# Prestige VRS

# **Chest Press**

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for "walkup and workout" users.

# **FEATURES**

- **Converging path of motion:** Allows for a more complete range of movement for unparalleled training results.
- **Independent arms:** Offer balanced strength development and bilateral reciprocal training.
- **Extra-sized grips:** Reduce pressure on the hands for greater comfort when pressing.

# **USER AMENITIES**



Placards: Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



Smartphone/tablet holder: Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



Water bottle/towel holder: Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



Twist select incremental weight system: Allows user to adjust weight quickly and simply in 5 pound increments.



#### **SPECIFICATIONS**

Product Number	21000
Dimensions L × W × H	51 " × 58 " × 71 " (130 cm × 147 cm × 180 cm)
Standard Stack	245 lb (111 kg)
Heavy Stack	305 lb (138 kg)
Standard Weight	569 lb (259 kg)
Heavy Weight	629 lb (286 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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### **WORLD HEADQUARTERS**

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