

VR1

Standing Calf Raise

Engineered for value. With its streamlined, space-saving design, this sturdy collection of 23 machines offers a comprehensive strength training solution regardless of your facility's size.

FEATURES

- **Comfortable positioning:** VR1 uses the familiar and comfortable standing position to train calf muscles. The shoulder pads are angled to match the natural angle of the shoulder which also offers better exercise comfort.
- **Start right up:** The adjustable input arm allows users to adjust for height. This advantage means that they can just “stand and go” as opposed to getting into a squat position to begin exercise.
- **Large foot platform:** A large curved foot platform allows for varied foot placement while the non-slip surface provides grip and support during the motion.



SPECIFICATIONS

Product Number	13120
Dimensions L x W x H	45" x 33" x 63" (115 cm x 84 cm x 159 cm)
Light Stack	200 lbs (91 kg)
Standard Stack	295 lbs (134 kg)
Light Weight	390 lbs (177 kg)
Standard Weight	490 lbs (223 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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STUDIO

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