



# FIGHT FATIGUE WITH A MULTI LEVEL APPROACH

**FATIGUE IS A HIDDEN HAZARD THAT AFFECTS MOST MINE SITES. HERE'S WHY IT'S SO DANGEROUS:**

Statistics gathered from the Cat® Detect Driver Safety System


 **OVER 18.3 MILLION HOURS OF MINING OPERATIONS**

**ON 5,000 HAUL TRUCKS** 

 **SHOWED 350,000+ FATIGUE EVENTS AND 1.9 MILLION DISTRACTION EVENTS**

 **40% OF NIGHTTIME EMPLOYEES NODDED OFF DURING THEIR SHIFT**

**IN 107,750,000 HAUL TRUCK MILES TRAVELED, OPERATORS WERE ASLEEP AT THE WHEEL FOR 570 HOURS** 

**THAT ADDS UP TO**  
  
**HAUL TRUCK MILES TRAVELED WHILE THE DRIVER WAS ASLEEP**

## THREE WAYS TO MANAGE FATIGUE ON YOUR MINE SITES



### INSTITUTE AN ON SITE FATIGUE MANAGEMENT PROGRAM

It's surprising what a few changes in scheduling can do to reduce the number of fatigue events. Your Cat Dealer can help you set up a comprehensive fatigue management program that includes scheduling and management advice, operator and whole-site fatigue awareness training, and more.



### IMPLEMENT THE CAT DETECT DRIVER SAFETY SYSTEM

The Cat Detect Driver Safety System includes in-cab cameras that monitor operator eye movements and facial expressions, and provide alerts when operators show signs of drowsiness or fatigue. This system is a powerful tool for monitoring fatigue events in real time and reducing operators errors.



### ENCOURAGE EMPLOYEES TO PRACTICE FATIGUE MANAGEMENT AT HOME

Fatigue management doesn't stop when employees clock out. Behaviors off the site impact fatigue and distractions on the job, so any comprehensive fatigue management program must include at-home cultural awareness and training elements that encourage healthy nutrition and good sleep habits.

## TAKE ACTION

Want more information on how to reduce the dangers of fatigue?

Get in-depth details on operator safety features of Cat Detect by [clicking here](#).

Want to see how easy it is to put Cat Detect to work on your operation? [Click here](#) to get in touch with a Cat dealer.