

VR1

Glute

Engineered for value. With its streamlined, space-saving design, this sturdy collection of 23 machines offers a comprehensive strength training solution regardless of your facility's size.

FEATURES

- **Concentrates on the butt:** The curvilinear movement encourages gluteal involvement without requiring the user to align the hip joint. It also provides knee extension which is required to eliminate hamstring cramping and allow full gluteal training.
- **Reduced stress on the back:** The adjustable abdominal support pad ensures that the user maintains correct posture and does not put undue stress on the back. It is also available with a gas spring assist for easy adjustment.
- **Easy on – easy off:** The foot bar is pre-positioned to minimize set-up time for easy-on – easy-off. It also accommodates a broad array of user heights.
- **Smaller footprint:** The unique design of the machine also means that the VR1 has an exceptionally small footprint making it ideal for space conscious applications.



SPECIFICATIONS

Product Number	13170
Dimensions L x W x H	50" x 40" x 62" (127 cm x 101 cm x 157 cm)
Light Stack	150 lbs (68 kg)
Standard Stack	220 lbs (100 kg)
Light Weight	438 lbs (199 kg)
Standard Weight	508 lbs (231 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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DESIGN
STUDIO

WORLD HEADQUARTERS
10 Trotter Drive · Medway · MA 02053 USA
T + 1.508.533.4300 · F + 1.508.533.5500
cybexintl.com

CYBEX INTERNATIONAL, INC.
Queen Adelaide · Ely
Cambridgeshire · CB7 4UB · UK
T + 44.1353.666.017 · F + 44.1353.666.018