

The History of Afternoon Tea

"There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea."

- Henry James, *The Portrait of a Lady*

In 1840, Anna, the Duchess of Bedford, grew tired of the long interval between lunch and dinner and began to request a tray of tea, cake bread and butter to be brought to her room at 4 PM every day. She began to invite her friends for the occasion and twenty years later, the word had spread throughout society and ladies were visiting each other for Afternoon Tea.

When Edward VII ascended the throne of Great Britain, Afternoon Tea had developed into an elaborate ritual with specialized serving dishes, an ever increasingly sumptuous menu and gowns specifically created for the event. Today, Afternoon Tea has reappeared as a soothing and elegant occasion where one can relax in a refined setting and savour delicate sandwiches, artisanal pastries, buttermilk scones and exceptional teas. We invite you to sip, savour and share in this beloved ritual that is Afternoon Tea.

TEA AND SCONE SERVICE

SCONES & CONFITURE

Mini Artisanal Scones
Devonshire Cream | Churned Butter

Holt Renfrew Classic Jams
Strawberry, Raspberry & Cream |
Blackberry, Plum & Violet | Orange & Honeyed Whiskey

Jams prepared by Kitten & the Bear

\$18 per person

FULL TEA SERVICE

Enjoy our house selection of traditional
Afternoon Tea offerings

SCONES & CONFITURE

Mini Artisanal Scones
Devonshire Cream | Churned Butter

Holt Renfrew Classic Jams
Strawberry, Raspberry & Cream |
Blackberry, Plum & Violet | Orange & Honeyed Whiskey

Jams prepared by Kitten & the Bear

SWEETS

Chef's Selection of mini chocolates, mini cakes & macarons

TEA SANDWICHES & MINI TARTINES

Smoked Salmon & Lemon Cream Cheese

Cucumber & Crème Fraîche

Chicken Truffle "Tartine"

Caprese "Tartine"

\$39 per person

SPARKLING

NV Rose Imperial Moet 30
Moet & Chandon, France

NV Prosecco 16
La Gioiosa, DOC Treviso, Italy

Please inform our café staff of any food allergies or intolerances.

OUR SELECTION

Provided by Sloane Fine Tea Merchants

DARJEELING 2ND FLUSH

ESTATE RESERVE BLACK

As the “champagne of tea” this prized Jungpana Estate exclusive possesses a classic muscatel profile with a remarkably refined finish.

QUEEN OF THE HILL

ESTATE BLACK

A finely plucked and “tippy” Assam black tea with a robust character that is bodied and smooth, with an earthy and naturally sweet linger.

HEAVENLY CREAM

BLENDED BLACK

A beautiful blend of long leaf Ceylon and Assam black teas layered with a base note of Italian bergamot and finished with a top note of creamy vanilla.

EARL GREY CLASSIC

BLENDED BLACK

Ceylon and Assam black teas robustly perfumed with oil of Italian bergamot, creating a smooth bodied infusion with a classic citrus character.

HOLT RENFREW BESPOKE BLEND

CHOCOLATE AND ROSE BLACK TEA

Ceylon and Assam black teas beautifully blended with deep notes of Brazilian cocoa and currants, and finished with refined rose notes.

JASMINE SNOW DRAGON

ESTATE RESERVE GREEN

An artisan hand-rolled green tea scented with seven times its weight in fresh jasmine blossoms, creating a fully fragrant yet delicately bodied infusion.

TROPICAL GREEN

BLENDED GREEN

Japanese Sencha green tea blended with the tropical sweetness of lush papaya and pineapple, creating a light bodied and fruity infusion.

OOLONG CRÈME

BLENDED OOLONG

A high mountain oolong tea from the Wuyi Mountains of China, creating a delicate infusion possessing buttery notes and a silky linger.

PEACHES AND CREAM

BLENDED WHITE

A delicate White Peony tea blended with the succulence of “water honey peaches” and finished with a hint of vanilla for a truly creamy finish.

MARRAKESH MINT

CAFFEINE-FREE TISANE

South-African green rooibos mingles with a medley of mint to create a refined infusion that is layered, smooth and naturally refreshing.

COCOA CHAI CHAI

CAFFEINE-FREE TISANE

South-African red rooibos blended with heated notes of cardamom, ginger, cinnamon and clove, and finely finished with Brazilian cocoa nibs.

VANILLA BEAN ROOIBOS

CAFFEINE-FREE TISANE

South-African red rooibos blended with the richness of Madagascar vanilla, creating a light bodied infusion that is smooth and naturally sweet.

holts café

BLOOR STREET

AFTERNOON TEA MENU