# FALL PROTECTION

Toolbox Talks are designed to promote safety discussions and best practices on the jobsite. To see more Toolbox Talks, please visit cat.com/toolboxtalks.

# FALL PROTECTION

#### BE AWARE:

- Identify all potential tripping and falling hazards before working
- NEVER jump from any height
- Look for fall hazards such as unprotected floor openings or edges, shafts, skylights, stairwells and roof openings

#### ☑ USE PROTECTIVE EQUIPMENT:

- Select, wear and use the appropriate fall protection equipment for the task
- Inspect fall protection equipment for defects before use
- Be sure to understand and follow all local regulations

#### ☑ USE LADDERS AND STAIRS SAFELY:

- Be sure all ladders are in safe working order before using
- Secure and stabilize all ladders before climbing
- Never stand on the top rung or step of a ladder
- Use handrails when going up or down stairs
- ALWAYS maintain three points of contact when climbing ladders or stairs

### PRACTICE GOOD HOUSEKEEPING:

- Keep cords, welding leads and air hoses out of walkways or adjacent work areas

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There are a lot of moving parts on the jobsite. To find a safety topic relevant to your operation, please visit cat.com/toolboxtalks.



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## **Employee Participants:**