

Prestige VRS

Overhead Press

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for “walkup and workout” users.

FEATURES

- **Converging path of motion:** Allows for a more complete range of movement for unparalleled training results.
- **Independent arms:** Offer balanced strength development and bilateral reciprocal training.
- **Standard and neutral grips:** Provide multiple grip choices.

USER AMENITIES



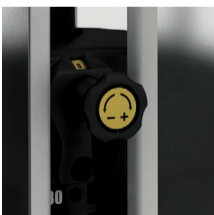
- **Placards:** Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



- **Smartphone/tablet holder:** Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



- **Water bottle/towel holder:** Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



- **Twist select incremental weight system:** Allows user to adjust weight quickly and simply in 5 pound increments.



SPECIFICATIONS

Product Number	21010
Dimensions L x W x H	63" x 60" x 58" (160 cm x 152 cm x 147 cm)
Standard Stack	165 lb (75 kg)
Heavy Stack	205 lb (93 kg)
Standard Weight	492 lb (224 kg)
Heavy Weight	532 lb (242 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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STUDIO

WORLD HEADQUARTERS

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