

# Plate Loaded

## Tricep Press

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

### EXTREME STRENGTH

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

### FEATURES

- Adjustable seat height provides the user with the optimal positioning for their height and range of motion.
- Forward tilted back pad keeps the user stable without the need for a belt.
- Dual grip positions accommodate user size and provide for greater variety of movements.



### SPECIFICATIONS

<b>Product Number</b>	16320
<b>Dimensions L x W x H</b>	81" x 34" x 47" (206 cm x 86 cm x 119 cm)
<b>Machine Weight</b>	140 lb (64 kg)
<b>Color</b>	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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STUDIO

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