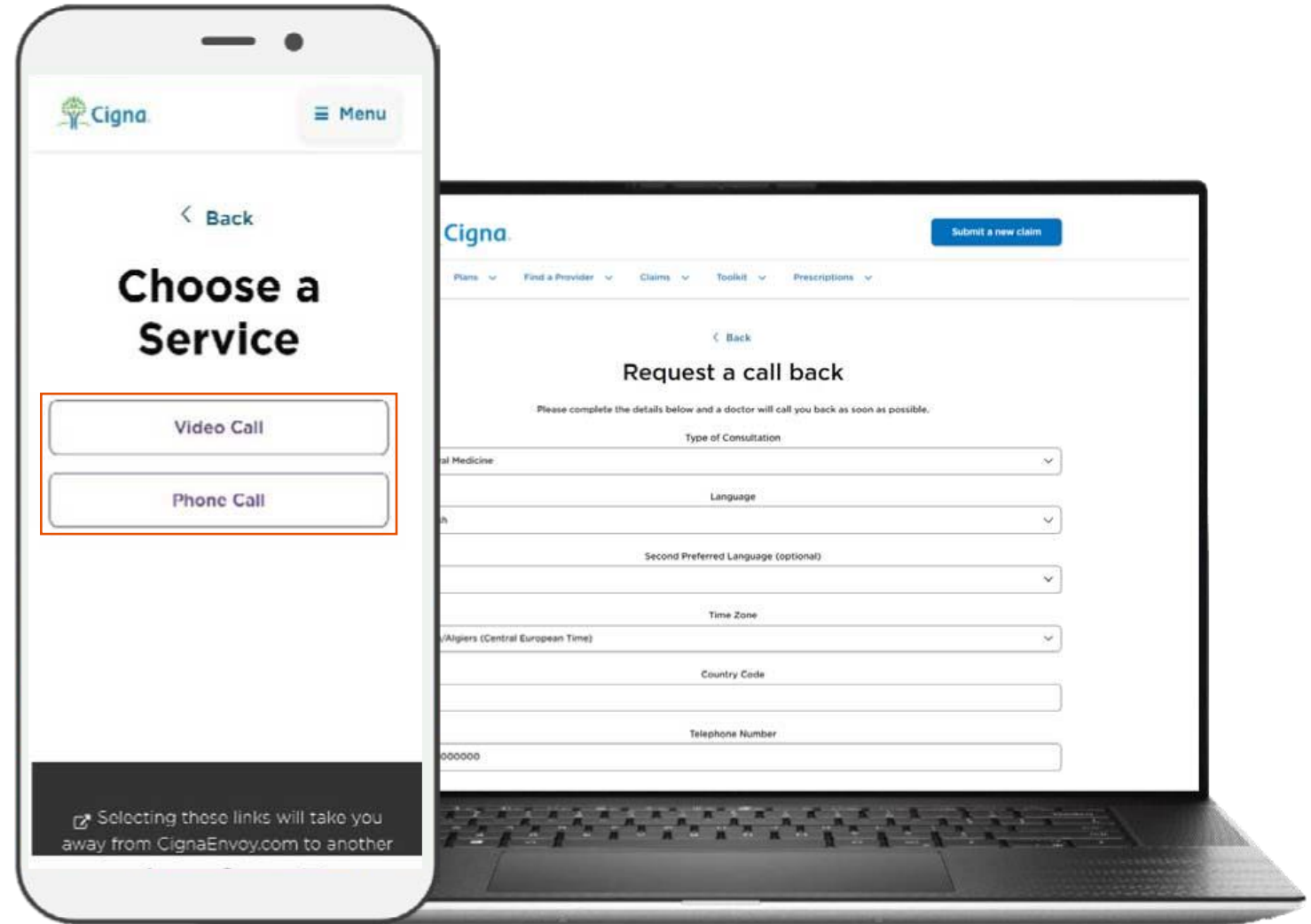
2

Select **“Request a consultation”** and indicate who the consultation is for and where you will be during the consultation.

