

Plate Loaded Seated Calf

Packed with features and exceptional movements, the Plate Loaded line merges superior technology with a passion for fitness. Cybex Plate Loaded and Free Weight lines are the definition of strength training – and equipment no club wants to be without.

EXTREME STRENGTH

Superior biomechanics in a space-efficient package. The Cybex Plate Loaded line is the most space-efficient user-friendly plate loaded line in the industry. It accommodates users of almost any size and its superior design meets the needs of advanced users, without intimidating others.

- Cybex science and design in a plate loaded line.
- Who said hard core has to be intimidating?
- Built tough to keep looking new.

FEATURES

- Seat moves with input arm for maintenance of alignment.
- Kneepads adjust for tibia length and range of motion.



SPECIFICATIONS

Product Number	16212
Dimensions L x W x H	58" x 30" x 39" (147 cm x 76 cm x 99 cm)
Machine Weight	147 lb (67 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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