

BREAKFAST

SEASONS BUFFET

| | PRICE | SUPL |
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| CONTINENTAL Granola Cereals Hot Organic Oatmeal Assorted Yoghurts Fresh Fruit Salad Selection of Pastries Toast Preserves Jams Smoked Salmon Cheese Board Selection of Cold Meats Selection of Juices & Smoothies Tea or Coffee | 21 | |

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| THE IRISH (Includes Continental) Selection of Juices & Smoothies Tea or Coffee | 28 | |
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HEALTHY START

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| BIRCHER MUESLI PARFAIT Toasted Granola Seeds & Nuts Low Fat Greek Style Yogurt | 9 | 6.50 |
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| ORGANIC OATMEAL Fresh Berries Honey Toast | 7.50 | 5.50 |
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| EGG WHITE FRITTATA Spinach Cherry Tomato Garden Herb Ricotta Veggie Sausages | 12.50 | 8 |
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| SEASONAL FRUIT PLATE Mango Yoghurt Banana Bread | 9 | 6.50 |
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| SMOKED SALMON BAGEL Cream Cheese Capers Red Onion Lemon | 12.50 | 8 |
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CRACK AN EGG

We proudly use Free Range Irish Eggs

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| TRADITIONAL 2 Eggs any style Sausage & Rasher Grilled Tomato Toast | 12 | 7.50 |
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| THE BALLSBRIDGE BENEDICT Irish Gammon English muffin Hollandaise | 14 | 10.50 |
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| ROYAL BENEDICT Fruity Brown Bread Lobster Tarragon Hollandaise Sweet Paprika | 19 | 14.50 |
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| CHOICE OMELETTE Ham Cheddar Tomato Onion Red Pepper Spinach Mushroom | 14 | 8.50 |
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| SCRAMBLED SALMON Irish Smoked Salmon Chives Toasted Sourdough | 15 | 9.50 |
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SWEET INDULGENCE

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| LEMON RICOTTA PANCAKES House Made Blueberry Jam Canadian Maple Syrup | 11 | 8.50 |
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| CINNAMON BRIOCHE FRENCH TOAST Banana Crushed Candied Pecans Maple Butterscotch | 11 | 8.50 |
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A LITTLE EXTRA

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| SIDES American Bacon Irish Rashers Pork Sausages Carved Ham Baked Beans Veggie Sausages Black & White Pudding Smoked Salmon Broiled Kippers & Lemon Fresh Seasonal Berries Selection of Yoghurts Cheese Selection | 6 | 6 |
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MORNING BREW

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| Fresh JUICE Ruby Grapefruit Orange | 5.00 | CAPPUCINO LATTE MOCHA | 4.95 |
| Juice: Mango Pineapple Cranberry | 4.00 | TEA Black Oolong Green Earl Grey White Herbals | 4.95 |
| Apple Tomato | | COFFEE DECAFFEINATED | 3.95 |
| SMOOTHIE | 6.50 | MILK HOT COLD | 2.50 |
| DAILY JUICE | 5.00 | HOT CHOCOLATE | 5.75 |
| ESPRESSO | 3.00 | Marshmallow Cream Chocolate Stick | |
| AMERICANO | 4.50 | | |

All Prices Are VAT Inclusive

Please inform your order taker of any special dietary requirements, including any food allergens or intolerance that we should be made aware of when preparing your menu request.
If you require further information on the ingredients in our menu items or the steps that we have taken to minimize cross contamination with specific ingredients, please ask us so that we may assist you in making an informed or alternative choice.