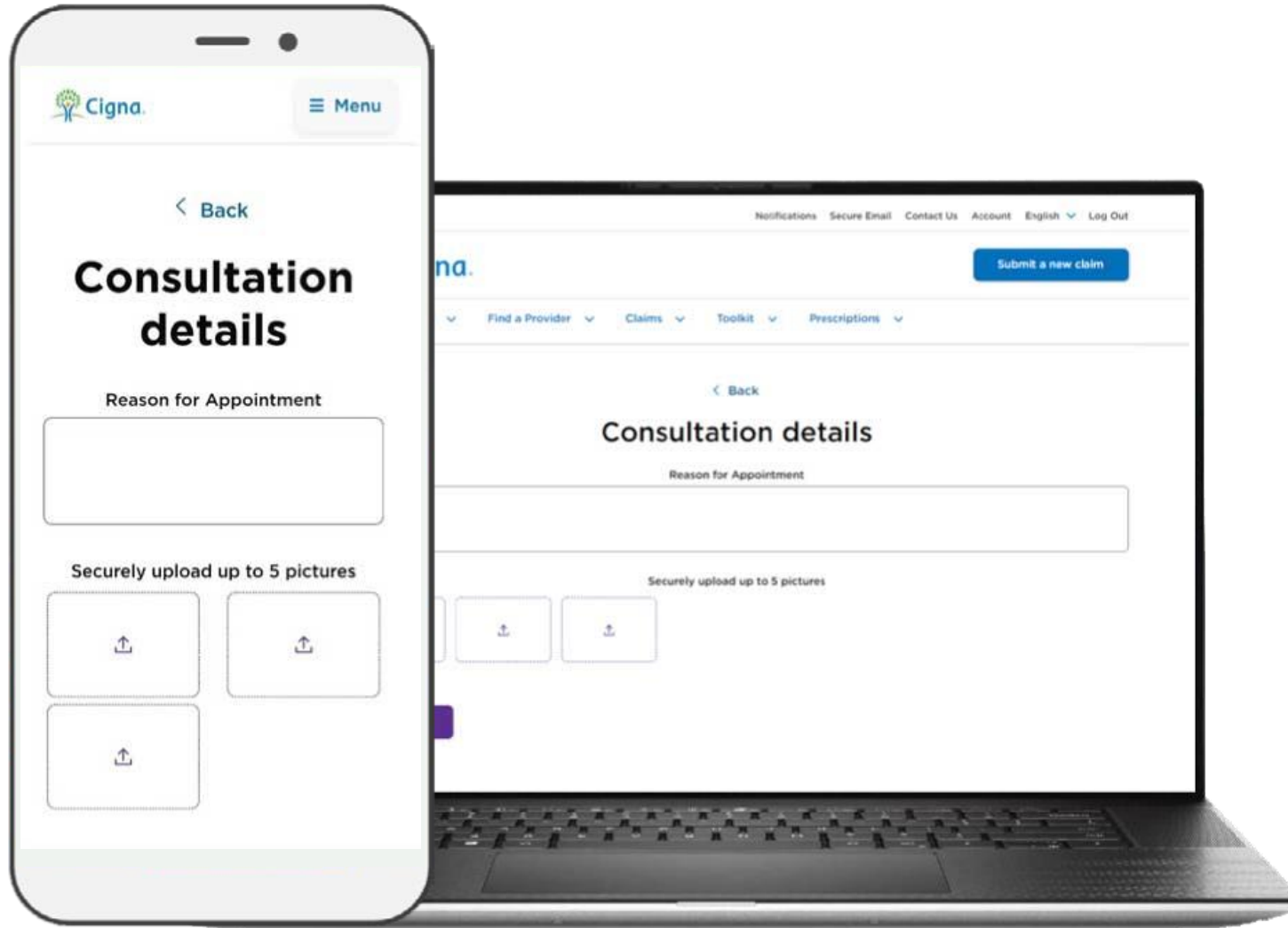
# Choose a service

3

Select **video** or **phone consultation**.



