

# Prestige VRS

## Back Extension

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for “walkup and workout” users.

### FEATURES

- **Patented pelvic stabilization system with adjustable foot brace:** Allows users to “lock into” the hip pad for optimal training effect.
- **Contoured lumbar pad:** Encourages correct and comfortable movement into extension.
- **Optional Range Limiting Device:** Lets users choose a comfortable starting position, while ensuring the resistance profile is always optimal.

### USER AMENITIES



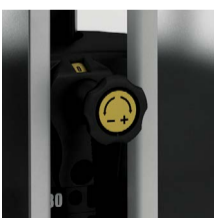
- **Placards:** Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



- **Smartphone/tablet holder:** Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



- **Water bottle/towel holder:** Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



- **Twist select incremental weight system:** Allows user to adjust weight quickly and simply in 5 pound increments.



### SPECIFICATIONS

<b>Product Number</b>	21100
<b>Dimensions</b> L × W × H	47" × 40" × 58" (119 cm × 102 cm × 147 cm)
<b>Standard Stack</b>	245 lb (111 kg)
<b>Heavy Stack</b>	305 lb (138 kg)
<b>Standard Weight</b>	550 lb (250 kg)
<b>Heavy Weight</b>	610 lb (277 kg)
<b>Color</b>	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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