

# Plate Loaded

## 60 Degree Calf Raise

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

### EXTREME STRENGTH

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

### FEATURES

- Open, walk-through design for easy roll through access for benches.
- 15-pound take-off weight allows users of all levels the ability to exercise.
- The 90° path of motion for adaptability to all exercises.
- 18 bar and catch hooks adjust in four-inch increments.



### SPECIFICATIONS

Product Number	16290
Dimensions L x W x H	61" x 30" x 51" (155 cm x 76 cm x 130 cm)
Machine Weight	180 lb (82 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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**DESIGN**  
STUDIO

**WORLD HEADQUARTERS**  
10 Trotter Drive · Medway · MA 02053 USA  
T + 1.508.533.4300 · F + 1.508.533.5500  
[cybexintl.com](http://cybexintl.com)

**CYBEX INTERNATIONAL UK LTD**  
Queen Adelaide · Ely  
Cambridgeshire · CB7 4UB · UK  
T + 44.1353.666.017 · F + 44.1353.666.018