# Add details



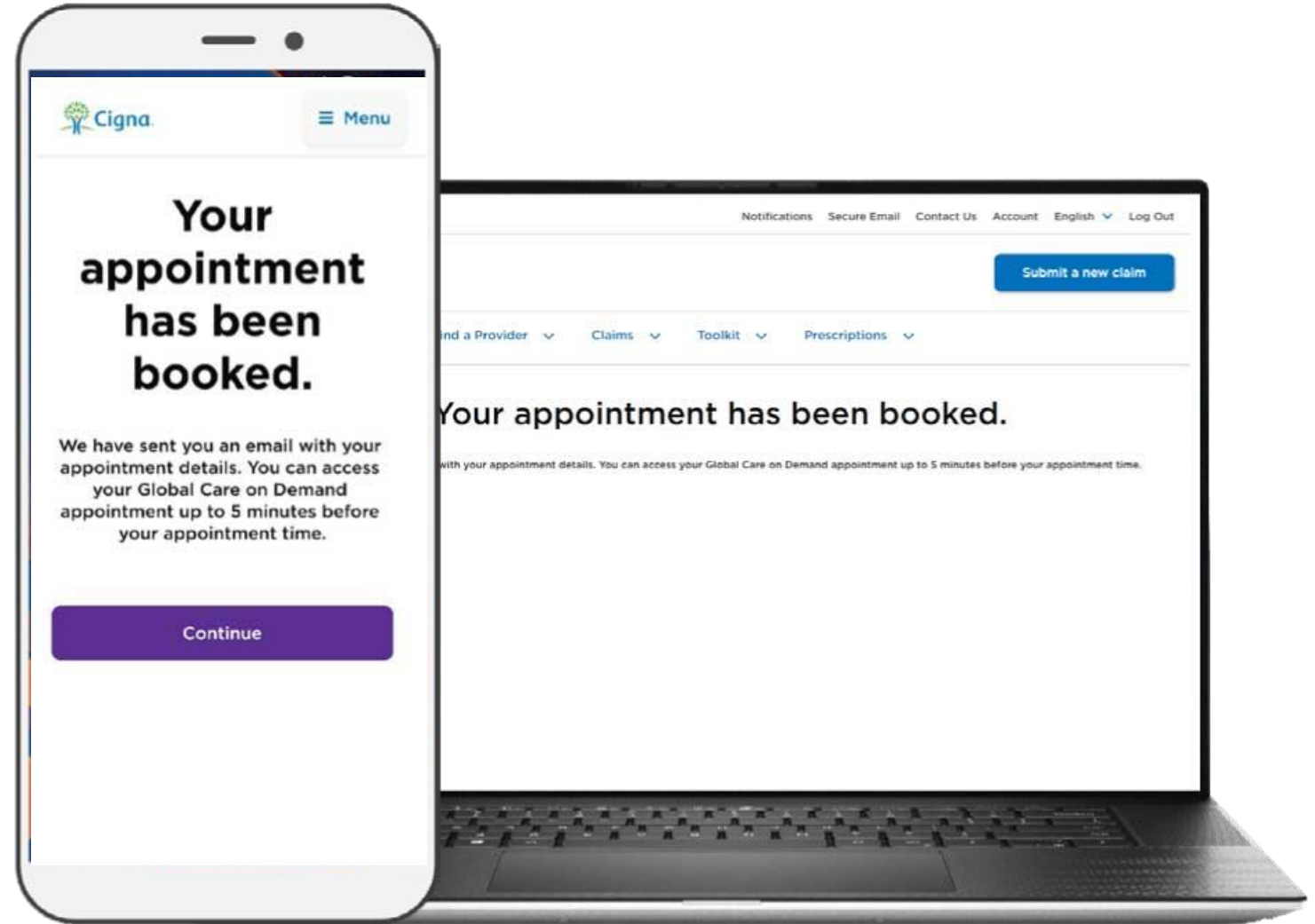
4

Provide a description of the reason for your appointment, upload any relevant files, enter the additional details required. If you have requested a video consultation, then also **select an appointment time.**

