

VR1

Lat Pull

Engineered for value. With its streamlined, space-saving design, this sturdy collection of 23 machines offers a comprehensive strength training solution regardless of your facility's size.

FEATURES

- **Cybox complementary:** The VR1 Lat Pull is the traditional lat pull that most facilities want to offer their users. It offers exercise variety and appeals to those who favor a more familiar movement. It is designed to serve as a middle ground between the Cybox VR1 Pulldown and the Cybox Jungle Gym.
- **Improves form:** The pulley has been carefully located at the front of the machine which encourages correct form for the lat pull movement.
- **For heavy lifting:** Thigh pads are what keeps you in the seat when using more weight in the lat pull exercise. The adjustability of the thigh pads in VR1 means that users with varying leg lengths are accommodated and the machine works for veteran strength trainers as well as beginners.



SPECIFICATIONS

Product Number	13130
Dimensions L x W x H	60" x 43" x 89" (153 cm x 110 cm x 226 cm)
Light Stack	150 lbs (68 kg)
Standard Stack	220 lbs (100 kg)
Light Weight	427 lbs (194 kg)
Standard Weight	497 lbs (226 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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