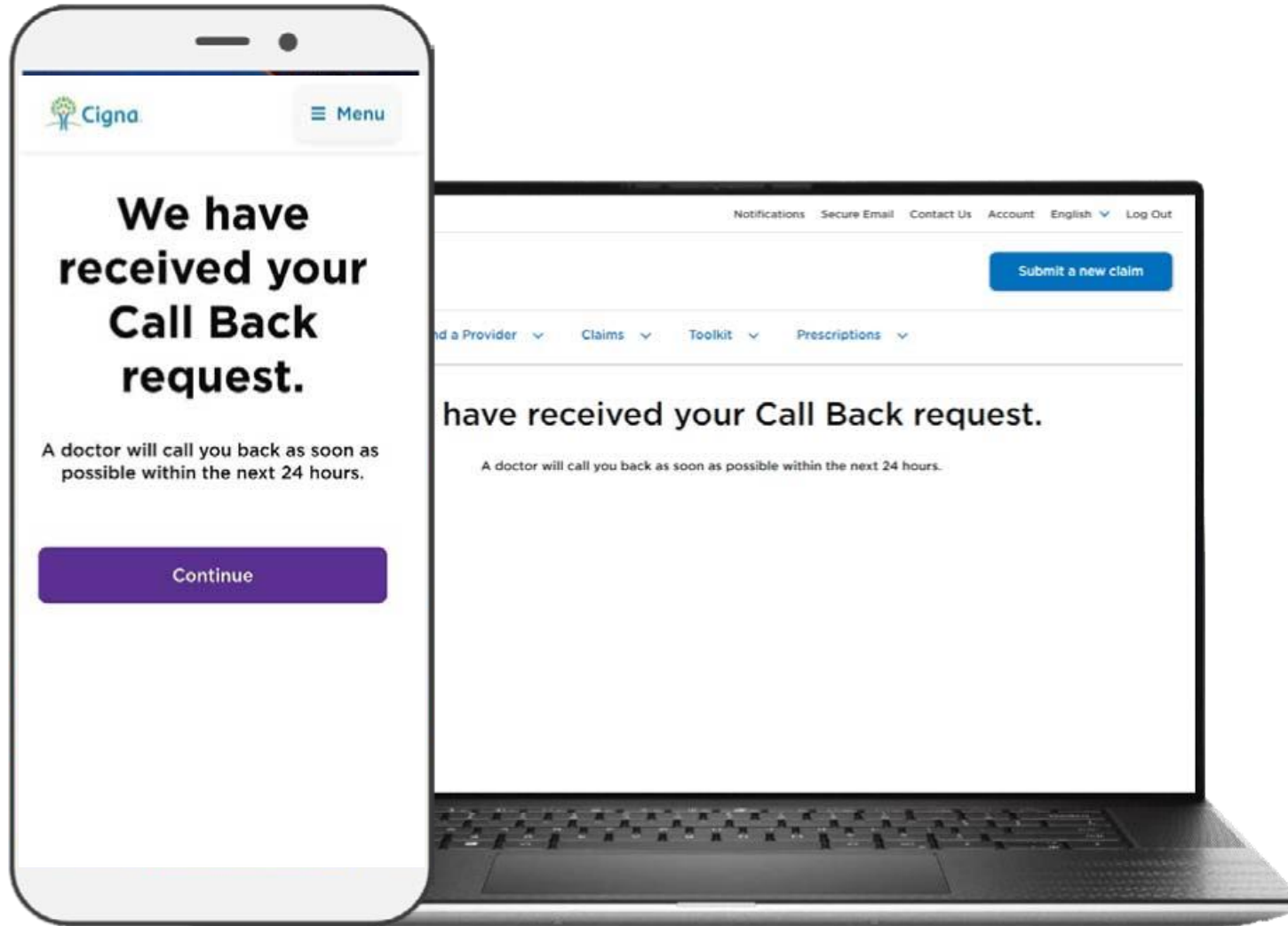
# Receive confirmation

5

You will then **receive a confirmation** that your appointment has been booked.



# Start your appointment



6

For a video consultation at the scheduled appointment time you can click on

**“talk to a doctor”**

and start your video call. For a phone consultation the doctor will call you back.

DOWNLOAD  
TODAY

and use your **Cigna Envoy**<sup>®</sup>  
credentials to sign in. You can then  
immediately arrange for a consultation.





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